



**SANCHITA**  
**2024-25**



**CENTRAL ACADEMY**  
**SCHOOL** AN ISO 9001 : 15000 Certified  
C.B.S.E. AFFILIATED, AIR CONDITIONED SCHOOL



# **Sanchita Magazine 2024-25**

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# ACKNOWLEDGEMENT

We extend our heartfelt gratitude to all those who have contributed to the success of our school magazine, Sanchita.

First and foremost, we express our sincere thanks to our respected Director Sir and Director Ma'am for their visionary leadership, unwavering support, and encouragement, which have been instrumental in inspiring us to achieve excellence.

We are deeply grateful to our Principal Sir , whose guidance and motivation have been a constant source of strength throughout the making of this magazine.

Our special thanks to the editorial team and teachers for their dedication and creativity in shaping this magazine into a meaningful and vibrant reflection of our school's ethos.

We also extend our heartfelt appreciation to the students for their enthusiastic participation and contributions through articles, artwork, and poems, which have enriched the magazine with their talent and imagination.

This magazine would not have been possible without the cooperation and support of the entire Central Academy School community.



## **Editorial Board**

**EDITOR - IN - CHIEF**  
**PRINCIPAL**

**EXECUTIVE EDITOR**

Ms. Shilpi Nehra  
Ms. Ruchi Kushwah

**SENIOR GRAPHICS DESIGNER**

**Mr. Rajesh Atariya**



## Message From Director Sir



At Central Academy School, we envision a future where education goes beyond textbooks, where the focus is on nurturing the mind, body, and soul of every student. Our goal is to create an environment that fosters not just academic success but a strong sense of purpose, responsibility, and moral integrity in each student.

Inspired by the belief that "The greatest glory in living lies not in never falling, but in rising every time we fall" (Nelson Mandela), we empower our students to overcome challenges and embrace every setback as an opportunity to grow. By combining innovation in teaching with a commitment to holistic development, we strive to build thinkers, leaders, and compassionate individuals ready to take on the world.

We understand that the foundation of a bright future is laid today. Through personalized attention, creative exploration, and strong ethical values, we aim to shape the leaders of tomorrow—those who will contribute meaningfully to society and create a better world.

Our vision is to make Central Academy School the No. 1 school in Gwalior, where students not only excel academically but also become compassionate, forward-thinking citizens who are ready to face life's challenges with courage and integrity.

**Er. Vinay Kumar Jhalani**

**Director**

Central Academy School  
Gwalior (M.P.)



## Message From Chairperson



"If our school is a pen, the parents are the ink; joining together we can write the success story of educational development of our children"

The purpose of education is not just to produce academicians but also to develop human and sensitive citizens. At Central Academy School, we ensure that a congenial environment for learning is maintained while making sure that children have enough opportunities to develop their personal and interpersonal skills. Our teachers are well qualified and share a passion for teaching; thereby bringing out the best in both themselves and their students. We edify our students in classical as well as contemporary models of learning while giving them solid foundation in cultural insights the world. We firmly believe that parents role in the child's educational development is crucial. It is the parents who are the first Guru of the child. So we create mutual respect and strive to establish continuous communication between parents, teachers and administration.

We pride ourselves on creating a culture of learning where students are free to express or share their interest in variety of fields while developing their character as well. Punctuality, self discipline, integrity, Civic consciousness and the willingness not to give up, these are the values that we seek to inculcate in our students. With extra curricular classes, a strong emphasis on communication skills and activities mean to foster cultural understanding, the students of our school emerges as elucidated and responsible citizen of the world. Central Academy School is more than an ordinary school. We encourage students to embark on difficult, challenging journeys that stretch their potential. But we do so with an unyielding faith in capacities of our teachers and students. The Management and staff of Central Academy school is deeply committed to work tirelessly in order to make our students learning experience an exciting and elucidating one.

**Ms. Kavita Dass Jhalani**

Chairperson  
Central Academy School  
Gwalior (M.P.)



## Message From Principal



It is with immense pride and joy that I introduce you to Central Academy School, a place where education meets inspiration, and potential transforms into achievement. At our school, we believe that every child is unique, and our mission is to nurture their individuality while instilling in them the values of integrity, responsibility, and compassion.

Central Academy School is not just an institution; it is a community a vibrant hub of learning, creativity, and collaboration. Our dedicated faculty, state-of-the-art facilities, and holistic approach to education ensure that students not only excel academically but also grow as well-rounded individuals prepared for the challenges of tomorrow.

We are committed to fostering an environment that encourages curiosity, innovation, and critical thinking. Be it in classrooms, on sports fields, or through artistic endeavors, we aim to empower our students to explore their passions and unlock their full potential.

To parents, teachers, and well-wishers, thank you for your invaluable support in making this vision a reality. Together, we can ensure that our school remains a place where dreams take flight and excellence thrives.

Welcome to Central Academy School where learning knows no bounds and every child's success story begins.

**Mr. Pankaj Saraswat**  
**Principal**  
Central Academy School  
Gwalior (M.P.)



## FROM THE ADMIN COORDINATOR



FROM THE CHIEF ADMINISTRATIVE OFFICE DESK "SUCCESS IS NOTHING JUST A HARDWORK" MY HEART IS FILLED WITH JOY AND PRIDE TO KNOW THAT CENTRAL ACADEMY SCHOOL, ADITYAPURAM HAS COME UP WITH A MAGAZINE " SANCHITA ", illustrating activities and achievements of the school and its children. ALTHOUGH the school has progressed and achieved many laurels in the kitty, but its authorities and the teachers always endeavor in continuing their journey towards higher & higher goals with their hard work and dedication. I congratulate the school management, organizers, staff and publisher of the magazine & specifically all the children, who with their excellent contributions and expressions depicted through this magazine have not only brought out their hidden talent but also glorified the name and fame of the institution. " SANCHITA " demonstrates confidence, dedication and faith inculcated amongst the children of this institution by the vision of its founder Hon'ble Director respected Mr. V.K. Jhalani. I feel that this school magazine is an immense step forward in coherent communication amongst school, authorities, parents, children and the society at large in an excellent manner and wish the same to be a successful endeavor of the institution. May Almighty bless all of them and bring " SANCHITA " to success.

**Ms. Sritiama Chatterjee**  
(Chief Administrative Officer)



## THE POWER OF EDUCATION

Nelson Mandela once said, "Education is the most powerful weapon which you can use to change the world." This quote is a testament to the transformative power of education. Education is not only about acquiring knowledge and skills, but also about developing critical thinking, problem-solving, and decision-making abilities. It empowers individuals to challenge the status quo, to think outside

the box, and to create a better future for themselves and for others.

Education is the foundation of social progress. It is through education that we can break the cycle of poverty, reduce inequality, and promote sustainable development. Education empowers women and girls, giving them the tools they need to achieve their full potential. It also promotes tolerance and understanding, fostering a more peaceful and harmonious world.

In today's rapidly changing world, education is more important than ever. The skills and knowledge that are needed to succeed in the 21st century are constantly evolving. Education provides us with the adaptability and resilience we need to navigate an uncertain future. It also gives us the power to make informed choices about our lives and our communities.

As we look to the future, we must invest in education. We must ensure that everyone has access to quality education, regardless of their background or circumstances. We must also create an education system that is relevant to the needs of the 21st century. By doing so, we can unleash the full potential of education to change the world.

**Conclusion** Education is not just a privilege, it is a right. It is the most powerful weapon we have to create a better future for ourselves and for generations to come. Let us all commit to investing in education and empowering individuals to reach their full potential.

**Manoj Kumar Jain Sir**  
(ACR Head)





## **From the Sr. Academic Coordinator**

### **Nurturing Young Minds**

As the foundation of a nation's future, schools play a vital role in shaping the minds of tomorrow's leaders. Education is a fundamental right, and student welfare is essential to ensure that young minds grow and thrive in a supportive environment. Education is the cornerstone of personal and societal development. It empowers individuals with knowledge, skills, and critical thinking abilities, enabling them to navigate the complexities of the modern world. Education also fosters social mobility, reduces inequality, and promotes economic growth. In schools, education should be inclusive, equitable, and accessible to all, regardless of socio-economic background, culture, or ability.

#### **STUDENT WELFARE: A CRUCIAL ASPECT OF EDUCATION**

Student welfare encompasses the physical, emotional, and psychological well-being of students.

A supportive school environment is essential for students to feel safe, valued, and respected.

Student welfare includes:

1. Mental Health Support
2. Inclusive environment
3. Physical Health

#### **BEST PRACTICES FOR PROMOTING EDUCATION AND STUDENT WELFARE**

1. Teacher Training: Teachers should receive training on student welfare, mental health, and inclusive practices.
2. Student Voice: Students should have opportunities to participate in decision-making processes, ensuring their voices are heard.
3. Parental Engagement: Parents should be encouraged to participate in their child's education, fostering a collaborative approach to student welfare.
4. Community Partnerships: Schools should establish partnerships with local organizations, providing access to resources and support services.
5. Continuous Evaluation: Schools should regularly evaluate their education and student welfare programs, making data-driven decisions to improve outcomes

**Conclusion** Education and student welfare are intertwined aspects of a child's educational journey. By prioritizing both, schools can create a nurturing environment that fosters academic achievement, social growth, and emotional well-being. As educators, policymakers, and parents, we must work together to ensure that every child receives a high-quality education and the support they need to thrive. By doing so, we can empower future generations to become active, engaged, and compassionate citizens, shaping a brighter future for all. "What you think, you become.

What you feel, you attract

&

What you imagine, you create."

**Ms. Megha Gupta**  
Senior Co-ordinator



# From Primary & Middle Academic Coordinator

## The Transition from Primary to Middle School: Preparing Students for the Journey Ahead



The transition from primary to middle school is a significant milestone in a child's academic journey. It marks a shift not only in the level of education but also in the emotional and social development of young learners. As the coordinator for the middle and primary sections, it is crucial to ensure that this transition is as smooth and stress-free as possible for the students. Here's how we can prepare them for the exciting yet challenging journey ahead.

### 1. Academic Readiness: Building Strong Foundations

In middle school, the academic expectations rise. Subjects become more specialized, and students are expected to take greater responsibility for their learning. To prepare students, it is essential to help them develop key skills such as organization, time management, and self-discipline. Teachers in the primary school can introduce these skills gradually by assigning more complex projects and encouraging independent work.

Additionally, subjects in middle school often require a deeper understanding of concepts. Students should be encouraged to ask questions, engage in discussions, and develop critical thinking skills. Providing opportunities for hands-on activities or problem-solving exercises can help ease the transition.

### 2. Social and Emotional Preparation

Along with academic growth, students experience significant social and emotional changes during this period. They may face new social pressures, become more aware of their identities, and navigate changing friendships. To prepare them for these challenges, it is important to foster a supportive and open environment in the classroom.

Teachers can guide students by discussing common challenges faced by children entering middle school and offering strategies to deal with feelings of anxiety or insecurity. Group activities, team-building exercises, and peer mentoring programs can help students feel more comfortable in their new environment.

### 3. Encouraging Independence and Responsibility

Middle schoolers are expected to become more independent, and this requires a shift in mindset. In primary school, students often rely on their teachers for guidance, but in middle school, they are encouraged to take more responsibility for their education, including managing assignments, studying for exams, and organizing their schedules.

To prepare students for this change, parents and teachers can work together to set expectations and gradually increase responsibilities. Simple tasks, like keeping track of homework, using a planner, and participating in self-assessment, can help students build their confidence and develop a sense of responsibility.

### 4. Familiarization with the New Environment

One of the most daunting aspects of transitioning to middle school is the unfamiliar environment. New classrooms, teachers, schedules, and even school rules can be overwhelming. A great way to alleviate this fear is by organizing orientation sessions and school tours before the new academic year begins.

These sessions can introduce students to their new teachers, peers, and the layout of the school. It can also be an opportunity to explain the structure of the day, school policies, and extracurricular activities available to them.

### 5. Encouraging Parental Involvement

The role of parents in this transition cannot be underestimated. Parents should be made aware of the challenges their child may face in middle school and be equipped with tools to support their child emotionally and academically. Regular communication between teachers and parents is key to ensuring that any concerns are addressed promptly and that students feel supported both at school and at home.

### 6. Celebrating the Transition

While this time can feel uncertain, it's important to remind students that transitioning from primary to middle school is an exciting and positive step forward. Acknowledge their achievements in primary school and celebrate the new opportunities that await them. Encouraging a positive attitude about change will help students approach this new phase of their education with confidence and enthusiasm.

### Conclusion

The transition from primary to middle school is a time of growth and transformation. By preparing students academically, socially, and emotionally, we can help them navigate this change with ease. With the right guidance and support, students will not only succeed but thrive in their new environment, laying the foundation for their future academic success.

**Mrs. Shilpi Nehra**  
Primary & Middle Coordinator



# From the Pre-Primary Coordinator

In today's classrooms, diversity has become the norm rather than the exception. Students bring a wide range of cultural, linguistic, socioeconomic, and cognitive differences to the learning environment. To effectively engage all learners, educators must adopt innovative and inclusive strategies that address the unique needs and strengths of their students. Below are some of the most impactful strategies for creating an engaging and equitable classroom for diverse learners.

## 1. Differentiated Instruction

Differentiation involves tailoring teaching methods to meet the varied needs of students.

Teachers can differentiate by:

Content: Providing materials at different levels of complexity or formats (text, audio, video).

Process: Offering diverse ways for students to explore a topic, such as group work, individual projects, or hands-on activities.

Product: Allowing students to demonstrate their understanding through creative outputs like presentations, essays, or art.

This approach ensures that every student, regardless of ability or learning style, has a pathway to success.

## 2. Culturally Responsive Teaching

Culturally responsive teaching leverages students' cultural backgrounds as assets in the learning process. Strategies include: Incorporating diverse authors, histories, and perspectives into the curriculum.

Building strong relationships with students to understand their cultural contexts.

Using examples and metaphors that resonate with students' lived experiences.

This approach fosters a sense of belonging and helps students connect with the material on a deeper level.

## 3. Technology Integration

Technology can provide personalized learning experiences and access to resources that accommodate diverse needs.

Examples include:

Assistive Technology: Tools like text-to-speech software, audiobooks, and speech-to-text programs help students with disabilities.

Adaptive Learning Platforms: Software like Khan Academy or DreamBox adjusts content difficulty based on student performance.

Multimedia Resources: Videos, interactive simulations, and gamified learning platforms cater to various learning styles.

By leveraging technology, teachers can create more inclusive and engaging learning experiences.

## 4. Universal Design for Learning (UDL)

UDL is a framework that promotes flexible learning environments to accommodate all learners.

It is based on three principles:

Multiple Means of Representation: Presenting information in varied ways (e.g., visuals, text, audio).

Multiple Means of Engagement: Offering choices to maintain interest and motivation.

Multiple Means of Expression: Allowing students to showcase their knowledge in diverse formats.

UDL ensures that barriers to learning are minimized, enabling all students to thrive.

## 5. Project-Based Learning (PBL)

PBL engages students by involving them in real-world problem-solving. This method:

Encourages collaboration among students from different backgrounds.

Develops critical thinking, creativity, and communication skills.

Provides opportunities for students to apply their unique perspectives and strengths.



**Ms. Ruchi Kushawah**  
Pre-Primary Coordinator



# **Editorial Board**



**Mr. Pankaj Saraswat**  
**Principal**



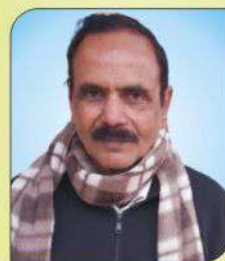
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**Executive Editor**



**Ms. Ruchi Kushwah**  
**Pre- Primary Coordinator**



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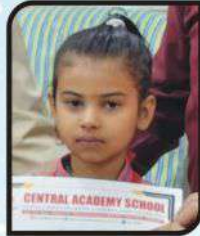


# STAR PERFORMERS IN ACADEMICS

## 2024-2025



**ANIKA BHADORIA**  
**CLASS - IA**



**NIKITA TOMAR**  
**CLASS - IB**



**ANUSHKA SHIVAM**  
**CLASS - IIA**



**YUKTI JAIN**  
**CLASS - IIB**



**MEHUL THAKUR**  
**CLASS - IIIA**



**KARTIK BHARDWAJ**  
**CLASS - IIIB**



**OM SINGH**  
**CLASS - IVA**



**SNEHA SHARMA**  
**CLASS - IVB**



**ALOK SINGH**  
**CLASS - VA**



**NIKUNJ PATHAK**  
**CLASS - VB**



**ABHIJEET PANDEY**  
**CLASS - VIA**



**SHANVI YADAV**  
**CLASS - VIA**



**JATIN SINGH RAJPOOT**  
**CLASS - VIB**



**ANUSHKA SHARMA**  
**CLASS - VIIA**



**ANMOL SHARMA**  
**CLASS - VIIB**



**ANKUSH SINGH**  
**CLASS - VIIIA**



**VISHAL PARMAR**  
**CLASS - VIIIB**



**ASTHA YADAV**  
**CLASS - IXA**



**SONDEEP**  
**CLASS - IXA**



**KHUSHI**  
**CLASS - IX B**



**ABHIJEET**  
**CLASS - XI COMMERCE**



**ANUSHKA SIKARWAR**  
**CLASS - XI HUMANITIES**



**PALAK RANI**  
**CLASS -XI PCM**



**RANU SONI**  
**CLASS - XI PCB**



# STUDENTS' COUNCIL

## MEMBERS



Class  
XI - PCM

**Head Boy**  
Gourav Singh



Class  
XI - PCB

**Head Girl**  
Khushi Soni



Class  
X - A

**Vice Head Boy**  
Vedant Tiwari



Class  
X - A

**Vice Head Girl**  
Aastha Yadav



Class  
X - B

**Sports Captain**  
Astik Sing Sikarwar



Class  
X - A

**Sports Vice Captain**  
Pakhi Chauhan



Class  
X - A

**School Editor**  
Anshika Jadon



Class  
X - A

**School Co-Editor**  
Anushka Bhadoriya



Class  
IX - A

**Cultural Secretary**  
Samiksha Bhadoriya



Class  
XI - PCM

**Cultural Joint Secretary**  
Sonal Rajawat



Class  
IX - B

**Counsellor**  
Vishal Singh Parihar

### Aryabhata House



Class  
VIII - B

**Captain**  
Annapurana Singh Parihar



Class  
VII - A

**Vice Captain**  
Yashwardhan Singh Tomar



Class  
VIII - B

**Captain**  
Anmol Sharma



Class  
VIII - A

**Vice Captain**  
Gauri Sharma

### Ramanujan House

### Shivaji House

### Tagore House



Class  
VIII - A

**Captain**  
Tanmay Singh Tomar



Class  
VII - A

**Vice Captain**  
Anuragjan Sengar



Class  
VIII - A

**Captain**  
Anushka Sharma



Class  
VIII - A

**Vice Captain**  
Divya Gurjar



# Student's Council

For instilling sense of responsibility in the students and for involving them in different facets of school functioning the Student's Council for the session 2024-25 got constituted. 11 member council and 8 House appointees were administered the oath of office by the Chief Guest Prof. (Dr.) MK Trivedi, HOD, Department of Civil Engineering, MITS in a impressive Investiture Ceremony, where parents of the new incumbents also participated and witnessed the event.

Addressing the august gathering school Director Mr Vinay Jhalani emphasized upon the need of inculcating discipline in one's life and urged students to rise up to the occasion and show their true potential.

Chief Guest Dr. Trivedi in his address called upon the Student's Council to set an example of hard work dedication and leadership for the school students. He also narrated various real life examples from the surroundings to motivate the Student's Council members. Vote of Thanks was, towards the end was delivered by the school Principal Mr. Shekhar Saxena. Three most deserving students namely- Gaurav Singh, Khushi Soni and Astik Singh Sikarwar were appointed as Head Boy, Head Girl and Sports Captain respectively. Proceedings of the events were handed by Ms. Ruchi Srivastava. All Coordinators and teachers conveyed their best wishes to the newly appointed Student's Council.







# CENTRAL ACADEMY SCHOOL

(AFFILIATED To C.B.S.E., NEW DELHI) AN ISO-9001 : 15000 CERTIFIED (An ENGLISH MEDIUM CO- EDUCATIONAL SENIOR SECONDARY SCHOOL )

"Nothing succeeds like success"

## Board Exam Results 2023-24



476/500

**Pranzal Pulaiya**  
**Topper Class - XII**



468/500

**Sagar Singh Bhadouriya**  
**Topper Class - X**

### CLASS - XII

#### SCIENCE



468/500

**Yashvi Bhadoriya**



444/500

**Akash Bhadoria**



444/500

**Arnav Sharma**



437/500

**Randhir S. Tomar**



427/500

**Nishkarsh Saxena**

#### COMMERCE



442/500

**Devangi Rathor**



428/500

**Shama Gupta**



396/500

**Ujjawal Tiwari**



387/500

**Katyayani Jadoun**



376/500

**Antra Bhadoria**

#### HUMANITIES



448/500

**Kumari Kratika**



434/500

**Himani Tomar**



434/500

**Saloni Tiwari**



430/500

**Aditi Bhadauriya**



426/500

**Rhythm Panday**

### CLASS - X

## HIGHLIGHTS 90% & more -10 Stds ; 85% - 90% - 6 Stds ; 80% & below - 66



463/500

**Ved Kumar Singh**



461/500

**Soni Bhadoriya**



460/500

**Khushi Soni**



457/500

**Aditya Bhadouria**



456/500

**Tanushka Shukla**



455/500

**Vidip Sharma**



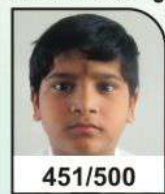
452/500

**Kapil Sharma**



452/500

**Yash Pratap Kushwah**



451/500

**Jai Sharma**



445/500

**Shourya Sikarwar**



440/500

**Palak Sharma**



438/500

**Nisha**



437/500

**Harjas Gill**



428/500

**Himanshu Tomar**



426/500

**Devansh Ahirwar**



Add. Adityapuram, Opp. D.D. Nagar Maharajpura, Gwalior Mob. 9425166000, 9425000251



## Celebrating Success

Honouring hard work and accomplishments of our valued students is one of the many great traditions that we have long cherished and followed for past 26 years.

In accordance with this spirit, we honoured our AISSCE (class 12th) and AISSE (class 10th) board toppers of the session 2023-24. In a ceremony called “Celebrating Success” Chief Guest Mr. Raja Bhadoriya ji & Guest of Honour Mr. Bhanu pratap ji graced the occasion and motivated students with their kind words. Director sir also congratulated all toppers and asked students present there to draw correct inspiration from such successful individuals. Toppers themselves took upon the mike to bring home the point that hard work leads to success and nothing succeeds like success





# JEE MAINS RESULT 2024

Congratulations to ARNAV SHARMA for qualifying the JEE exam with such impressive scores in his very first attempt! Your hard work and dedication have paid off, and all of us are so proud of your achievement. Wishing you all the best for your future endeavors!



**ARNAV SHARMA**

*Congratulations*



# NEET RESULT 2024

Congratulations to **Pranzal Pulaiya** for qualifying the **NEET** exam with such impressive scores in his very first attempt! Your hard work and dedication have paid off, and all of us are so proud of your achievement. Wishing you all the best for your future endeavors!



**Pranzal Pulaiya**

*Congratulations*







## Honoring Excellence"

It was a moment of immense pride and honor as Mr. Arun Pratap Jaat, associated with Central Academy School, was promoted from CTO (Caretaker) to Lieutenant in the esteemed National Cadet Corps (NCC). The pipping ceremony was graced by the presence of Director Sir Mr. Vinay Kumar Jhalani, Director Ma'am Mrs. Kavita Jhalani, Principal Sir Mr. Pankaj Saraswat, and the school staff, who all came together to celebrate this proud occasion. The honor of presenting the stars to Mr. Arun Pratap Jaat was carried out by Director Ma'am Mrs. Kavita Jhalani, symbolizing his new role and responsibility in the NCC. This momentous event highlighted not just the personal achievement of Mr. Arun Pratap Jaat but also the commitment of Central Academy School to fostering leadership and excellence. It was truly a proud moment for everyone present to witness and be a part of.





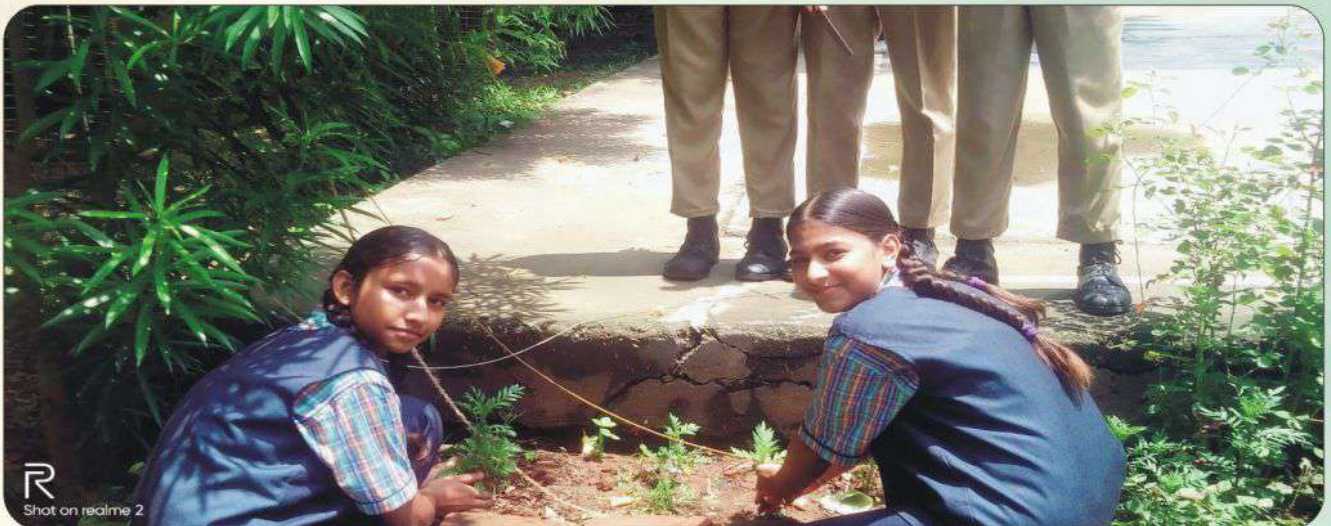
## "Disaster Management Workshop for NCC Cadets: Training on Survival and Crisis Management"

A disaster management workshop was conducted for NCC cadets, where many things were demonstrated to the children. In this training, the session was led by Inspector Kaushal Dikshit, who is the commander of SDRF. The children were trained on how to handle difficult situations and how to escape from them. They were also taught how to manage medical emergencies and effectively deal with tough situations. The focus was on teaching the children how to manage and respond to challenging circumstances, especially medical emergencies, with resilience and skill.



## Tree Plantation Drive

At Central Academy School, the NCC cadets organized a tree plantation drive, during which they planted trees and educated the students about the importance of plantation. They emphasized how trees contribute to the environment by improving air quality, conserving water, supporting wildlife, and combating climate change. The initiative aimed to inspire children to actively participate in environmental conservation and understand their role in protecting nature.





## NCC Cadets Excel in Rigorous Skill Development

The students from Central Academy School attended a 10-day training session at the NCC headquarters, where cadets from many schools in Gwalior also participated. During the training, the children were taught how to handle weapons. Additionally, there was a drill session in which the students from Central Academy School took part. One student from the school secured the first position in the drill and was awarded a gold medal.





# NCC Cadets Shine

The NCC cadets of Central Academy School got the opportunity to visit the officer training academy upon becoming lieutenants. They attended the visit accompanied by their caretaker, Mr. Arun Pratap Jaat.



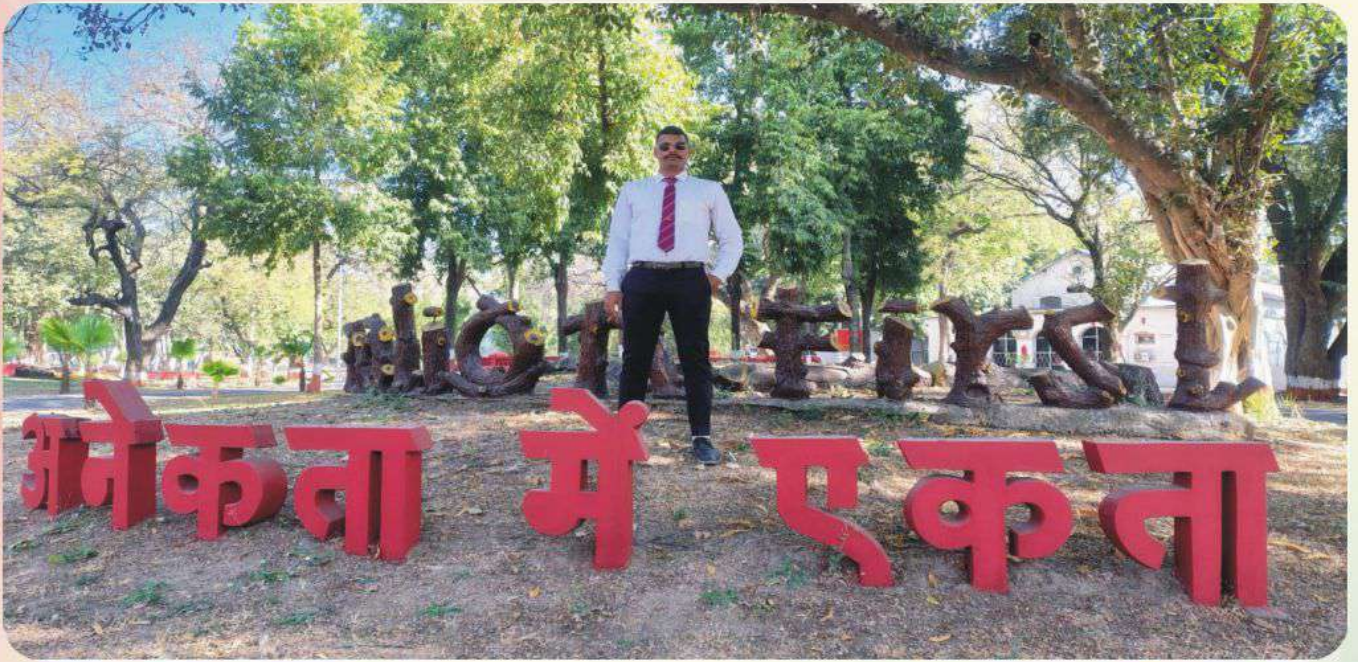
The NCC cadets led the house parade during the sports meet in our school. NCC cadet Pakhi Chauhan, who is the Vice Sports captain, led the entire house parade and also guided the cadets during the march past.





## "Central Academy School Strengthens Leadership: Mr. Arun Pratap Jat's ANO Training at OTA, Nagpur"

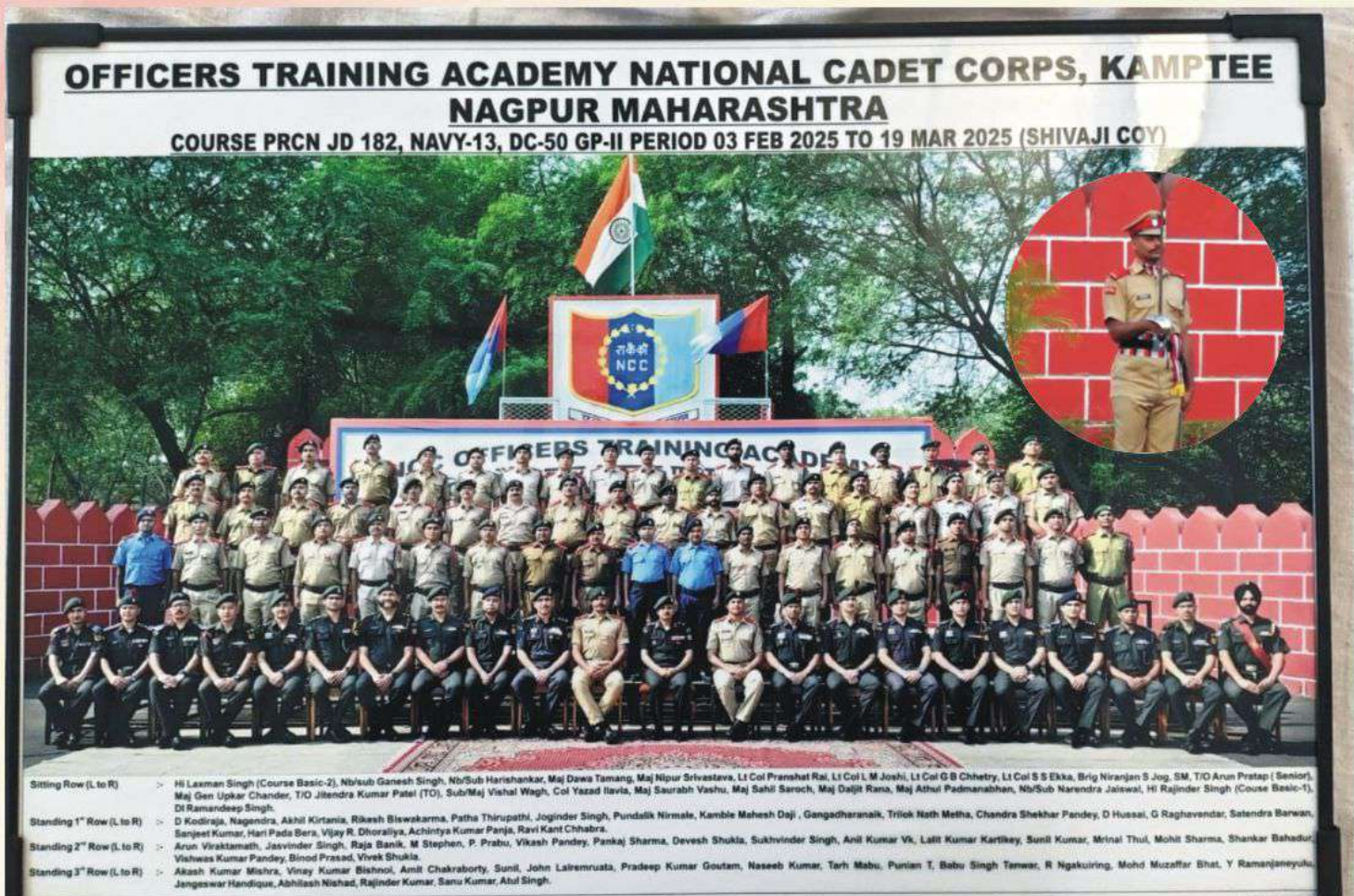
Central Academy School takes pride in its commitment to holistic education, including the development of leadership and discipline through NCC training. As part of this initiative, Mr. Arun Pratap Jat, who serves as the NCC teacher at our school, has been sent for Associate Ncc Officer (ANO) training at the Officer Training Academy (OTA), Nagpur. His training program, which runs from 3rd February to 19th March, is designed to enhance his leadership abilities and equip him with advanced skills to mentor and guide NCC cadets more effectively. This prestigious training plays a crucial role in shaping ANOs into role models who inspire students to develop qualities of discipline, patriotism, and teamwork. We extend our best wishes to Mr. Arun Pratap Jat for the successful completion of his training. We are confident that his learnings and experiences will greatly benefit our NCC cadets and contribute to the overall development of students at Central Academy School.





## MR. ARUN PRATAP JAT ACHIEVES PRESTIGIOUS RANK OF THIRD OFFICER IN NCC

Central Academy School takes immense pride in fostering leadership, discipline, and patriotism among students through NCC training. As part of this initiative, our dedicated NCC instructor, Mr. Arun Pratap Jaat, recently underwent a 45-day Associate NCC Officer (ANO) training at the prestigious Officer Training Academy (OTA), Nagpur. During his rigorous training from 3rd February to 19th March, Mr. Arun Pratap Jat demonstrated exceptional leadership and dedication. Notably, he achieved the prestigious position of Overall 2nd Parade Commander in the Passing Out Parade, a testament to his commitment and excellence in training. Upon successful completion of the program, he has been officially conferred the rank of Third Officer (ANO), marking a significant milestone in his journey as an NCC mentor. His enhanced skills and experience will further strengthen the NCC program at Central Academy School, inspiring students to embrace values of discipline, teamwork, and national service. We extend our heartfelt congratulations to Mr. Arun Pratap Jat and look forward to his valuable contributions in shaping the future leaders of our nation!





## CAS STUDENTS SHINE IN "DESHBHAKTI" DANCE PERFORMANCE AT SAF GROUND

On 15th August, students from Central Academy School participated in a vibrant and energetic dance performance at SAF Ground to celebrate the spirit of patriotism. The theme of the event was "Deshbhakti" (Patriotism), where the children expressed their love for the country through a mesmerizing dance performance. The students showcased their talent and dedication, presenting a well-choreographed routine that captured the essence of India's rich culture and heritage. Their performance was not only visually captivating but also filled with deep emotional connection, reflecting their respect and pride for the nation. The event was a great success, with the children receiving much appreciation from the audience for their hard work and enthusiasm. Central Academy School is proud of its students for their outstanding performance and their commitment to showcasing their love for the country in such a meaningful way.





# **VOICES OF THE YOUNG MINDS**



## **I Love My Family**



**Sneha Singh**  
**III<sup>th</sup> "B"**

My Parents always take care of me. My mother likes to cook delicious food. I help her in preparing the meal. My father works for the family. My father helps mother too. We help each other in every situation. We are happy and loving family.

## **I love my family**

I have a wonderful family and love all my family member. My family consist of 8 member. It include my parents, my uncle, aunty, grandfather, grandmother and cousin. My father is service man and my mother is house maker. We are three brother and sister. They both taken care of me. My grandfather is a retired army man and my grandmother is a house Maker. Both of them are caring and supportive. My uncle and aunty love me a lot. My cousin brother is 3 years old and my younger sister is 10 year old. Three of us playing throughout in our free time. All my family member love, repect and care for each other. My family goes for a picnic once every two week. We all love to spend time with each other. After dinner every night it is because of them and I have learnt basic value of life. They all teach me importance of discipline and good manner. My family is the sweet and happy family.



**Harsh Bhadoria**  
**IV A**

## **My dream vacation**

All of us love to travel to our favourite place or destination and that is usually our dreams destination like others. I also have a destination like Jammu and Kashmir. I would like to visit Jammu and Kashmir because it is the most beautiful place in the world. It is famous for its natural scenes, beauty and apple gardens. Jammu and Kashmir has a popular historical temple which is Vaishno Devi mandir. It is located in the Northern region of India and is known for its culture and friendly people. One of that most unique destination in Kashmir is the Amarnath cave a Hindu temple dedicated to lord Shiva. Kashmir is a famous for its rich and flavourful cuisine. One of the most popular dish is in Kashmir is Rohan Josh. Another famous dish is Kashmir is Wazwah it is made up of a variety of dishes, include kebabs, curries, and biryanis.



**Avni Gurjar**  
**IV A**



## My family

My family is a very important to me. There are three member in my family- mother, father and me. We love spending time together whether it is having meals or going on trips. My mom is very caring and always help me.

My dad is very sweet because he give me chocolate and fulfil all my need. My sibling is my best friend. We playing and learn together. We support each other in everything. We do enjoy watching movies and playing games. Our home is full of love and joy. I am grateful to my wonderful family.



**Akshara  
IV A**

## My Dream Vacation

My dream vacation all of us want to travel at our favourite place or destination and that is usual our dream destination like others. I also have some destination like Jammu Kashmir, Kanyakumari and Goa but I would like to visit Jammu Kashmir because it is the most beautiful place in the world. It is famous for its natural beautiful snowfall and apple garden. Jammu Kashmir has a popular historical temple which is Vaishno Devi temple. It is located in the north region of India and known for its culture and friendly people. One of the most unique destinations in Kashmir is Amarnath cave, a Hindu temple dedicated to Lord Shiva. Kashmir is famous for its rich and flavourful cuisine. One of the most popular dishes in Kashmir is Rogan Josh. Another famous dish is Wazwah, it is made up of a variety of dishes including kababs, curries and biryani. The Dumhal, a folk dance of the Kashmir valley, is performed by men of the Watal region. The women perform the Rouff, another traditional folk dance. Kashmir is famous for its fine art for centuries including poetry and handicrafts.



**Vedansh Singh Bhadoriya  
V A**

## My Dream Vacation

My dream location where I love travelling and I am always ready for it whenever I get free time. According to me a dream vacation would be a vacation that would thoroughly enjoy and be refreshing. I really feel glad to share my dream place Manali that I have chosen for vacation. I want to stay there for a week. I prefer this place for my dream vacation because of its natural beauty, elegant mall, tours and its quietness that makes me refresh. Manali also has a huge greenland, hill area, an amazing restaurant where we could stay comfortably and enjoy the sunset from outside the window. I would like to go there with my family or my friend. I want to go to all attractive and famous places to take photos, take part in the activities offered there. I want to try a variety of beverages, food items, walk, besides the open space and in the morning. I would go to explore the area to know about the people, their customs and culture. A visit to Manali will be a perfect vacation mostly because it offers different activities and different lifestyles which are always refreshing. My idea of the vacation to go to Manali would give immense opportunity to enjoy and to be refreshed.



**Muppuvarapu Sai Suhasvi  
V A**



## My Dream Family

I have a beautiful family. My family is the most important part of my life there are 5 member. It include me, my father, my mother, my brother and my grandmother. My father is a doing private job. My mother is housewife. They both care and love me. I study in class 5<sup>th</sup>. My brother study in class LKG. He plays with me everyday. My father, we take our evening meal together and my mother is making so delicious food. All my family member respect, care and love for each other. We share strong bond and have created so many happy memory. I love my all the family members.



**Rishika Chauhan**  
V A

## I Love My Family

“My family is my life , and everything else comes second as far as what's important -----to me” -----

- Family is where life begins, and love never ends.
- The love of a family is a life's greatest blessing.
- What can you do to promote world peace; Go home and love your family.
- Family ties are the strongest bonds.
- Home is wherever my family is.
- The best moment are made with family by your side.

“ A happy family is but an earlier heaven.”



**Sneha sharma**  
V<sup>th</sup> 'B'

## If I were a bird

The realm of imagination is boundless, and one of its most enchanting hypotheticals is the idea of being a creature of the skies. When we dream of being a bird, we dream of freedom, perspective, and a life lived on our terms. Let's explore this thought with a short essay.

If I were a bird, my days would begin with the first light of dawn, perched on a tree branch, serenading the world with a song. With its vastness and ever- changing hues the sky would be my canvas. As I spread my wings , I'd feel a rush of air guiding me above towns, cities bustling streets to the beauty of nature's untouched corners.

By migrating with the seasons, I'd experience different cultures , climates and geographies. There would be no barriers to where I could go- no mountains too high or oceans too vast. Each day would be an exploration, an adventure. But it wouldn't all be about freedom and flight; it would also be about survival, understanding the delicate balance of nature and the connection that bind all living beings together.

In this imagined life I would be a spectator and an active participant in the world's grand theatre, learning the true essence of life, freedom and interconnectedness.



**Sai Suhaas**  
V<sup>th</sup> 'B'



### My Dream Classroom

- ❖ My classroom is big and bright.
- ❖ We have a large green board at the front.
- ❖ My classroom has many windows.
- ❖ My friends and I enjoy studying together in the classroom.
- ❖ We have a clock on the wall.
- ❖ There are posters about science and math on the wall.
- ❖ The classroom is always clean and neat.
- ❖ We have a dustbin to keep the classroom tidy.
- ❖ The floor is smooth and easy to clean.
- ❖ We often do group activities in the classroom.



**Kshitij pathak**  
V<sup>th</sup> 'B'

### I Love My Family

1. My family is a small and happy family.
2. There are five members in my family.
3. It includes me, my parents and my two sisters
4. I am the youngest member of my family.
5. My mother is a housewife, and my father is a farmer.
6. We also have a pet dog who follows our commands obediently.
7. We go on trip once a month with all my family.
8. We all love to spend time with each other.
9. We are always ready to help each other.
10. My family members are very caring and supportive.
11. I love my family.
12. My best in this world is my mother.
13. My best in this world is my father.
14. My best and very good brother in the world.



**Jyoti kumari**  
V<sup>th</sup> 'B'

### I Love My Family

- I have a wonderful family.
- I live with my parents and grandparents.
- I have a brother.
- My father is a businessman.
- My mother is housewife.
- My grandfather is a police inspector.
- My grandmother is a housewife.
- We love each other.
- We eat dinner together, every evening.
- I learn a lot from my family.



**Vedika bhadouriya**  
V<sup>th</sup> 'B'



## My love my family

My family is the primary source of learning. Family provide enormous positive energy and can make you conquer many thing. A family suitability in various way of family make a responsible for our duty. A family include grandparent, mother, father, brother, sister, uncle, aunty and cousin. I feel really blessed that I have a family member. My family member have great bonding and we love respect and take care of each member. My father is a Central Government employee and my mother is housewife. My father takes care for my grandparent and other family member. My family is my friend. Family teaches the mantrass of success in the life like discipline, consistency hard work, cleanness and morality family is where love begin and never let and through up and downs they stand by our side. They celebrate your victories and share your sorrows in their embrace you find strength. Family makes us strong individually, mentally and emotionally. Healthy family help the children by inculcating in them good habit and values like honestly. Family protects us from outside world in term of conflicts and difference. Family is always a number one in my life and I always thinks of way to give back to them in the non material and they are my first school and their teaching has strengthened my bond their love make me feel good always. Family is a very important role in my life and the help of the love that eyes disease from them helps shape my personality in life. One of my most important aims is to build a successfully and highly regarding theory and I can only achieve this with support of my family. We really love to spend time with family.



**Om Sharma**  
V A

### I Love My Family

- My name is Bhumi kaurav.
- My father's name is Mr. Dharmendra kaurav.
- My mother's name is Mrs. Vandana kaurav.
- My father usually works at night.
- My mother is housewife.
- My grandfather is the head of the family.
- My family is a happy family.
- In my family there are 10 members.
- My family is joint family, we all live together.



**Bhumi Kaurav**  
V<sup>th</sup> 'B'

### I Love My Family

- I have a wonderful family.
- There are 5 members in my family.
- My mother is house maker.
- My sister is 6 years old.
- My sister is good painter.
- My grandfather tells me interesting stories.
- I love my family very much.
- My family is very special to me.
- I am happy with my family.



**Renuka**  
V<sup>th</sup> 'B'



## **I Love My Family**

- My family is a happy family.
- My family is a big family.
- There are ten members in my family.
- My family is an ideal family.
- My family is a wonderful family.
- My father is the head of the family.
- My father's name is Mr. Parmal.
- My father is a businessman.
- My mother's name is Mrs. Rachana.
- My mother is housewife.



**Devanshi Ahamana**  
V<sup>th</sup> 'B'

## **How sports shape our life**

**Physical health :** sport can improve heart function reduce the risk of diabetes and lower blood sugar they can also help build muscles and improve coordination and muscle memory **mental health :** sports can improve our life thinking ability and reduces stress they can also help enhance concentration and memory.

**Life skills :** sport can help develop life skills such as patience teamwork leadership discipline and learning from failure.

**Character :** sport can help built character and personality they can also have developed as since of mutual trust and a positive outlook on life

**Vansh Pratap Singh Rajawat**  
VI 'B'



## **How sport shape our life**

**Physical health :** sport can improve heart function reduce the risk of diabetes and lower blood sugar they can also help build muscles and improve coordination and muscle memory **mental health :** sports can improve our life thinking ability and reduces stress they can also help enhance concentration and memory.



**Ansh Singh Rajawat**  
VI 'B'

## **Life Without Gadgets**

Technology has become a very important part of our life. From smartphones and laptops to televisions and home appliances, gadgets have made everything faster, easier, and more convenient. However, have we ever imagined what life would be like without them? A life without gadgets would be simpler but also more challenging. Communication would be slower, as we would rely on letters or face-to-face interactions instead of instant messages and calls. Entertainment would shift back to outdoor games, reading books, and spending more quality time with family and friends. While daily tasks like cooking, cleaning, and traveling would take more effort, people might develop better problem-solving skills and a stronger connection with nature. On the positive side, a gadget-free life could reduce stress and screen addiction, allowing people to focus more on real-life experiences. It would encourage creativity, physical activity, and meaningful conversations. However, in today's world, completely avoiding gadgets is nearly impossible. The key is to use them wisely — balancing technology with real-life interactions to enjoy the best of both worlds.



**Ananya Singh**  
VI A



## Why it is important to learn history

history is a important subject it is not the date and important year only that are to be noted from it is a store house of wisdom and information it content a chronology of battles and wars between different emperors over the decades the natural of historical study and undergoes total change history has now become the scientific study of The peoples of different age once dear problem in short is the story of civilization that concerns their art and literature manner and custom modern history is dead with means struggle with nature and hisular against exploitation rose and were bound up with one another in were and woe these act as morals of history to inspire and guide are main gate history is a important subject it is not the date are important is paper is only that store house and total change and you will got and charge the following and we will live show of these concern.

**Anushka**  
**VI B**



## The Importance of Sports in Life

Playing sports builds your personality and teaches you to live life in a better way. Getting involved in such activities helps develop discipline, teamwork, and perseverance. Sports are not just about physical fitness; they also shape our mental strength, decision-making skills, and ability to handle challenges. When we participate in sports, we learn important values like teamwork, leadership, patience, and respect for others. Winning gives us confidence, while losing teaches us to accept failure gracefully and work harder. These lessons are essential not just in sports but in every aspect of life. Moreover, sports keep us active and healthy, reducing stress and improving concentration. They also bring people together, creating friendships and a strong sense of community. In today's fast-paced world, where many people are glued to screens, engaging in sports is more important than ever. It teaches us discipline, determination, and the importance of a healthy lifestyle, ultimately helping us become better individuals.

**Sachin Gurjar**  
**VI B**



## Save Water Is A Precious Resource

That Is Initial For Life On Earth It Is Necessary For Every Life On Earth Weather Human Plant Animal Or Any Living Being We Get Water From Many Shots Like River Pants Lakes Underground And Also Then Water We Use Water Everyday For Drinking Bathing And Cleaning Former Use Water For Irrigating And Cultivating Crops Industry Neet Water To Make Things We Use Water In Energy Sector Also.

**DIVYA TOMAR**  
**VI B**





## **The Importance of Healing Others**

Helping others is not just an act of kindness but a way to bring positivity into the world. It is my passion, and every time I assist someone, I feel a deep sense of joy and fulfillment. Whether it's offering a helping hand, comforting someone in need, or simply being there to listen, each small effort can make a big impact. When we help others, we don't just heal their struggles—we also bring happiness to ourselves. A simple act of kindness can brighten someone's day, and seeing their gratitude brings a genuine smile to my face. It reminds me that compassion and empathy are the true strengths of humanity. By spreading kindness, we create a more loving and supportive world. Healing others is not just about physical help; it's about offering hope, encouragement, and positivity. I believe that even the smallest good deed can make a lasting difference in someone's life.



**NAV PATEL  
VI B**

## **Why Is Important To Learn Our History**

Learning history is essential because it helps us understand the past by providing context about how past events, societies, and cultures shaped the world we live in today. It allows us to learn from past successes and mistakes, helping us make better decisions for the future. History teaches us about different civilizations, traditions, and struggles, giving us a broader perspective on human experiences. By studying historical events, we can understand the causes and effects of wars, revolutions, and social changes, making us more informed citizens. Moreover, history helps us appreciate cultural diversity and fosters a sense of identity and belonging. It teaches critical thinking and analytical skills, encouraging us to question sources, interpret information, and understand multiple perspectives. In a rapidly changing world, history serves as a guide, reminding us of our roots and showing us the consequences of past actions. By learning history, we become more aware of our responsibilities in shaping a better future.



**JIGAR PATHAK  
VI B**

## **My Ideal Role Model**

My Role Model Is My Mother  
My Mother Is My First Teacher My Advisor And My Support System  
She Has Always Been There For Me Through Thick And Thin  
She Is A Beautiful Person Inside And Outside  
She Is On Excellent Cook. She Has Taught Me To Respect Food And People  
She Is My Role Model because She Gives Me Strength And Motivates Me.



**KINJAL BANSAL  
VI 'B'**



## **The Joy of Helping Others**

Helping others is a simple yet powerful way to bring happiness into the world. Whether it's offering support to a friend, guiding someone in need, or doing a small act of kindness, every effort counts. Helping doesn't always require great resources—sometimes, a kind word or a listening ear is enough to make a difference. When we help others, we create a bond of trust and kindness that strengthens our relationships. It also gives us a sense of satisfaction and inner peace. A world where people help and support each other is a world full of positivity, love, and hope. By choosing to help, we not only improve the lives of others but also grow as individuals.

**Mansi Singh Gour**  
VI 'B'



## **Why it is important to learn our History**

Learning history can help you understand the world your identity and how to shape the future.

Understanding the present: History helps you understand how the past has shaped the present.

Shaping the future : History Can help you predict future events and develop measures to take.

Developing Critical thinking : History can help the develop critical thinking skills by Teaching you to analyze and create evidence to answer Challenging question.

Building better citizenship : History is a key part of being a good Citizens, which is why. It's taught in schools.

Understanding change History can help you understand. how things Change, which can help you understand charges happening now are in the future.

Developing Cultural identity: History Can help you develop a Sense of belonging to a society, Communing, or group

Learning from the past : History Can help you learn from the past and avoid making the same mistake.

**Anuj Singh Sengar**  
VI 'B'





## My Ideal Role Model

A role model is a person who inspires, you to be like him Mahatma Gandhi is my role model. He was a great freedom fighter his full name was Mohandas Karamchand Gandhi . We also called him Bapu and father of the nation.

The main reason why people are inspired by Mahatma Gandhi is His philosophy of non-violence. He used non-violence to free Indian from British. He always told the people to do their work on their own without depending on others.

I wants to be like him because of his selfless devotion to the country. He was not just a freedom fighter but also a Kind person. He always believed in simple life and high thinking. His life and teaching are great source of inspiration for the today's youth He taught me that we should never give up on hope.



**Nikunj Pathak**  
**VI 'B'**

## How sport shape our life

Sport has the power to be so much more than a way to fill a few hours after work it focusses the mind elevates your routine and forms the foundation of enduring friendship. Sport can shape our lives in ways, including

**Building Character :** Sports can help develop character and leadership skill such as team work, resilience, integrity and sportsmanship.

**Teaching Life skill :** Sports can teach people how to handle difficult situations. Make quick decision and solve problems.

**Promoting mental health :** Sports can help relief stress, improve sleep pattern and reduce anxiety.

**Fostering a balanced life style :** Sports can help people develop a balanced life style.

**Harsh Sharma**  
**VI**



## The importance of Helping others

I have passion for helping others & taking care of others Helping others means spreading happiness around the world. The gesture also shows humanity & kindness when you help other in only form you have many chance to get help we should always be ready to to help others in every condition Make sure Helping others your intention should be pure & When you help other do not wait for a Thank you from then you can Provide Help to anyone be it your friend a Stranger or Neighbours Doing anything for others whether it is small action of a big Help. Is a gesture to spread Happines & joy your dont need for help some money or by giving something to them you can help Someone by providing then emotional, mental and physical Help.



**Harsh Sharma**  
**VI 'B'**



### My Best Friend

My best friend name is Sneha. We study in the same school and she is also my neighbour. She is a very intelligent girl and always scores the highest mark in class. All the teachers love her because she is very good in studies. My best friend is funny and friendly by nature. She is very kind and always believe in helping others. She always help me in my study even when I need guidance. I love spending time with her. My parent treat her like there own daughter. I love my best friend so much.



**Kartik**  
**VI<sup>th</sup> "B"**

### I Love My Family

To be a part of a family like mine  
is so divine  
where love is shown,  
hurt is shared  
Our love for each other is never  
impaired  
we talk, we laugh  
we cry but we are a family  
and we do it all together  
For as a family  
we do it all as if  
you hurt one  
you hurt all  
and as a family untill  
we will all stand still  
for we are family  
A family full of strength  
a family full of love,  
A family no one can touch  
That's why I love my family  
So much.



**Ansh Sharma**  
**VI<sup>th</sup> "B"**

### If I were bird

If I were a bird  
Some times I wish  
I were a bird  
Whose sings every day  
with a melodious voice,  
Flying freely in the sky  
Higher than high  
Having colourful features.  
Orange, blue, green  
But it's only a wish  
I know it.



**Kartik**  
**VI<sup>th</sup> "B"**

### I Love My Family

A group of people who share relationship by blood or birth is called family. Family is the most important unit of our life. I live in a small joint family with my parents, my grandparent and my sister. We are six family members including my sister, my parents and my grandparents

My Father is a Farmer and My mother is a teacher. My grand father is a retired government employee. All of my family members very kind, caring and helpful towards each other. My grandma entertains us with beautifull wonderful stories before bedtime every night. All my family members gather in the laun of our house after dinner every night to share stories and have talks with each other.

My family has given me a good lesson of unity, love and co-operation with each other.

We all help one another in household activities. My father is good at science and he helps us with our home work.

We celebrated all festivals with relatives and friends. we also celebrate birthdays and anniversaries of our family members with great love and fun. We also go for movies or picnics on weekends. My family is an ideal Family. I pray to god to gift everyone a family like mine. My family is my strength. I love my family very much.

**Nikunj Singh Chouhan**  
**IV<sup>th</sup> "A"**





## **The importance of helping others**

I have passion for helping others taking care of other helping others means spreading happiness around the world and Also show humanity and kindness when you help others in any form you have many chance to get help. Always be ready to help others in every condition make sure helping others you intention should be pure when you help others to not wait for our thanks you from them you can provide help to anyone be it your friends, a stranger or neighbours doing anything for others whether it is small action or a big help is a test to spread happiness, joy you don't need to help some many or by giving something to them you can't help someone by providing them emotional mental physical help



**Upendra Singh Rajawat**  
**VI B**

## **How sports shape our life**

Sports can improve heart function reduce the risk of diabetes and lower blood pressure they can also help built muscles and improves coordination and muscles memory mental health sports can help developed life skill and thinking ability and reduce stress they can't also help enchant concentration and memory life skill spot can help developed life Sports suggest teamwork leadership discipline and lerning from failure



**Shreyansh**  
**VI B**

## **Life without gadgets for a day**

1. A day without technology would begin with the absence of alarm clocks, as smartphones and digital clocks are common places
2. The morning routine would require relying on natural light and internal body clocks.
3. Without social media, or online media, or online news, the breakfast table would be a place for genuine conversation.
4. Family members would engage face to face discussions. instead of scrolling through their devices.
5. Entertained would also be reimagined, without streaming services, people might turn to books, board games, or outdoor activities.
6. A day without technology might be challenging. But it offers an opportunity to reevaluate our relationship with digital devices.
7. It reminds us that there is a world beyond screen, a world where we can reconnect with nature, build deeper human connections, and rekindle the joy of analog experiences.



**Varshasru**  
**VI "A"**



## **Life without a Gadget for a day**

Technology has become a very important part of our lives now-a-days. In the past few years, Technology has evolved in many ways and without a doubt is even better than before. People are always developing something new that will improve human lives dramatically. Some of the creations that have changed our lives for good are the computers, telephones, mobile phone, tablet, internet, electronic, and voice mail, etc.

What used to be bulky, expensive and at times, unreliable machines, gadgets now are faster, smaller and so affordable that every family member owns numerous of them. Needless to say modern day gadgets are more of a luxury. These days, it may seem, people have enslaved themselves to the modern day gadgets. This is why it is hard to imagine a life without them. They help people socialise, stay in touch with the world, world events etc. Modern day gadgets even make shopping an efficient and convenient experience and send messages and mails quicker than the postal services. Friends and relatives living in different parts of world seem a lot closer all thanks to modern gadgets, such as webcam etc.

Therefore, it is sufficient to say that life without modern- gadget's would slow down and become less efficient.



**Sahil Kumar**  
**VI "A"**

## **Imagine a world where humans can talk to Animals**

### **Introduction :**

If humans could talk to the animals then they would be very happy. We both will communicate with each other with a keen interest. I would share my feelings with them. I wouldn't also ask their views about their life. We would cooperate with each other. I would try to understand their life and experience of their life. I would understand their difficulties which they face in their life journey. They will also ask me for my life journey and I will tell them difficulties which I am facing. I will tell my personal secrets to them. If they want any help I will help him must. I will provide them safety so that they will be safe with me. I will ask them about their other personal secrets. I will treat them like my best friend. Really I would be very surprised and happy to see them and talk with them. Animals are one of the important parts of the ecosystem. Humans and animals are different on the ground that humans can express their feelings with the use of language and the ability to talk. Animals on the other hand, can only make some particular sound and are unable to converse. Although they cannot talk if a situation comes when the animals would also converse then I would be the happiest person in the world. I love animals very much. There are many instances in which the animals are seen helpless and hence they require someone to talk to.



**Sanskriti Agnohotri**  
**VI "A"**



## Why it Important to learn our history

### Understaning the present :

History offers a lens through which we can understand the present event. Every event, decision of any societal change we experience today is rooted in the past for instance political system, social structures, and economics conditions have historical origin. We can better understand why certain issue persist such as inequality, conflict or technology advancements. Knowing the cause of modern-day problems helps us is find solution, as many challenges repeat themselves throughout times.

### Important to learn own history :

History is much more than just a collection of dates, name and events. It is mirror that reflects the triumphs mistakes, and growth of humanity understanding over history is essential for several reason as it provides content, informs decision-making fosters unity and helps preserve cultural identities :

### Preserving cultural heritage :

Our histroy is not just about political science events are wars. It also encompasses the art, music, literatures and other cultural achievements. Learning about the cultural history of different society helps preserve the diversity and richness of human expression.



**Alok singh**  
**VI "A"**

## Sports

1. Sports are very important in our life.
2. Sports play a major part in improving our body and mental fitness.
3. There are many kinds of sports.
4. Cricket , football, Hockey, Badminton are some famous sports.
5. Regularly playing sports. Strengthen our bones and muscles.
6. Sports teach us discipline, the value of time, unity and togetherness.
7. Playing sports we learn team works
8. Sports are played all over the world.



**Dev Kumar**  
**VI "A"**

## How sports Shape our life

Sports are very important in life. Sports keep our body healthy and fit. There are many kind of sport. Football, cricket, hockey badminton are same famous sports. Playing sports we learn teamwork skills. It increase our focus and concentration. Sports are played all over the world. I love to play cricket with my friends. It keeps my body strong and healthy. Everybody should take sports a part of their lives. In even the stage of a human's life the sport is essential.



**Abhay sikarwar**  
**VI A**



## बचपन

1. मैं घर की बड़ी बेटी हूँ।
2. मैं अपने भाई को घर में पढ़ाती हूँ।
3. मैं अपनी माँ के काम में मदद करती हूँ।
4. मैं अपने डेढ़ी की प्यारी बेटी हूँ।
5. घर पर मुझे सभी प्यार करते हैं।
6. मैं अच्छी पढ़ाई करती हूँ।
7. मैं बड़ी होकर डिफेंस में जाऊँगी
8. मुझे पढ़ाई करना अच्छा लगता है।
9. मेरा विद्यालय बहुत अच्छा है।
10. मैं अपनी टीचर की प्यारी स्टूडेंट हूँ।

स्नेहा सिंह  
कक्षा 3 बी



## अगर मैं सुपर हीरो होता तो

1. अगर मैं सुपर हीरो होता तो मेरा मिशन निर्दोषों की रक्षा करना होगा।
2. घोर अंधेरे में अपनी ऊर्जा से दुनिया को रोशन कर दूंगा।
3. दुष्ट और बुराई मेरी नजर से धूल में मिल जायेंगे।
4. मैं मार्गदर्शक प्रकाश, कमजोरों और असहायों के लिए आशा बनूंगा।
5. मैं दुनिया को सभी के लिए एक सुरक्षित और बेहतर जगह बनाऊंगा।
6. अगर मैं सुपर हीरो होता तो लोगों के घावों को भर दूंगा और उन्हें आसनें प्रेरणा से मुक्ति दिलाऊंगा।

समर्थ शर्मा  
कक्षा - 3 बी



## ॥ मेरे प्यारे दोस्त ॥

दोस्ती दो या दो से ज्यादा लोगों के बीच एक खास रिश्ता है जो एक दूसरे की परवाह करते हैं और साथ में समय बिताना पसंद करते हैं मेरी भी बहुत अच्छे प्यारे दोस्त हैं जिनके साथ मैं सारी उलझने आसानी से सुलझा लेती हूँ। और मैं अपने दोस्तों के साथ कई सारे कार्य करती हूँ जैसे नए-नए खेल खेलना स्कूलों की पढ़ाई करना तरह-तरह के पहेलियों, चुटकुले, जोक्स कहानी आदि साथ में बैठकर मजे से बात करते हैं मेरे दोस्त मेरे जीवन के सबसे बड़े खजाने में एक हैं। जब भी मुझे सहायता यह प्रोत्साहन की जरूरत होती है मेरे प्यारे दोस्त मेरे साथ होते हैं। क्या खूब है बचपन भी जब दो उंगलियां जोड़ने से दोस्ती हो जाती है। मैं और मेरे दोस्त आपस में कभी-कभी झगड़ा लड़ाई कर लेते हैं पर अगले ही पल हमारी दोस्ती हो जाती है हर नई चीज अच्छी होती है लेकिन दोस्त पुराने ही अच्छे होते हैं मेरे पांच दोस्त हैं हम पांचों में से तीन स्कूल में साथ पढ़ते हैं पांचो दोस्त मिलकर बहुत खुश रहते हैं दोस्त हमारी खुशी में साथ नाचते हैं और गम में हाथ थामे रहते हैं मैं खुद को भाग्यशाली समझता हूँ कि मेरे पास इतने प्यारे दोस्त हैं मैं चाहती हूँ कि हमारी दोस्ती ऐसी ही बनी रहे एक प्यारा सा दिल जो कभी नफरत नहीं करता एक प्यारी सी मुस्कान जो कभी भी फीकी नहीं पड़ती एक एहसास जो कभी दुख नहीं देता और एक रिश्ता जो कभी खत्म नहीं होता वह दोस्ती सबसे अच्छे सबसे प्यारे मेरे दोस्त

दर्शिता पाराशर  
कक्षा 4 बी



## मेरे प्यारे दोस्त

सबसे अच्छे दोस्त हमारे जीवन को अर्थ देते हैं।  
मेरे प्रिय मित्र मेरे जीवन के सबसे बड़े खजानों में से एक हैं।  
मेरे प्रिय मित्र दो हैं।  
मेरे प्रिय मित्र का नाम यश और गणेश है।  
यह मेरे जीवन का बहुत महत्वपूर्ण हिस्सा है।

अक्षत राजावत  
कक्षा 5 बी



## मेरे सपनों का भारत

मेरे सपनों का भारत एक ऐसी जगह है। जिसको देखकर भक्ति मदहोश हो जाए चलिए इसकी और एक उड़ान भरें।  
मेरे सपनों का भारत एक देश जहां प्यार और सम्मान है। जहाँ विविधता में एकता का सौंदर्य दिखाई देता है। जहाँ शिक्षा, स्वास्थ्य समृद्धि सबके लिए है। महिलाएँ भी उतना ही अधिकार प्राप्त करें जितना पुरुषों को मिलता है। हमें ऐसा वातावरण चाहिए जहाँ पेड़-पौधे, हरियाली दिखाई दे और प्रदूषण कम हो। मेरे सपनों का भारत एक सुंदर देश, जहाँ हर किसी के पास एक सुंदर और उज्ज्वल भविष्य है।

पलक  
कक्षा 6 ए





## Imagine world where humans can talk to animals

For centuries , human have been fascinated by the possibility of communicating with animals from ancient myths to modern day research. The idea of talking to animals has captivated our imagination what if we could actually converse with creatures from the animals kingdom? How would our world change?

Conclusion:

Imagine a world where human Can talk to animals - a world where we can understand their thoughts and needs. While there are challenges to Overcome the possibilities of animal human Communication are vast and exciting As we continue to explore and develop this ability, we may uncover new insights into the natural world, improve their relationships with animals and create a more compassionate and sustainable world for all.



**Anushka  
VIII "A"**

## My ideal role model

A role model is someone who inspires and motivates us to be Our best selves. They embody the qualities we aspire to develop, and their actions and decisions serve as a guiding light for our own lives. For me, My Ideal role model is Malala Yousafzai a pakistani activist for women's education and the youngest Nobel prize laureate.



**Sameer singh  
VIII "A"**

Malala's story is one of courage and resilience in the face of adversity born in the Valley of Pakistan.

Malala grew up in a region where the Taliban had banned girls from attending School. Despite the danger, Malala's father, Ziauddin Yousafi, run a school and advocated for girls education. Malala become an outspoken advocate for girls education, writing a blog for the BBC and speaking out against the Taliban's efforts to deny girls educaton.



## The importance of helping other

Helping other is similar to spreading kindness in the world. People help because they care and want to make things better. It's not just about doing something good: it's about creating a special connection between people. I have had a passion for helping others and taking care of children. This gesture also shows humanity and kindness. When you help others in any form, you have many chances to get help when you are stuck somewhere. We should always be ready to help each other in every condition. You can provide help to anyone. Doing anything for others, whether it is a small action or a big help. You don't need to help someone with money or by giving something to them.

You can even help someone by providing them emotional, mental or physical help. We can help in thousands of ways. For instance- if a senior citizen is standing in a bus full of people and you are sitting, then you must offer the seat to your elder. Do you still remember the smile from the first person who you had helped? If you remember that smile, then you remember the happiness of offering help until now.....

**Darhita Rathore**  
VIII "A"



## How Sports Shape our life

Sports are much more than a form of entertainment - they shape our lives in profound ways, teaching us valuable lessons and skills that extend beyond the playing field.

**Discipline and focus** : Sports require hard work, dedication and consistency, teaching us the importance of setting goals and sticking to them. These qualities help us succeed in all aspects of life, from careers to personal growth.

**Teamwork** : Team sports emphasize collaboration, communication and trust. These lessons are essential in work, family and community life, showing us the power of working together toward a common goal.

**Lifelong Habits**: Sports encourage long-lasting habits of physical activity, promoting a healthy lifestyle that continues into adulthood. The sense of accomplishment from improvement in sports carries over into other areas of life.

In conclusion, sports are a powerful force in shaping our lives. Teaching us discipline, teamwork, resilience, and the importance of striving for personal growth. They are about much more than winning - they are about becoming the best version of ourselves.

**Raj Parmar**  
VIII "A"





## Life without gadget for a day

Life without gadgets for a day can feel like stoping back in time, offering a mix of simplicity and challenge. Without phones, computers, televisions the day may begin with a sense of disconnection but it also provides an opportunity to reconnect with the world around us. conversation became more meaning ful as people engage face to face without distractions. leisure activites like reading, walking or pursing hobbies, take centre stage fostering creativity and mindfulness. However it can also be challenging as we rely on gadgets for communication work and entertainment. The experience highlights both our dependency on technology and the value of unplugging to savour life's simpler moments.

**Rashi Sharma**  
VIII "A"



## Why it is important to learn our history

Learning history is important because to understand the it help us part, which can provide insights into the present and future. It can also help us to develop critical thinking, skills, culture, awareness and the ability to make informed decisions. And many more things like :-

**Understanding the present:** History helps us understand how the world come to be and how events have contributed to the society we live in today.

**Be intellectually stimulating:** History can be intellect us a stimutating and engaging.

**Relevant Knowledge:** The Knowledge you gain from studying history can be relevant in a wide range of discipline.

**Understand societal evolution:** History can the help you to understand societal evolution and cultural diversity.

**Gain Transferable skills:** History can help you to develop transferable skills like research, general awareness and informed citizenship.

**Laxmi Bhadauriya**  
VIII "B"





## How Sports Shape Our life

Sports are very important for our life. Because playing sports keeps our body physically and mentally healthy. Sports are very important for us to keep our body mentally and physically healthy. Sports is very important for every class, it gives energy to our body and our mind remains happy.

### That's why It has been Said

**"Healthy mind resides in a healthy body."** Sports strengthens our immune system so that we can fight against any disease. Sports keep our digestion strong, the body gets extra oxygen and the lungs also remain strong.

Now a days, Sports are very effective way to build a better future. sports are also encourage by the government competitions are organized from time to time . We Should give time to sports every day so that we can lead a healthy life. Sports help in mental and physical development of children. Now a days, Sports are also given Special attention in School and Colleges.

**Indraneel**  
**VIII 'A'**



## Imagine a World Where Humans Can Talk to Animals

Some human-animal communication may be Observed in Casual circumstances, Such as the interactions between Pets and their owners, which can reflect a form of spoken while not necessarily verbal dialogues.

A dog being Scolded is able to group the message interpreting cows Such as the Owners Stance, tone of voice, and body language. This communication is two-way, as Owner can learn to discern the between barks or meows, and there is a clear difference between the bark of our angry dog defending its home and the happy bark of the Same animal while Playing.

**Vansh Dubey**  
**VIII "A"**



## How Sports Shape Our Life

Sports become a part of who are both mentally and Physically for children, Sports become a means of Socialization, but they also play a Prominent factor in the development of movement. For adults, Sports become a means of fitness, stress relief, competition and commonly injury. No matter where you find yourself on the Spectrum of young to old or novice to professional, sports have likely impacted your body in some way. Appreciating how and to what may help you address chronic problems prevent future ones and likely maximize your performance. Each sport comes with its own particular set of movement, patterns required of its athletes. (Dancers have Chest up, shoulders down, butt clenched, toes out drilled into them. Tennis players and golfers spend hours twisting one way and not the other.)

**Abhishek Singh Bhadaoria**  
**VIII "A"**





## How Sports Shape Our Life

Sports is very important in our life. All Over the world people of different ages are very fond of sports and games. Sports help to develop physically but also makes them more organized and better disciplined in their daily activities. Sport help people to keep in good health. It's popular among young and old people. Many people do morning exercises, jog in the morning, train themselves in fitness clubs and gyms and take part in sport competitions.



Devkrishna Sharma  
VIII 'A'

## Nature

Nature is like mother. It is essential for us because it provides all the basic needs of life. Nature is also a great teacher. We can learn many lessons from her. The flower blooms only for a day, yet it keeps smiling till the end. This is a lesson for us. We should live our life to the fullest, how short it may be. Water is soft but it flows over hard rocks, the rocks give in the Same way of our problems may be difficult but if we resist, they too give in. Tiny ants organise themselves and carry away heavy insects.



Kirti sengar  
VIII "B"

## Hobbies and Studies ? Why both matters

Balancing Studies and hobbies is crucial for a fulfilling life. Studies provide knowledge, skills, and qualifications essential for personal and professional growth. They lay the foundation for future success and helpful achieving career goals. However, hobbies play an equally important role in maintaining mental and emotional well- being. Engaging in hobbies fosters creativity, reduces stress, and enhances overall happiness. Studies prepare individual to face challenges and burnout. Hobbies, on the other hand, provide relaxation and joy. Balancing both ensures overall development, helping individuals grow intellectually and emotionally. Studies Shape the mind, while hobbies nurture the soul making both indispensable for a well rounded and fulfilling life. A balance between the two not only promotes intellectual and emotional growth but also ensure a more enjoyable, productive and harmonious life.

Samiksha Bhadoriya  
Class : IX<sup>th</sup> "A"





## A Day in My life of a 9th Grade Student

We have different type of days in our lives some specially these are some days get attached in our memory forever likewise I also have a memorable day of my life that is very dear to me the memory of these days are engraved in my heart and will remain so forever it was 5 November 2024 when I took the admission in my old school again where I have studied for 3 years and again I have got transfer in same school so my friend got shocked and surprise to see me again in the school because they are aware about me that I will never come back now but I came even the teachers got shocked after see me again and I did not face that much difficulties as the students usually face when they join the new school and I covered the whole syllabus in just one month because whatever I have study in the previous school say my have study in this school pic books also and I also got so happy my come back to my old school I cannot express my this feeling but I will be the my memorable of my school life. I have already studied whatever I have study now.

**Shivani Rajpoot**  
IX<sup>th</sup> "A"



### Balancing Studies and hobbies why both matters

Balancing studying and hobbies is critically because it allows for both academic achievement and personal fulfilling contributing to overall lean by preventing burnout fostering creativity enhancing focus and promoting a healthy lifestyle essentially it ensures you are not only developing intellectually but also taking care of your mental and emotional needs.

Some topics entertain by study matter and why hobbies matter

**Academic Success :** Achieving good grades and developing knowledge in our chosen field open door to further educational and career opportunity.

**Self-esteem boast :** Mastering a hobby can provide us sense of accomplishment and improve self confidence.

**Social connection :** Participating in hobbies can provide opportunity to connected with other who shares similar interest

how to balance both :

Creating a schedule : Take break

Set realistic goals : Fund the hobbies which compliment studies

**Krishna pratap Singh**  
IX<sup>th</sup> "A"





## Time management for study

Effective time management is critically for student achieve academic success by poet teaching task of avoiding procrastination and maintaining a balance life style student can optimise their study time setting clear goals initially breaking down large objective into smaller manageable task and creative a study schedule

Prioritizing task help student focus on challenging subject allocating more time for difficult task. Using a planner or calendar enables student to record study session, deadline and appointment, setting reminders and notification. Avoiding procrastination involves breaking task into smaller chunks, creating a conducive study environment and utilising productivity techniques like the pomodoro technician. Managing distraction is vital minimizing social media and phone usage finding quiet study space and using website blockers or productivity app. Regular break recharge student engaging in physical activity or relaxation technique. Reviewing progress and adjusting schedule ensure student stay on track maintaining a health lifestyle balance study exercise, sleep and socializing. Staying organised, seeking help when needed and utilising technology strategically enhance productivity effective time management reduce stress, boost academic performance and foster a balanced lifestyle. By implementing these strategies students can optimise their study time and achieve academic success. Effective time management is vital skill for student to master. In conclusion, It empower students to take control of their academic journey unlocking their full potential and paving the way to success. By adopting these simple strategies students can achieve confidence and create a brighter future.

**Sarthak S. Pawaiya**  
IX<sup>th</sup> "A"



## Friendship

Since my childhood I always lucky is friendship like I don't have lot of friends but however I made friends they come become so precious for me I my life friendship matters a lot. I am the person who cannot live alone like at least I want one person to be there for me a friend who can stay by my side at my lowest and I actually have some friends who are there for me whenever I want them some friends are like I meet them is month but my bond with them status some their like diamond for me I also have some mail friends and their brother for me and the bond I share with them is like very hard warming I used to have a best friend but some miss understanding happens between me and her after her I don't wanna make another best friend but I have a group where I have my friends who understand me and be with me whenever I need them and I am very lucky to have them in my life and I love them so much I want even imagine my life without them I don't wanna make new friend but I want a friend I have will never leave me I just want them in my life forever.

**Khushboo Kushwah**





## History of NCC

National cadet corp is a tree service organisation comparing the army Navy and Air force engage in grooming the youth of the country into discipline and petrol citizen the origin of NCC can be practice back to the university crops which was created under the Indian defence act 1917 with the object to make up the storage of the army in 1920 when the Indian territory act was passed the university crops was the place by the University training crop UTC theme was roise the situation of the UTC and make it more attractive to the youth the UTC offers and credit dresses like the army it was a significant step towards Indian station of arms forces in 1942 the UTC was re-christened as the University officers training crops.

Anubhav Sharma  
IX B



## Introduction to NCC



Vikash Gurjar

The National cadet corp NCC is the Indian military cadet with its headquarter of New Delhi. It is a voluntary organisation which recruits cadets from high school college and university all over India. the cadets are given basic military training in small arms and parades. The officers and cadets have no Liberty for active military service once they complete their course but are given preference over normal candidates during selections based on the achievement in the crops.

## Nazism and the rise of Hitler

In the spring of 1945 a little eleven year old German boy called helmuth was living in bed when he overhead his parents discussing something in serious tones his father a prominent physician Deliberated with his wife whether time had come to kill the anti-family or if he should commit suicide along his father is book about his pair of Revenge saying now The Allies will do to us what we did to the gippled and jews. Tanya stay he took helmuth to the woods wear they spent dear last happy time together singing old children's song letter helmuth father bloody uniform being burnt in the family fire place so traumatized was he by what he had overhead and what had happened that he reacted by refusing to eat at home for the following 9 years he was afraid that his mother might poison him.

Aashi



## Importance of Education

Education is the major part of our life everyone should be educated for their bright future from education we will have every knowledge about over surrounding for our future we should be educated if we are not educated we will not be selected for any job we cannot full fill over dreams there are less educated peoples in rural area compare to urban area some people come in urban area for better education because ruler area does not have that much facility people of rural area dude not take education that much important but education is very important for each and everyone.

Ananya Mehra





## बचपन

एक बचपन का जमाना था  
जिसमें खुशियों का खजाना था  
चाहत चाँद को पाने की थी .....  
पर दिल तितली का दीवाना था .....  
खबर न थी कुछ सुबह की .....  
ना शाम का ठिकाना था ,  
थक कर आना स्कूल से .....  
पर खेलने भी जाना था  
माँ की कहानी थी ,  
परियों का फसाना था  
बारिश में कागज की नाव थी  
हर मौसम सुहाना था।

चित्रांगना द्विवेदी  
कक्षा - 3 ए



## पुस्तकों का महत्व

1. पुस्तकों का हमारे जीवन में बहुत बड़ा महत्व होता है।
2. पुस्तकें हमारी सबसे अच्छे मित्र होती हैं।
3. पुस्तकों से हमें ज्ञान प्राप्त होता है।
4. अच्छी पुस्तक गुरु की तरह हमारा मार्गदर्शन करती है।
5. प्रेरणादायक पुस्तकें हमारे जीवन को सफल बनाने में सहायक होती हैं।
6. पुस्तकें हमारे मानसिक तनाव को कम करती हैं।
7. हम सभी को अच्छी कहानी कविता उपन्यास आदि किताबें पढ़नी चाहिए।
8. पुस्तकें हमारे मस्तिष्क को भी खोल देती हैं।
9. पुस्तकों से हमें सही गलत का फर्क पता चलता है।
10. पुस्तकें हमारे चरित्र निर्माण में सहायक होती हैं।

विनीत सिंह  
कक्षा 3 ए



## समय का महत्व

जीवन में समय का सबसे बड़ा महत्व होता है।  
समय को हमें कभी बर्बाद नहीं करना चाहिए।  
एक बार जो समय चला जाता है फिर कभी लौटकर नहीं आता है।  
समय किसी के प्रतीक्षा नहीं करता है।  
समय बिना रुके निरंतर चलता रहता है  
हमें किसी भी कार्य को कल पर नहीं टालना चाहिए।  
हमें सही समय पर सोना, उठना, खाना और काम करना चाहिए।  
हमें अपने समय का दुरुपयोग नहीं करना चाहिए।

आदित्य भदौरिया  
कक्षा 3 ए



## मेरा बचपन

बचपन जीवन का बहुत ही महत्वपूर्ण समय होता है। बचपन में इतनी चंचलता मिठास भरी होती है। कि हर कोई फिर से बचपन को जीना चाहता है। बचपन में वह धीरे-धीरे चलना, गिर पड़ना और फिर से उठकर दौड़ लगाना बहुत याद आता है। बचपन में पिताजी के कंधे पर बैठकर मेला देखने का जो मजा आता है बचपन में मिट्टी में खेलना और मिट्टी से छोटे-छोटे खिलौने बनाना किसकी की यादों में नहीं बसा है। बचपन में जब कोई डाँटता था तो माँ के आँचल में जा कर छुप जाते थे। बचपन में माँ की लोरियाँ सुनकर नींद आ जाती थी लेकिन अब वह सुकून भरी नींद नसीब नहीं होती है। बचपन में किसी के बाग में आम और बेर तोड़ लाते थे। तब वहाँ का माली सीधे पीछे भागता था। वह दिन किसको याद नहीं आते।

देवांश शर्मा  
कक्षा 3 ए



## मेरा बचपन

मेरा बचपन ही सुनहरा और यादगार था।  
उस समय मैं बहुत मासूम और खुशमिजाज था।  
बचपन में सभी लोग मुझे बहुत प्यार करते थे।  
कभी - कभी मैं शरारत भी करता था।  
बचपन में मुझे क्रिकेट खेलने का बहुत शौक था।  
मैं शाम को अपने मित्रों के साथ प्रतिदिन क्रिकेट खेलता था।  
बचपन में मुझे कोई चिंता नहीं थी और हर दिन नया सफर था।

सार्थक वर्मा  
कक्षा 3 ए



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1. मैं घर की बड़ी बेटे हूँ।
2. मैं अपने भाई को घर में पढ़ाती हूँ।
3. मैं अपनी माँ के काम में मदद करती हूँ।
4. मैं अपने डैडी की प्यारी बेटे हूँ।
5. घर पर मुझे सभी प्यार करते हैं।
6. मैं अच्छी पढ़ाई करती हूँ।
7. मैं बड़ी होकर डिफेंस में जाऊँगी
8. मुझे पढ़ाई करना अच्छ लगता है।
9. मेरा विद्यालय बहुत अच्छ है।
10. मैं अपनी टीचर की प्यारी स्टूडेंट हूँ।

आराध्या  
कक्षा 3 ए





## मेरे भविष्य का सपना

हर इंसान के जीवन में कुछ ऐसे सपने होते हैं, जो उसे अपने लक्ष्य की ओर प्रेरित करते हैं इन सपनों को पूरा करने के लिए हमें कड़ी मेहनत, दृढ़ संकल्प और समर्पण की आवश्यकता होती है। मेरा भी यह एक सपना ही है कि मैं एक आई.ए.एस. अधिकारी बनूँ यह सपना मेरे लिए मेरे दिल में बचपन से ही बसा हुआ है और इसे करने के लिए मैं कड़ी मेहनत और कोशिश करूँगा और कभी हार नहीं मानूँगा मैं आई.ए.एस बनने हेतु कड़ी मेहनत करूँगा। यह प्रण मेरा मुझसे और मैं इस प्रण की हमेशा लाज रखूँगा।

सपना देखना सरल है पर उसे पूरा करने के लिए हमें कठोर मेहनत और संघर्ष की आवश्यकता है मैं अपने सपनों को पूरा करने के लिए प्रतिदिन पढ़ाई में ध्यान केंद्रित करता हूँ मैं जानता हूँ कि अपना मुकाम हासिल करने के लिए हमेशा मेहनत और संघर्ष और हौसलों के अधिक आवश्यकता है।

आलोक सिंह  
कक्षा 6 ए



## गाँव और शहर की शिक्षा

### परिचय

गांव में जीवन अधिक सरल और प्राकृतिक होता है यहां के लोग आपस में खानिज संबंध रखते हैं और सामूहिकता पर जोर देते हैं। दूसरी ओर, शहरों में जीवन तेजी से चलता है, यहाँ के लोग अपने व्यक्तिगत और व्यावसायिक जीवन में व्यस्त रहते हैं। सामाजिक संबंधों में औपचारिकता होती है और लोग अपने निजी समय को अधिक महत्व देते हैं। सांस्कृतिक दृष्टिकोण से भी गाँव और शहर के जीवन में महत्वपूर्ण अंतर होते हैं। गाँव में पारंपरिक त्यौहार और रीति रिवाजों का पालन किया जाता है, जबकि शहरों में आधुनिकता और वैश्वीकरण का असर अधिक दिखाई देता है। गाँवों में लोग अपनी पारंपरिक व्यवसाय जैसे कृषि और हस्तशिल्प में संलग्न रहते हैं, जबकि शहरों में विभिन्न प्रकार के पेशे और व्यवसायिक अवसर उपलब्ध होते हैं। आर्थिक दृष्टिकोण से, गाँवों में जीवन यापन का खर्च कम होता है और लोग अपनी जरूरतों को कई स्थानीय संसाधनों से पूरा करते हैं इसके विपरीत, शहरों में जीवन यापन का खर्च अधिक होता है और लोग अपनी जरूरतों को पूरा करने के लिए बाजार पर निर्भर रहते हैं। पर्यावरणीय दृष्टिकोण से, गाँव का वातावरण अधिक स्वच्छ और शांत होता है, जबकि शहरों में प्रदूषण और शोर शराबा अधिक होता है। गाँव में हरियाली और प्राकृतिक सौंदर्य का आनंद लिया जा सकता है, जबकि शहरों में कंक्रीट के जंगल और यातायात की भीड़ का सामना करना पड़ता है। गाँवों में जहाँ प्राकृतिक जीवन और सादगी का सुख मिलता है, वहीं शहरों में सुविधाएँ और अवसर अधिक होते हैं।

संस्कृति अग्निहोत्री  
कक्षा 6 ए



## समय का महत्व

### प्रस्तावना :

समय क्या है?

समय कैसी चीज है जो हीरे सोने से भी महंगी है, समय की कीमत पैसे से ज्यादा है, समय किसी भी दुश्मन से ज्यादा ताकतवर है, समय से बेहतर कोई नहीं सिखा सकता। समय का बहुत महत्व है और इसका गहरा अर्थ है। इसलिए सफल जीवन के लिए समय के महत्व को समझना जरूरी है।

कीर्ति सिंह परिहार  
कक्षा 6 बी



## मेरे सपनों का भारत

मेरे सपनों का भारत वो भारत है जो इससे भी अधिक तेजी से प्रगति करेगा और जल्दी विकसित देशों की सूची में शामिल होगा। मैं ऐसे भारत का सपना देखता हूँ जहाँ पर नागरिक शिक्षित होगा और हर किसी को योग्य रोजगार के मौके मिल सकेंगे। शिक्षित और प्रतिभाशाली व्यक्तियों से भरे राष्ट्र के विकास को कोई रोक नहीं सकता।

नव्या राजावत  
कक्षा 6 बी



### समय का महत्व

समय पृथ्वी पर सबसे अधिक कीमती वस्तु है, इसकी तुलना किसी से भी नहीं की जा सकती है। इस संसार में सब कुछ समय पर निर्भर करता है, समय से पहले कुछ भी नहीं होता है। यदि हमारे पास समय नहीं है, तो हमारे पास कुछ भी नहीं है। समय की बर्बादी हमें और हमारे भविष्य को बर्बाद करती है। यह समय ही है, जो हमें धन, समृद्धि और खुशी प्रदान करता है। हमें अपने समय का उपयोग कुछ उपयोगी कामों को करने में करना चाहिए ताकि, हमें समय समृद्धि दे न कि नष्ट करें। जीवन और मृत्यु के बीच में अंतर के लिए केवल एक ही पल काफी होता है। इस संसार में सब कुछ समय के अनुसार बदलता है क्योंकि, समय से कुछ भी स्वतंत्र नहीं है।

नैना शर्मा  
कक्षा 6 बी





## समय का महत्व

समय का सही उपयोग न करने पर पछतावा ही हाथ लगता है। समय के महत्व को समझकर ही हम अपने जीवन को सफल बना सकते हैं। समय का सदुपयोग ही हमें हमारे सपनों तक पहुँचाने में सहायक होता है। समय का सही उपयोग ही हमें सफलता की ओर ले जा सकता है। समय का सदुपयोग करके ही हम अपने जीवन को सफल बना सकते हैं और अपने लक्ष्यों को प्राप्त कर सकते हैं।

समय का महत्व हमारे जीवन में इस प्रकार है जैसे जल का महत्व हमारे शरीर के लिए। समय का सही पहचान और उसका उचित उपयोग हमारे जीवन को सफल बनाता है। समय की अनमोलता को समझने के लिए हमें उसे एक सीमित संसाधन के रूप में देखना चाहिए। समय का सदुपयोग हमें न केवल व्यक्तिगत बल्कि पेशेवर जीवन में भी सफल बनाता है।

समय एक ऐसी संपत्ति है, जो हम सभी को जिंदगी के साथ मिला हुआ प्राकृतिक वरदान है। इस धरती पर हम सभी संपत्ति अपने मेहनत, ज्ञान और कर्मों के द्वारा अर्जित कर सकते हैं लेकिन हमें मेहनत ज्ञान और कर्म को निरंतर करने के लिए समय चाहिए। समय एक ऐसी संपत्ति है जिसे हम अर्जन कभी कर ही नहीं सकते।

मलिशका राठौड़  
कक्षा 7 ए



## समय का महत्व

समय पृथ्वी पर सबसे कीमती वस्तु है। इसकी तुलना किसी से भी नहीं की जा सकती है। इस संसार में जब सब कुछ समय पर निर्भर करता है, समय से पहले कुछ भी नहीं होता है यदि हमारे पास समय नहीं है, तो हमारे पास कुछ भी नहीं है। समय की बर्बादी हमें और हमारे भविष्य को बर्बाद करती है। यह समय ही है, जो हमें धन, समृद्धि और खुशी प्रदान करता है। हमें अपने समय का उपयोग कुछ उपयोगी कामों को करने के लिए करना चाहिए ताकि, हमें समय- समृद्धि दे, न कि नष्ट करें। जीवन और मृत्यु के बीच में अंतर के लिए केवल एक ही पल काफी होता है। इस संसार में सब कुछ समय के अनुसार बदलता है क्योंकि समय से कुछ भी स्वतंत्र नहीं है। हमें कठिन परिश्रम करने का आनंद लेना चाहिए और कभी भी अपनी अच्छी आदतों को बाद में करने के लिए नहीं टलना चाहिए।

मीता राठौर  
कक्षा 8 बी



## प्रदूषण के प्रभाव

प्रदूषण हानिकारक है परंतु इस बात को कोई समझना ही नहीं चाहता है। प्रदूषण से बहुत सारी बीमारियाँ होती हैं हमारी वजह से आज न जाने कितने सारे प्रदूषण विद्यमान हैं पानी में प्रदूषण है, हवा में प्रदूषण है, धरती पर प्रदूषण है, और अब तक यह इतना ज्यादा बढ़ गया है कि चारों तरफ फैल चुका है। मिट्टी में खेती करना भी मुश्किल है, मिट्टी में आज पॉलिथिन और कई और कचड़े की वजह से खेती नहीं हो पाती है हवा में भी इतना प्रदूषण हो गया है कि साँस अच्छे से नहीं ले पाते हैं और अस्थमा जैसी बीमारियाँ होती हैं जिससे कई बार लोगों की मृत्यु भी हो सकती है। पानी के प्रदूषण की वजह से पानी में बहुत सी बीमारियाँ होती हैं गंदा पानी पीना छोड़ें और पानी को साफ या फिल्टर करके पियें। हम सबको मिलाकर प्रदूषण कम करना चाहिए और चलो हम फिर से हमारे वातावरण को हरा भरा और साफ करते हैं यह एक इच्छा है इसे पूरा करने सब साथ चले हमारे ? प्रदूषण को कम करो।



वंशिका भदौरिया  
कक्षा 9 ए

## प्राकृतिक आपदा, कारण और इसका निदान

प्राकृतिक आपदा जैसे भूकंप आना, तूफान आना, बाढ़ आना और सूखा पड़ना और प्रदूषण की मात्रा बढ़ना।

इनके नुकसान जैसे कि बाढ़ आती है या सूखा पड़ता है फसल खराब हो जाती है और इससे बहुत से लोग बेघर हो जाते हैं और बहुत मर भी जाते हैं और भूकम्प और तूफान आने का मकान टूट जाते हैं और सूखा पड़ने का मुख्य कारण है कि लोग पेड़ लगाने की वजह पेड़ काट रहे हैं और पेड़ काटने से भी बहुत से लोग मारे जाते हैं और जैसे कारखानों से निकलने वाला धुआँ जो अपने वातावरण को प्रदूषित करता है और बहुत सी चीजें ऐसी भी हैं तो मनुष्य के द्वारा बनाई गई हैं और वो ही मनुष्य को हानि पहुँचा रही है जैसे प्लास्टिक की थैली है जो ना अब तो नष्ट हो पा रही है और इसके प्रयोग से बहुत लोगों की जान चली जाती है अगर हम इसको जलाना चाहेंगे तो यह जलने पर भी हानिकारक गैस छोड़ती है भूकम्प आने का कारण है कि जब धरती के अंदर टेक्टॉनिक प्लेट्स आपस में टकराती है तो पृथ्वी में हलचल पैदा होती है और वही बाद में जाकर भूकम्प का रूप ले लेती है जब हवा अपनी गति को छोड़कर तेज गति से चलने लगती है तो वही भूकम्प का रूप लेती है और प्रदूषण से हर वर्ष बहुत ज्यादा जानवर मारे जाते हैं और इसकी वजह से अभी तक बहुत से जानवरों की प्रजातियाँ भी नष्ट हो जाती हैं।

सत्यम बघेल  
कक्षा 9 ए





## प्रदूषण के प्रभाव

प्रदूषण का अर्थ होता है किसी भी चीज को दूषित करना। प्रदूषण कई प्रकार के होते जैसे वायु, प्रदूषण, जल प्रदूषण, आदि। अभी के समय में भारत दुनिया में प्रदूषण में छठवें स्थान पर है हमें प्रदूषण को कम करने के लिए प्रयास करते रहना चाहिए। हम प्रदूषण को हटाने के लिए निम्न उपाय कर सकते हैं :-

कम कचरा फैलाएं  
अपने शहर को साफ रखें  
प्लास्टिक का कम उपयोग करें  
पेड़ों को बचाएं और पेड़ लगाएं

हमें अपने वातावरण का ध्यान रखना चाहिए क्योंकि अगर हम ही अपने वातावरण का ध्यान नहीं रखेंगे तो कौन रखेगा। मुझे अभी भी एक किस्सा याद है जब हमारे पड़ोसी ने बाहर बहुत सारा कचरा फैला दिया था तब हमने उनकी शिकायत पुलिस से कर दी थी तो उन्हें बहुत बड़े जुर्माने का भुगतान करना पड़ा था। अतः आपको भी अपने शहर गली को साफ रखना है। इस प्रदूषण के कारण कई जानवर अपने प्राणों को त्याग देते हैं। मैंने प्रदूषण के लिए एक स्लोगन भी बनाया है  
स्वच्छ भारत हमारा है, कूड़ा नहीं फैलाना है।

अंशु राठौर  
कक्षा 9



## प्रदूषण के प्रभाव



राघवेन्द्र सिंह  
कक्षा 9 बी

प्रदूषण एक ऐसी चीज है जो सबके लिए हानिकारक है जैसे -  
समय से पहले बूढ़े हो जाना  
साँस लेने में तकलीफ  
कैंसर होना और भी बहुत सी बीमारियाँ

प्रदूषण कई प्रकार के होते हैं इसमें मुख्य चार प्रकार के प्रदूषण हैं।  
वायु प्रदूषण यह प्रदूषण हवा में मिलता है और वातावरण को नुकसान करता है।  
जल प्रदूषण यह प्रदूषण पानी में मिलता है और पानी को अशुद्ध करता है।  
ध्वनि प्रदूषण यह प्रदूषण से हमारे कान खराब होते हैं और हमें कम सुनाई देता है।  
मृदा प्रदूषण यह प्रदूषण से हमारी मिट्टी की उर्वरता धीरे - धीरे खत्म होती जाती है।

## पेड़ों का महत्व

पारिस्थितिकी तंत्र और मानव जीवन दोनों ही पेड़ों पर निर्भर हैं पेड़ों के बिना जीवन संभव नहीं होता। पेड़ों से हमें भोजन और ऑक्सीजन मिलती है। जो जीवन के दो सबसे जरूरी तत्व हैं। पेड़ों पर हमारी निर्भरता आज भी काम नहीं हुई है। पेड़ हमारे सबसे अच्छे दोस्त की तरह हैं क्योंकि वे हमारे लिए कुछ बहुत अच्छे काम करते हैं। हम जिस हवा में साँस लेते हैं, पेड़ उसे साफ करते हैं, पानी और मिट्टी को अच्छा और स्वच्छ बनाते हैं और मूल रूप से पूरी पृथ्वी को एक बेहतर जगह बनाते हैं। पेड़ हमारे लिए अत्यंत महत्वपूर्ण हैं और हम इसे नजरअंदाज नहीं कर सकते। हमें साँस लेने के लिए स्वच्छ हवा, स्वादिष्ट भोजन बहुत अच्छी धूप या बरसात होने पर आराम करने के लिए एक आरामदायक जगह देने जैसे कई काम करते हैं साथ ही बहुत सारी औषधियाँ पेड़ों से आती हैं वे प्रकृति में डॉक्टर की तरह हैं। इतना ही नहीं, पेड़ शांति लाते हैं और आसपास के वातावरण को ठंडा और आरामदायक बनाते हैं।



प्राची गोयल  
कक्षा 9 बी



# **GUIDING LIGHTS**

**Teacher's Perspective  
on  
Education**



## Posting a Reading Culture

A reading culture in schools can have a profoundly positive impact on students, teachers, and the entire school community. Here are some of the benefits:

### Academic Benefits

- 1. Improved literacy rates:** A strong reading culture helps students develop essential literacy skills, leading to better academic performance.
- 2. Increased academic achievement:** Reading is a fundamental skill that underpins all academic subjects. A reading culture fosters a love of learning, leading to improved grades and academic success.
- 3. Better comprehension and critical thinking:** Regular reading helps students develop critical thinking skills, analyze information, and make informed decisions.

### Personal Benefits

- 1. Empathy and understanding:** Reading exposes students to diverse perspectives, cultures, and experiences, fostering empathy and broadening their understanding of the world.
- 2. Stress relief and relaxation:** Reading can be a calming and enjoyable activity, helping students manage stress and anxiety.
- 3. Improved focus and concentration:** Regular reading helps students develop their ability to focus and concentrate, leading to better time management and productivity.

### Social Benefits

- 1. Community building:** A reading culture brings students, teachers, and parents together, creating a sense of community and shared passion for reading.
- 2. Discussion and debate:** Reading encourages critical thinking, discussion, and debate, helping students develop essential communication and social skills.
- 3. Role models and mentors:** Teachers and librarians can serve as role models and mentors, inspiring students to develop a love of reading and learning.

### Long-term Benefits

- 1. Lifelong learning:** A reading culture instills a love of learning that extends beyond the classroom, preparing students for lifelong learning and personal growth.
- 2. Career opportunities:** Strong literacy skills and a love of reading can open doors to new career opportunities and possibilities.
- 3. Personal growth and development:** Reading can help individuals develop a stronger sense of self, empathy, and understanding of the world around them.

By fostering a reading culture in schools, educators can create a supportive and inclusive environment that promotes academic excellence, personal growth, and a lifelong love of reading.



Ms. Amandeep  
PRT



## सकारात्मक मकसद के साथ शिक्षा की अलग जगाने वाली “सकारामाकाक्षा” के निर्माण पर एक लेख:

शिक्षा का मकसद सिर्फ ज्ञान प्रदान करना नहीं है, बल्कि व्यक्तित्व को आकार देना, सोच को विकसित करना और जीवन के लिए तैयार करना भी है। इसी उद्देश्य को ध्यान में रखते हुए “सकारामाकाक्षा” का निर्माण किया गया है।

सकारामाकाक्षा क्या है?

सकारामाकाक्षा एक ऐसी शिक्षा प्रणाली है जो सकारात्मकता, संवेदनशीलता और सामाजिक जिम्मेदारी पर जोर देती है। इसका मकसद छात्रों को न केवल शिक्षित करना है, बल्कि उन्हें एक अच्छा इंसान भी बनाना है।

सकारामाकाक्षा के मुख्य उद्देश्य:

1. छात्रों में सकारात्मक सोच और आत्मविश्वास को विकसित करना।
2. सामाजिक जिम्मेदारी और नागरिक कर्तव्यों के प्रति जागरूकता बढ़ाना।
3. छात्रों में संवेदनशीलता और सहानुभूति को विकसित करना।
4. शिक्षा को रोचक और आनंददायक बनाना।

सकारामाकाक्षा के लाभ:

1. छात्रों में आत्मविश्वास और सकारात्मक सोच का विकास।
2. सामाजिक जिम्मेदारी और नागरिक कर्तव्यों के प्रति जागरूकता में वृद्धि।
3. छात्रों में संवेदनशीलता और सहानुभूति का विकास।
4. शिक्षा की गुणवत्ता में सुधार।

निष्कर्ष :

सकारामाकाक्षा एक नवीन और प्रभावी शिक्षा प्रणाली है जो छात्रों को न केवल शिक्षित करने पर बल्कि उन्हें एक अच्छा इंसान भी बनाने पर जोर देती है। इसके माध्यम से हम छात्रों में सकारात्मक सोच, संवेदनशीलता और सामाजिक जिम्मेदारी को विकसित कर सकते हैं।

Anupam Kushwah  
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## बच्चों में आत्मविश्वास कैसे बढ़ाएं

बच्चों में आत्मविश्वास बढ़ाने के लिए यहाँ कुछ सुझाव हैं :

1. प्रशंसा करें: बच्चों की उपलब्धियों की प्रशंसा करें और उन्हें बताएं कि वे कितने अच्छे हैं।
2. सही प्रतिक्रिया दें: बच्चों को सही प्रतिक्रिया दें और उन्हें बताएं कि वे क्या सही कर रहे हैं और क्या गलत।
3. आत्मनिर्भरता को प्रोत्साहित करें: बच्चों को आत्मनिर्भर बनने के लिए प्रोत्साहित करें और उन्हें अपने निर्णय लेने के लिए प्रोत्साहित करें।
4. सुरक्षित माहौल प्रदान करें: बच्चों को एक सुरक्षित माहौल प्रदान करें जहाँ वे अपने विचारों और भावनाओं को व्यक्त कर सकें।
5. मिस्टेक्स को स्वीकार करें: बच्चों को मिस्टेक्स को स्वीकार करने के लिए प्रोत्साहित करें और उन्हें बताएं कि मिस्टेक्स से हम सीखते हैं।
6. आत्म-मूल्यांकन को प्रोत्साहित करें: बच्चों को आत्म-मूल्यांकन को प्रोत्साहित करें और उन्हें अपने प्रदर्शन का मूल्यांकन करने के लिए प्रोत्साहित करें।
7. सकारात्मक भाषा का उपयोग करें: बच्चों के साथ सकारात्मक भाषा का उपयोग करें और उन्हें बताएं कि वे कितने अच्छे हैं।
8. आत्मविश्वास बढ़ाने वाली गतिविधियों को प्रोत्साहित करें: बच्चों को आत्मविश्वास बढ़ाने वाली गतिविधियों में भाग लेने के लिए प्रोत्साहित करें, जैसे कि खेल, संगीत, या नाटक।



Jyotsana Parihar  
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# Holistic education is important in today's world

Holistic education is a learning model that helps students develop their intellectual, ethical, and life skills and prepares them for today's world.

The curriculum of holistic education should be multi-disciplinary with a fine balance of core papers and electives. |

Human beings are complex and composite wholes. This complexity can be addressed only by holistic education. Unfortunately, the kind of education imparted in most higher educational institutions is piece-meal and fragmented, with a preponderant focus on rationality. The emotional, spiritual, political and ecological dimensions are glossed over. This is a fallout of the Cartesian paradigm with its excessive emphasis on reason .

Holism, which incorporates the idea of the 'whole', is at the roots of holistic education. The UNESCO document Learning to Be: A Holistic and Integrated Approach to Values Education for Human Development emphasises that "Education must contribute to the all-round development of each individual mind and body, intelligence, sensitivity, aesthetic sense, personal responsibility and spiritual values". Holistic education emerged in the 1980s in North America as a reaction against the mechanistic paradigm that resulted in a fragmented, reductionist model of education that left out the meta-rational dimensions of life, among other issues. John P. Miller's book The Holistic Curriculum (1988) and Ron Miller's journal Holistic Education Review, launched in 1988, formally inaugurated the campaign for a holistic education in the West. In What Are Schools for? Holistic Education in American Culture, Miller cautions, "Holistic education is not to be defined as a particular method or technique; it must be seen as a paradigm, a set of basic assumptions and principles that can be applied in diverse ways". In other words, it is not just another concept or theory, but a way of thinking and living.

## Design and implementation

Teachers have a crucial role to play in both the design and implementation of a holistic curriculum. They should ensure that it is multi-disciplinary with a fine balance of core papers and electives, especially those from across disciplines. Care should be taken to include art subjects for a science programme and conversely a couple of basic science subjects in an arts programme. In addition to languages, a foundational course in Philosophy should be introduced so that students are trained to think critically. Second, teachers should promote experiential learning. There is no point in filling students' minds with information bytes that have no direct relevance to life. On the contrary, learning by doing not only stimulates the students but also makes learning fun-filled, inferential, and lasting.

Third, teachers should be both indoors and outdoors people. Traditional classrooms required teachers to operate within four walls. But a holistic curriculum will liberate them from these narrow confines by inviting them to accompany their students on field trips. In fact, they should occasionally shed their professorial garb and spend time with their students in the cafeteria doubling up as friends and mentors discussing literally everything under the sun. In other words, they should be connected to their students and be a beacon as the latter navigate life's narrow lanes and alleys.

Finally, a holistic curriculum demands re-defining of evaluation procedures, which should be designed to test students' thinking skills. In addition to subject knowledge, life skills should also be tested. Teachers should move away from the traditional roles ascribed to them and re-invent themselves as mentors and catalysts.

## Benefits

Imparting a holistic education has many benefits. The primary ones are: helping students develop into well-rounded individuals, interconnectedness, and a global citizenship with a multicultural outlook. Today, in a world torn asunder by religious, cultural, linguistic, caste and geographic sectarianism, a holistic education can serve as a balm. Quite a few students are being reduced to intellectual monsters with poor emotional quotient. Many lack a strong ethical base as well. Holistic education can, to some extent, heal fragmentation and divisiveness by taking into account the head, the heart, and the soul, and the synergy that fuses the different elements into a composite whole.

Gandhi's views on holistic education are profound. He declared: "unless the development of the mind and body goes hand in hand with a corresponding awakening of the soul, the former alone would prove to be a poor lopsided affair" and added that "a proper and all-round development of the mind, therefore, can take place only when it proceeds pari passu with the education of the physical and spiritual faculties of the child" .



**Ms. Beena Bhadoriya**  
**PRT**



# Bridging the Gap between Academics and Life Skills

The primary objective of education is to equip students with knowledge and skills that enable them to succeed in life. However, often we find that students are provided with academic knowledge, but lack life skills. In this article, we will discuss how we can bridge the gap between academics and life skills.

## The Importance of Life Skills

Life skills are essential for students to succeed in life. These skills help students face challenges in their lives and make informed decisions. Some of the important life skills include:

**Problem-Solving:** The ability to analyze problems and come up with solutions.

**Communication:** The ability to express oneself effectively and listen to others.

**Time Management:** The ability to prioritize tasks and manage time effectively.

**Leadership:** The ability to lead and motivate others.

## Methods to Bridge the Gap

To bridge the gap between academics and life skills, we need to adopt methods that provide students with opportunities to practice life skills. Some of the methods include:

**Project-Based Learning:** A method that provides students with real-life problems to solve.

**Life Skills Education:** A program that provides students with essential life skills.

**Industry-Education Partnership:** A partnership that provides students with opportunities to learn from professionals working in industries.

## Conclusion

To bridge the gap between academics and life skills, we need to adopt methods that provide students with opportunities to practice life skills. By providing students with these skills, we can help them succeed in life.

**Ms. Krishna Pal**  
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# Preparing students for the unknown future

Preparing students for an unknown future requires a thoughtful and multifaceted approach. Here are some ideas to consider:

## Fostering a Growth Mindset

- 1. Emphasize lifelong learning:** Encourage students to view learning as a continuous process that extends beyond the classroom.
- 2. Develop a growth mindset:** Teach students that abilities and intelligence can be developed through dedication and hard work.

## Building Essential Skills

- 1. Critical thinking and problem-solving:** Encourage students to think critically and approach problems from multiple angles.
- 2. Communication and collaboration:** Foster strong communication and collaboration skills to prepare students for teamwork and global connectivity.
- 3. Creativity and adaptability:** Encourage students to think creatively and be adaptable in the face of change.
- 4. Emotional intelligence and well-being:** Teach students to recognize and manage their emotions, prioritize self-care, and cultivate empathy.

## Preparing for Emerging Technologies

- 1. Integrate emerging technologies:** Incorporate emerging technologies like AI, blockchain, and the Internet of Things (IoT) into the curriculum.
- 2. Develop data literacy:** Teach students to collect, analyze, and interpret data to make informed decisions.
- 3. Foster digital citizenship:** Educate students on online safety, etiquette, and responsibility.

## Encouraging Exploration and Experimentation

- 1. Interdisciplinary learning:** Encourage students to explore connections between subjects and disciplines.
- 2. Project-based learning:** Engage students in real-world projects that promote hands-on learning and experimentation.
- 3. Entrepreneurship and innovation:** Encourage students to develop innovative solutions to real-world problems.

## Building Resilience and Agility

- 1. Emphasize flexibility and adaptability:** Teach students to be open to change and to pivot when necessary.
  - 2. Develop coping strategies:** Encourage students to develop healthy coping mechanisms for managing stress and uncertainty.
  - 3. Foster a sense of purpose and meaning:** Help students connect their learning to their values and passions.
- By incorporating these strategies into educational frameworks, we can better prepare students for the unknown future and empower them to thrive in an ever-changing world.

Ms. Priyanka Sharma  
PRT





## The importance of Emotional intelligence in teaching

Emotional intelligence (EI) is crucial for effective teaching and learning. Here are some reasons why emotional intelligence is important in teaching:

### Benefits for Teachers

- 1. Better classroom management:** Teachers with high EI can create a positive and respectful classroom environment, reducing disruptions and improving student engagement.
- 2. Improved relationships with students:** EI helps teachers understand and empathize with their students' emotions, leading to stronger, more supportive relationships.
- 3. Enhanced communication skills:** Teachers with high EI can communicate more effectively with students, colleagues, and parents, reducing misunderstandings and conflicts.
- 4. Increased empathy and compassion:** EI enables teachers to recognize and respond to students' emotional needs, providing a safe and supportive learning environment.

### Benefits for Students

- 1. Improved academic performance:** When teachers demonstrate emotional intelligence, students are more likely to feel motivated, engaged, and supported, leading to better academic outcomes.
- 2. Developing emotional intelligence:** Teachers can model and teach emotional intelligence skills, such as self-awareness, self-regulation, and empathy, helping students develop these essential life skills.

**Ms. Rekha tomar**  
PRT



## Bridging the Gap between Academics and Life Skills

The primary objective of education is to equip students with knowledge and skills that enable them to succeed in life. However, often we find that students are provided with academic knowledge, but lack life skills. In this article, we will discuss how we can bridge the gap between academics and life skills.

**The Importance of Life Skills** Life skills are essential for students to succeed in life. These skills help students face challenges in their lives and make informed decisions. Some of the important life skills include:

**Problem-Solving:** The ability to analyze problems and come up with solutions.

**Communication:** The ability to express oneself effectively and listen to others.

**Time Management:** The ability to prioritize tasks and manage time effectively.

**Leadership:** The ability to lead and motivate others.

**Methods to Bridge the Gap :** To bridge the gap between academics and life skills, we need to adopt methods that provide students with

opportunities to practice life skills. Some of the methods include:

**Project-Based Learning:** A method that provides students with real-life problems to solve.

**Life Skills Education:** A program that provides students with essential life skills.

**Industry-Education Partnership:** A partnership that provides students with opportunities to learn from professionals working in industries.

**Conclusion** To bridge the gap between academics and life skills, we need to adopt methods that provide students with opportunities to practice life skills. By providing students with these skills, we can help them succeed in life.

**Ms. Neetu Singh**  
PRT





# The Importance of Emotional Education in Teaching

Emotional education is an essential aspect of teaching that focuses on helping students develop emotional intelligence, self-awareness, and social skills. This approach to education recognizes that emotions play a critical role in learning, relationships, and overall well-being.

## Why Emotional Education Matters

1. **Improved Academic Performance:** Emotional education helps students develop better focus, motivation, and self-regulation, leading to improved academic performance.
2. **Enhanced Social Skills:** Emotional education teaches students essential social skills, such as empathy, communication, and conflict resolution, which are crucial for building strong relationships.
3. **Better Mental Health:** Emotional education helps students develop coping strategies, manage stress, and build resilience, leading to improved mental health and well-being.
4. **Increased Empathy and Compassion:** Emotional education fosters empathy and compassion in students, helping them develop a more positive and supportive attitude towards themselves and others.

## Key Components of Emotional Education

1. **Self-Awareness:** Teaching students to recognize, understand, and manage their emotions.
2. **Emotional Regulation:** Helping students develop strategies to manage stress, anxiety, and other emotions.
3. **Empathy and Compassion:** Encouraging students to understand and appreciate the feelings and perspectives of others.
4. **Social Skills:** Teaching students essential social skills, such as communication, conflict resolution, and teamwork.

## Strategies for Implementing Emotional Education

1. **Integrate Emotional Education into the Curriculum:** Incorporate emotional education into existing subjects, such as English, math, and science.
2. **Use Real-Life Scenarios:** Use real-life scenarios to teach students about emotions, empathy, and social skills.
3. **Encourage Student Reflection:** Encourage students to reflect on their emotions, thoughts, and behaviors.
4. **Provide Opportunities for Practice:** Provide opportunities for students to practice emotional regulation, empathy, and social skills.

## Conclusion

Emotional education is a vital aspect of teaching that can have a profound impact on students' academic performance, social skills, and mental health. By incorporating emotional education into the curriculum and using effective strategies, teachers can help students develop essential life skills that will benefit them throughout their lives.

**Ms. Rinki Bhadoria**  
**PRT**





# The Role of the Heart in Holistic Education

As educators, we often focus on nurturing our students' minds, but what about their hearts? Holistic education emphasizes the importance of integrating intellectual, emotional, physical, and spiritual growth. In this context, the heart plays a vital role in fostering a well-rounded and compassionate individual.

## The Heart: A Seat of Emotions and Empathy

The heart is often associated with emotions, intuition, and empathy. When we connect with our heart, we become more aware of our feelings and the feelings of others. This empathetic understanding is essential in building strong relationships, resolving conflicts, and creating a harmonious community.

## Cultivating Heart-Centered Values

Holistic education encourages us to cultivate heart-centered values such as compassion, kindness, and gratitude. When we teach our students to appreciate the beauty of nature, to respect diverse cultures, and to practice mindfulness, we are nurturing their hearts.

## The Role of Teachers

As teachers, we have a significant impact on shaping our students' hearts. We can create a safe, supportive, and inclusive environment that encourages emotional expression, active listening, and open communication. By modeling heart-centered values ourselves, we inspire our students to do the same.

## Practical Ways to Integrate Heart-Centered Learning

Here are some practical ways to integrate heart-centered learning into your teaching practice:

1. Mindfulness and meditation exercises to cultivate emotional awareness and inner peace.
2. Storytelling and role-playing activities to develop empathy and understanding.
3. Community service projects to foster compassion and social responsibility.
4. Reflective journaling and gratitude practices to encourage self-awareness and appreciation.

## Conclusion

In conclusion, the heart plays a vital role in holistic education. By acknowledging the importance of emotional intelligence, empathy, and heart-centered values, we can create a more compassionate and harmonious learning environment. As educators, let us strive to nurture not only our students' minds but also their hearts.

**Ms. Suman Shekhawat**  
**PRT**





# The Role of Heart in Holistic Education

As educators, we often focus on developing the minds of our students, neglecting the vital role that the heart plays in the learning process. Holistic education, which encompasses the development of the whole child intellectually, emotionally, physically, and spiritually recognizes the heart as a crucial component. In this article, we will explore the significance of the heart in holistic education and its impact on the overall development of students.

## What is Holistic Education?

Holistic education is an approach to learning that considers the interconnectedness of the individual's physical, emotional, intellectual, and spiritual dimensions. It seeks to nurture the whole child, fostering a sense of balance, harmony, and well-being. By integrating the heart into the educational process, holistic education aims to cultivate compassionate, empathetic, and self-aware individuals.

## The Heart's Role in Learning

The heart plays a vital role in the learning process, influencing how we perceive, process, and retain information. When we engage our hearts in learning, we:

- 1. Develop emotional intelligence:** By acknowledging and exploring our emotions, we become more aware of ourselves and others, leading to improved relationships and social skills.
- 2. Foster empathy and compassion:** When we connect with others on an emotional level, we develop a deeper understanding of their experiences, perspectives, and challenges.
- 3. Enhance creativity and imagination:** The heart is closely tied to our creative potential, and when we nurture it, we tap into our innovative and artistic capacities.
- 4. Improve memory and retention:** Emotional connections strengthen our memory, helping us to recall information more effectively and retain it over time.

## Integrating the Heart into Education

To incorporate the heart into holistic education, educators can employ various strategies, including:

- 1. Mindfulness and meditation:** Regular mindfulness practices help students develop self-awareness, calmness, and focus.
- 2. Emotional intelligence training:** Teach students to recognize, understand, and manage their emotions, as well as empathize with others.
- 3. Storytelling and narrative:** Use stories to connect students emotionally with the material, fostering empathy and deeper understanding.
- 4. Arts and creative expression:** Encourage students to express themselves through art, music, or writing, nurturing their creative and emotional growth.
- 5. Service-learning and community engagement:** Engage students in activities that promote empathy, compassion, and social responsibility, such as volunteering or environmental projects.

## Conclusion

The heart plays a vital role in holistic education, influencing how we learn, grow, and develop as individuals. By integrating the heart into the educational process, we can foster compassionate, creative, and emotionally intelligent individuals. As educators, it is essential that we prioritize the heart, alongside the mind, to provide a truly holistic education that prepares students for success in all aspects of life.

**Ms. Uma Singh Rana**  
**PRT**





## Preparing students for an unknown future

One of the challenges of education today is indeed preparing students for jobs that do not yet exist. The pace of technological change and the rapidly evolving global economy have led to an increasing need for students to be equipped with the skills and knowledge necessary to succeed in an unpredictable and rapidly changing world. One way schools address this challenge is by emphasizing skills such as problem-solving, critical thinking, creativity, and collaboration. These skills are considered "future-proof" because they will be valuable in any field and can be applied to many jobs. However, as we continue to navigate an era of innovation, the importance of social-emotional learning and people's skills has been significantly evident.

While the digital age has brought unprecedented opportunities for connectivity, it has also amplified the need for possessing soft skills. People with soft skills demonstrate not only effective communication, teamwork, adaptability, problem-solving, and conflict resolution but also empathy, kindness, compassion, integrity, and other values. SEL also contributes to fostering positive mental health outcomes. Imagine a world where AI is taking over jobs; individuals with these skills cannot be replicated by machines. Student perceptions of their learning styles become even more important when Social and Emotional Learning, which has at its core the development of self-awareness, empathy, and effective communication skills, is taken into consideration.

We had the privilege of sitting down with a diverse group of students to discuss their perspectives on what helps them learn better at school, considering the emphasis on skills and values. The outcomes were both enlightening and inspiring. Students are at the forefront of knowing what improves their educational experience when it comes to effective learning. The importance of having a support system in place was a recurring subject throughout our chats. One student remarked, "There is always someone who can help you understand the content." This emphasizes how crucial it is to have accessible mentors, classmates, and teachers who can offer explanations and direction when learning becomes challenging. This is a feeling rather than something that can be learned. Because they recognize that in order for kids to appreciate studying, they must first feel comfortable and form strong relationships with everyone around them, these teachers not only bring excitement but also establish a great learning atmosphere.

Students also emphasized the value of learning beyond the confines of traditional classrooms. "We learn new things from the wider community," a student shared. Bridging the gap between textbooks and real-life applications reminds us of the importance of hands-on learning and connecting students with the world outside the school. One student points out that learning becomes more captivating when the subject matter is relevant and relatable. Helping students be socially aware and engaging with real-world scenarios, inviting guest speakers, and involving them in community projects can broaden their horizons and demonstrate their learning relevance.

The concept of connection emerged in relation to the broader community and the learning experiences themselves. Several students highlighted the significance of events, exhibitions, and project-based learning as powerful tools for reinforcing their understanding and taking responsibility for their own learning. A cherished surprise element was that students looked forward to challenges. "It helps me learn new ways of doing things and thinking differently." They are self-aware of their potential and capabilities. To them, failure is just a word, not an end. However, when we dig deeper, we realize that such motivation is instilled in them by the teachers and those around them.

**Mr. Bhaskar  
PRT**





## **TOPIC: BRIDGING THE GAP BETWEEN ACADEMICS AND LIFE SKILLS**

Education, the bedrock of human progress, must evolve to address not only intellectual growth but also the cultivation of essential life skills.

While Classrooms brim with lessons in algebra, history and science, the symphony of life requires more than academic mastery. It calls for adaptability, emotional intelligence, decision making & resilience - skills that often remain on the periphery of traditional education.

Today's education system faces a dichotomy. Students excel in theoretical knowledge but falter when confronting practical challenges. This disparity underlines the urgent need to weave life skills seamlessly into the fabric of academia.

The Solution lies in reimagining education as a holistic experience. Integrating life skills into the curriculum is a starting point. For instance, a math lesson on interest rates can segue into personal budgeting, while literature discussions can delve into empathy & ethical decision making.

Similarly, project based learning fosters collaboration, critical thinking and innovation - qualities indispensable in any professional or personal setting.

Beyond academics, extracurricular activities act as powerful crucibles for skill development.

Teachers as mentors and role models are central to this transformation. By embodying and demonstrating these life skills, they inspire students to emulate and internalize them. Parents, too, play a pivotal role in reinforcing these lessons beyond the classroom.

By merging knowledge with practicality, we can empower students to excel not only in exams but also in the art of living, making them architects of a better tomorrow.

**Mr. Devendra Sikarwar**  
**PRT**





## Why Emotional Intelligence Matters

**Improved Communication:** A high level of emotional intelligence enhances communication skills. Students who can empathize with others and understand different perspectives are more likely to resolve conflicts peacefully and collaborate effectively.

**Enhanced Problem-Solving:** Emotional intelligence equips students with the ability to think critically and make decisions based on a balanced consideration of both emotions and facts. This is invaluable in solving complex problems. Adolescence can be a challenging time, filled with academic pressures and personal dilemmas. Emotional intelligence helps students manage stress and maintain emotional well-being, contributing to better mental health. Developing empathy fosters kindness and compassion. It encourages students to support one another and contribute positively to their school community.

**Himanshi Tomar**  
**PRT**





# Why Emotional Intelligence Matters

Preparing students for an unknown future requires a flexible and adaptive approach to education. Here are some strategies to consider.

## Developing Transferable Skills

1. Critical thinking and problem-solving: Encourage students to think critically and approach problems from multiple angles.
2. Creativity and innovation: Foster creativity and innovation by providing opportunities for students to express themselves and take calculated risks.
3. Communication and collaboration: Develop strong communication and collaboration skills to enable students to work effectively with others.
4. Emotional intelligence and adaptability: Teach students to be aware of their emotions, empathize with others, and adapt to changing situations.

## Fostering a Growth Mindset

1. Embracing challenges: Encourage students to view challenges as opportunities for growth and learning.
2. "Learning from failure: Teach students that failure is an essential part of the learning process and that they can learn from their mistakes.
3. Developing resilience: Help students develop resilience by teaching them to cope with setbacks and maintain a positive attitude.

## Encouraging Lifelong Learning

1. Developing a love for learning: Foster a love for learning in students, encouraging them to explore new subjects and interests.
2. Providing opportunities for exploration: Offer students opportunities to explore different fields and interests, helping them discover their passions.
3. Teaching students to navigate information: Teach students to effectively navigate and evaluate information, preparing them for a world where information is constantly changing.

## Preparing Students for Emerging Technologies

1. Integrating technology into the curriculum: Incorporate emerging technologies, such as AI and blockchain, into the curriculum to prepare students for the future job market.
  2. Developing data literacy: Teach students to collect, analyze, and interpret data, preparing them for a world where data-driven decision-making is increasingly important.
  3. Encouraging digital citizenship: Educate students on digital citizenship, teaching them to responsibly navigate the online world and protect their digital footprint.
- By implementing these strategies, educators can help prepare students for an unknown future, empowering them to succeed in a rapidly changing world.

**Kanti Sikarwar**  
PRT





## **The Importance of Emotional Intelligence in Educational Leadership**

Emotional intelligence has become a buzz word in making successful leaders especially in corporate sector. If we think about teachers they are real leaders because they make students leaders of future. So if our teachers have emotional intelligence and they make their students emotionally intelligent, the scene of society will be different. Emotional intelligence is defined as the ability to understand and manage your own emotions, as well as recognize and influence the emotions of those around you. Although the term first appeared in 1964, it gained popularity in the 1995 best-selling book *Emotional Intelligence*, written by science journalist Daniel Goleman. According to Goleman, "The concept of emotional intelligence (EI) helps individuals to guide their thinking and actions. He defined emotional intelligence as the ability of individuals to recognize their feelings and those of others for motivation and management of emotions for themselves and their relationship with others."

Through this paper the author has tried to throw some light upon importance of (EI) emotional intelligence for teachers and students because our teachers are real leaders because they make future leaders so it is very essential for them to develop emotional intelligence within and make students emotionally intelligent. NEP-2020 is also promoting it in search of citizens of global mindset that can't be possible without having emotional intelligence.

First let's have a look over some definitions of emotions to understand it.

1. Emotions are the prime movers of thought and conduct. - Bhatia
2. Emotion is a move of stirred up state of the individual. -Woodworth
3. Emotional states are those modes of consciousness in which the feeling element is predominant. J.S rose
4. Emotion is the aroused psychological and physiological state of the organism, marked by increased bodily activity and strong feelings directed to some definite object. -Kimball Young
5. The term emotion denotes a state of being moved, stirred up or aroused in some way. -Arthur T.Jersild

**Laxmi Namdev  
PRT**





## IMPORTANCE OF READING CULTURE IN SCHOOL

A reading culture in schools is important because it can:

### **Develop academic skills**

Reading helps students improve their vocabulary, concentration, and language skills. It also prepares them for academic success across the curriculum.

### **Create a positive community**

Reading culture can help students form a positive community where they can share experiences and make friends.

### **Promote wellbeing**

A reading culture can boost student wellbeing and community connectedness.

### **Improve life chances**

Reading fluency is a strong indicator for achievement in further education, higher education, and future employment.

Reduce the impact of early life disadvantage

Reading can help lessen or even eradicate the impact of early life disadvantage.

**Vivechna Raizada**  
PRT



## बच्चों में आत्मविश्वास कैसे बढ़ाये

बचपन ऐसा समय है जो जीवन से एक बार जाता है तो फिर लौटकर नहीं आता. बचपन में ही बच्चों की प्रतिभा निखरती है और वे अपने स्कूल, घर या दोस्तों और रिश्तेदारों के बीच अपने हुनर और अनूठेपन के लिए जाने जाने लगते हैं जहां एक तरफ आत्मविश्वास बच्चे हर प्रतियोगिता में भाग लेते हैं और भीड़ से अलग पहचान बना लेते हैं तो वहीं बहुत से बच्चों में आत्मविश्वास की कमी होती है जिससे वे हाथ आए मौके भी अपनी झिझक के चलते छोड़ देते हैं. यह माता-पिता के लिए एक बड़ी दुविधा है कि किस तरह वे बच्चे को प्रोत्साहित करें और कैसे उसका आत्मविश्वास बढ़ाएं.

रिस्क बच्चे को लेने दें

जब बच्चा कोई फैसला लेने ही वाला होता है तो यह सोचकर पीछे हट जाता है कि कहीं उससे कुछ गलती हो गई तो क्या होगा. लेकिन, यह जरूरी है कि बच्चा खुदपर विश्वास (त्मसपमअम) करके आगे बढ़े. उसे समझाएं कि आगे बढ़ने की कोशिश किए बिना बैठ जाने से बेहतर है कि वह गलती करे और फिर उस गलती को सुधारे.

हार और जीत की प्रशंसा

बच्चा अगर कोई कंपीटीशन हार भी जाता है तो उसे इसके लिए बुरा महसूस ना कराएं या डांटे-डंपटे ना. हार और जीत तो लगी रहती है लेकिन अगर माता-पिता (Parents) हार को कुछ बहुत बुरा कहकर बच्चे को बताते हैं तो वह डरने और घबराने लगता है. जायज सी बात है बच्चा माता-पिता को निराश नहीं करना चाहेगा और इसीलिए अगर वह खुद को सक्षम नहीं समझेगा तो अपना आत्मविश्वास खोने लगेगा.

बच्चों की तुलना ना करे

बच्चों की आपस में तुलना करना एक बहुत बड़ी गलती है जो कई माता-पिता करते हैं. यह तुलना मजाक में की जा सकती है, बहुत छोटी बातों पर की जा सकती है और कभी-कभार की भी हो सकती है, लेकिन इस तुलना का बच्चे के नाजुक मन पर बुरा असर पड़ता है. वह प्रतिभाशाली होते हुए भी खुद को कमतर समझने लगता है और अपना कॉन्फिडेंस खो देता है. प्रोत्साहित करते रहें

माता-पिता से मिलने वाला प्रोत्साहन बच्चे को आत्मविश्वास से भर देता है. अगर बच्चा बाकी लोगों के सामने आत्मविश्वास खोने लगता है और किसी प्रतियोगिता में जाने से या स्टेज परफॉर्मेंस से डरने लगता है तो आप उसका प्रोत्साहन करना ना छोड़ें. उसे बताएं कि वह कितना अच्छा प्रदर्शन कर रहा है.

**अभिलाषा यादव**  
PRT





# THE ROLE OF HEART IN HOLISTIC EDUCATION

The role of heart in holistic education is a vital one, as it encompasses the emotional, social, and moral development of an individual. Holistic education aims to nurture the mind, body, emotions, and spirit of a child, and the heart plays a central role in this process.

In holistic education, the heart is not just a physical organ, but a symbol of emotions, empathy, and compassion. It represents the ability to understand and connect with others, to feel and express emotions in a healthy way, and to develop strong, positive relationships.

**The heart's role in holistic education can be seen in several key areas:**

**Emotional Intelligence:** Developing emotional intelligence is crucial in holistic education. This involves teaching children to recognize, understand, and manage their emotions, as well as empathize with others.

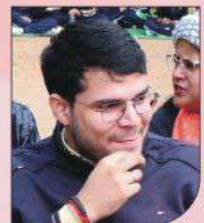
**Empathy and Compassion:** Holistic education encourages children to develop empathy and compassion towards others. This involves understanding and respecting the feelings, needs, and perspectives of others.

**Social and Moral Development:** The heart plays a vital role in social and moral development. Holistic education teaches children important social skills, such as communication, cooperation, and conflict resolution, as well as moral values like honesty, kindness, and responsibility.

**Spiritual Development:** Finally, the heart is also involved in spiritual development, which is an essential aspect of holistic education. This involves helping children develop a sense of purpose, meaning, and connection to something larger than themselves.

In conclusion, the heart plays a vital role in holistic education, encompassing emotional, social, and moral development. By nurturing the heart, holistic education aims to develop well-rounded, compassionate, and empathetic individuals who are equipped to succeed in all aspects of life.

**Mr. Deependra Gurjar**  
TGT





## Importance of emotional intelligence in teaching

Emotional intelligence (EI) is the ability to understand, manage, and effectively express one's emotions while also being sensitive to the emotions of others. In teaching, emotional intelligence is a cornerstone of creating an effective and supportive learning environment.

Teachers with high emotional intelligence foster strong relationships with students, enabling better communication and trust. By understanding their own emotions, teachers can manage stress, maintain patience, and respond constructively in challenging situations. This self-regulation prevents impulsive reactions and helps maintain a positive classroom atmosphere. For instance, a teacher with strong EI can address a student's disruptive behavior calmly, focusing on resolution rather than conflict.

Equally important is the ability to empathize with students. Emotional intelligence allows teachers to recognize when students are struggling, whether academically or emotionally. By addressing these struggles with compassion and support, teachers can help students feel valued and understood, which enhances their engagement and motivation. A teacher who listens actively and validates a student's feelings can significantly boost the student's confidence and sense of belonging.

Moreover, emotional intelligence equips teachers to navigate diverse classroom dynamics. It helps in understanding cultural and social differences, fostering an inclusive environment where every student feels respected and included. This sensitivity also helps mitigate potential conflicts and promotes harmony among students.

Finally, teachers with strong emotional intelligence serve as role models, demonstrating how to manage emotions and interact respectfully with others. This influences students to develop their own EI, equipping them with critical life skills.

In conclusion, emotional intelligence is not just an asset but a necessity for effective teaching. It enhances communication, builds trust, and creates an empathetic classroom environment, ultimately enriching the educational experience for both teachers and students. Investing in EI development should be a priority in teacher training programs to ensure holistic student growth.

**Gourav Yadav**  
**TGT**





# Artificial Intelligence: The Brain Behind the Machines

Imagine a world where cars drive themselves, robots do your homework, and apps can predict what you want to eat before you even think about it. Sounds like something out of a sci-fi movie, right? Well, welcome to the exciting world of Artificial Intelligence (AI)!

AI is not just a buzzword—it's the secret sauce powering many of the gadgets and apps you already use. Whether it's Siri answering your questions, Netflix suggesting your next binge-watch series, or a chatbot helping you shop online, AI is everywhere. But have you ever wondered how it works or what makes it so powerful? Let's dive into this fascinating topic!

**AI Around Us: Cool Things You Didn't Know**

Here are some amazing ways AI is transforming our world:

**Virtual Friends:** Apps like Siri, Alexa, and Google Assistant are powered by AI. They can talk to you, answer your questions, and even crack jokes!

**Gaming Legends:** Ever faced a super-smart opponent in a video game? That's AI learning your strategies and getting better.

**Smart Cameras:** Have you noticed how your phone camera adjusts the lighting and focuses automatically? Yup, AI is the hero here.

**Health Heroes:** AI is helping doctors detect diseases early and find the best treatments.

**Why Should YOU Care About AI?**

AI isn't just for tech geeks or scientists—it's for everyone! It's shaping the future of jobs, education, and even entertainment. By learning about AI today, you're preparing yourself for a future full of exciting opportunities.

Aspiring artist? AI can help you create stunning digital art.

Sports lover? AI analyzes player stats and helps teams win games.

Dream of being a detective? AI is used in solving crimes and protecting cyber security.

No matter what you're passionate about, AI has something for you.

**Fun Fact Corner**

Did you know?



The first AI program was written in 1951 to play chess.

AI once beat the world champion in a game of Go a strategy game harder than chess!

Self-driving cars use AI to "see" the road, avoid obstacles, and navigate safely.

Your Role in the AI Revolution

AI is cool, but it also raises questions. Will robots take over the world? (No, don't worry!) How can we use AI responsibly? These are the challenges your generation will tackle. As students, you have the power to shape AI's future. Start by exploring programming, robotics, or even simple AI tools.

Who knows you might create the next big AI invention that changes the world!

**Muskan Bhadouria**  
Computer Teacher



## The role of heart in holistic education

The heart is central to holistic education because it encompasses emotions, values, and empathy, which are key to learning and development

### Emotional intelligence

The heart is the seat of emotional intelligence (EQ), which involves recognizing and managing one's emotions, and understanding and empathizing with others. Schools can play a key role in helping students develop EQ.

### Heart-brain connection

The heart's rhythms and nervous system activity affect brain activity, which is the basis of perception and cognition. When the heart sends a disordered signal to the brain, it can inhibit higher cognitive functions, such as thinking clearly, focusing, and remembering.

### Personal relationships

Cultivating personal relationships is central to holistic education. Mentor-teachers can help students develop deep bonds and a sense of community.

### Experiential practices

Experiential practices can help students develop a calm, clear, and kind state of awareness. These practices can include being in nature, doing art, learning physical sequences, guided imagery, contemplating existential questions, or practicing meditation.

**Ms. Nidhi Bhadoria**  
TGT





# Patriotism

Love for one's country, devotion to one nation or Patriotism mean the same thing, Those people who bring glory to a nation or those who are capable of providing leadership to a are good examples of patriotism and devotion.

Once Swami Vivekanand was buying apples in a foreign Country. The Shopkeeper gave him rotten apples. A boy standing nearby noticed it. He went to Vivekanand before he left the Shop. He requested Vivekanand, " Please give me these apples and buy better ones from some other Shop". Vivekanand found the boy's behavior very strange. When he asked its reason, the boy Said, "These apples are not good. So when you go to your Country you will not have good opinion about my country. It will be shameful for us. "Vivekanand was amazed to see the boy's love for his country. He said, " I am proud of your country. I will never criticize your country. On the other hand I'll tell my Countrymen that all citizens, including the Children of this Country are com Patriots."

Yogendra Singh Jadoun  
TGT



## बदलते समय में नैतिक मूल्यों का महत्व

बदलते समय में नैतिक मूल्यों का महत्व बहुत अधिक बढ़ गया है। इस आधुनिक युग में जबकि मनुष्य स्वार्थी हो गया है। नैतिक मूल्यों को समझना और उसे बच्चे से लेकर बड़े तक के जीवन में उतारना बहुत ही आवश्यक है। नैतिक मूल्य प्रत्येक मनुष्य के लिए अपने कर्तव्यों के प्रति जिम्मेदार बनने के लिए आवश्यक सिद्धांतों का एक समूह है।

ये मूल्य किसी व्यक्ति को अच्छे और बुरे के बीच अंतर करने में मदद करते हैं। हर बच्चे या छात्र को छोटी उम्र से ही अच्छे नैतिक सिद्धांतों और एक ईमानदार नैतिक दिशा-निर्देश के साथ प्रेरित किया जाना चाहिए।

कुछ महत्वपूर्ण नैतिक मूल्य निम्न हैं जिन्हें हर व्यक्ति को अपने जीवन में उतारना चाहिए।

ईमानदारी, सहानुभूति, सम्मान,

कृतज्ञता, विनम्रता, दयालुता आदि सभी सिद्धांतों को हर मनुष्य को अपने जीवन में उतारना चाहिए। नैतिक मूल्यों पर कुछ पंक्तियाँ--

लोग एक दूसरे को गिराने में लगे हुए हैं जीवन की इस डार में।

जरूरी है इस समाज में सिखायें नैतिक शिक्षा जिंदगी के कोर्स में।

शशी प्रभा कुशवाह  
TGT





# Preparing students for the unknown future

## Preparing Students for the Unknown Future

The world is changing at an unprecedented rate, and the future is increasingly uncertain. As educators, it's our responsibility to prepare students for this unknown future. But how can we do this when we're not even sure what the future holds?

## The Importance of Future-Proofing Education

The concept of future-proofing education is not new, but it's more relevant now than ever. With the rise of automation, artificial intelligence, and other emerging technologies, many jobs that exist today may not exist tomorrow. This means that students need to be equipped with skills that will remain relevant in a rapidly changing world.

## Key Skills for the Unknown Future

So, what are the key skills that students need to succeed in the unknown future? Here are a few:

1. **Critical Thinking and Problem-Solving:** The ability to think critically and approach problems in a logical and methodical way will be essential in the future.
2. **Creativity and Innovation:** As automation replaces routine tasks, creativity and innovation will become increasingly valuable.
3. **Communication and Collaboration:** The ability to communicate effectively and work collaboratively with others will be crucial in a future where teamwork and partnerships are increasingly important.
4. **Adaptability and Resilience:** The future will be characterized by rapid change and uncertainty, so students need to be able to adapt quickly and bounce back from setbacks.
5. **Emotional Intelligence and Empathy:** As technology advances, human skills like emotional intelligence and empathy will become more valuable.

## How to Prepare Students for the Unknown Future

So, how can educators prepare students for the unknown future? Here are a few strategies:

1. **Focus on Skills Rather Than Knowledge:** Instead of focusing on transmitting knowledge, focus on developing skills that will remain relevant in the future.
2. **Encourage Experimentation and Risk-Taking:** Encourage students to try new things, take risks, and view failure as an opportunity for growth.
3. **Foster a Growth Mindset:** Encourage students to view challenges as opportunities for growth and development, rather than threats to their ego.
4. **Provide Opportunities for Real-World Learning:** Provide opportunities for students to apply what they've learned in real-world contexts, such as through project-based learning or internships.
5. **Stay Up-to-Date with Emerging Trends and Technologies:** Stay current with the latest trends and technologies, and be willing to adapt your teaching practices accordingly.

## Conclusion

Preparing students for the unknown future is a daunting task, but it's also an exciting opportunity. By focusing on skills rather than knowledge, encouraging experimentation and risk-taking, fostering a growth mindset, providing opportunities for real-world learning, and staying up-to-date with emerging trends and technologies, educators can help students develop the skills and competencies they need to succeed in a rapidly changing world.

**Mr. Anup Singh Jadon**  
TGT





## बदलते समय में नैतिक मूल्यों का महत्व

नैतिक मूल्य किसी व्यक्ति के चरित्र के मुख्य घटक हैं। वे व्यक्तित्व लक्षण हैं जो लोगों को सामूहिक और व्यक्तिगत अनुभवों के आधार पर सही और गलत के बारे में अपनी समझ के अनुसार निर्णय लेने और निर्णय लेने के लिए मार्गदर्शन करते हैं।

1. बचपन से ही मूल्यों के बारे में जागरूक होने से बच्चे के चरित्र का विकास होता है और उसके अस्तित्व का मूल आधार बनता है। एक मजबूत चरित्र विकास उन गुणों और मूल्यों के कारण होता है।
  2. नैतिक मूल्य शुरुआत से ही सही और गलत के बीच अंतर करने में एक मार्गदर्शक के रूप में काम करते हैं। जबकि हम लगभग हर दिन देखते हैं कि छात्र कभी-कभी परीक्षा में बदमाशी या नकल जैसे अवांछनीय व्यवहार में योगदान दे सकते हैं, वे आमतौर पर सही और गलत की अवधारणा को नहीं समझते हैं।
  3. जब बच्चे कुछ अच्छा करते हैं, तो वे अपने बारे में अच्छा महसूस करते हैं, जो उन्हें और अधिक प्रेरित करता है, साथ ही उन्हें पर्याप्त आत्मविश्वास भी प्रदान करता है।
  4. दृष्टिकोण, विश्वास को आकार देता है और उनके वयस्क व्यवहार को निर्धारित करता है।
  5. कठिन परिस्थितियों में सहायता प्रदान करता है।
- नैतिक मूल्य बच्चों को परिप्रेक्ष्य देते हैं, उन्हें मजबूत बनाते हैं, तथा उनमें दृढ़ विश्वास पैदा करते हैं, जिससे वे जीवन में चुनौतियों का सामना करते समय कड़ी मेहनत और साहस रखते हैं।

निशा पाल  
TGT



## The Power of Reading: A Gateway to Knowledge

### The Benefits of Reading

**Cognitive Enhancement:** Reading stimulates the brain, improving vocabulary, comprehension, and analytical abilities.

**Academic Success:** A strong reading foundation is essential for academic achievement in various subjects.

**Emotional Intelligence:** Through books, we can explore diverse perspectives and develop empathy.

**Stress Relief:** Reading provides a much-needed escape from daily pressures.

**Lifelong Learning:** A love for reading fosters a lifelong pursuit of knowledge.

### Creating a Reading Culture

To foster a vibrant reading culture, we can:

**Prioritize Reading Time:** Dedicate specific time for reading daily.

**Diverse Book Selections:** Offer a wide range of books to cater to different interests.

**Reading Incentives:** Organize reading challenges, book clubs, and reward programs.

**Lead by Example:** Encourage teachers and parents to share their love of reading.

**Family Reading Time:** Make reading a family activity.

By nurturing a love for reading, we can empower future generations to become informed, empathetic, and successful individuals. Let's inspire a nation of readers!

Shrashti Sengar  
TGT





## Life Skills

*"You cannot always control the wind, but you can control your sails"*

Skills are all we need to survive this ever-changing world. Skills to gain, perform and outshine. Now the question is where to go and acquire these skills. The destination to this quest is unknown to many of us and when it comes to the word "**life skills**", everything seems to be tangles and complicated. This article is an attempt to simplify quite a few things.

What are Life Skills? Life skills are abilities for adaptive and positive behavior that enable individuals to deal effectively with the demands and challenges of everyday life. Keeping all these things in mind we have incorporated Life Skills in our school curriculum. Only gaining knowledge is not important, children who are the future citizens of our country will face many challenges in their life. Life skills education helps them to face all these challenges boldly and bravely.

In everyday life, the development of life skills helps students to:

Find new ways of thinking and problem solving.

Recognize the impact of their actions and teaches them to take responsibility for what they do rather than blame others.

Build confidence both in spoken skills and for group collaboration and cooperation.

Develop a greater sense of self-awareness and appreciation for others.

In the Life Skills class children were taught good habits for work. Know yourself, Money management, Online class Rules, Power of positivity, Gratitude Jar, Table manners, Time management, Positivity poster and setting a personal routine.

Life skills Education also strengthened bonds between teachers and students. Schools carve the future of a nation therefore the integration of life skills in school curriculum helps children develop a positive attitude and become a happy person in any phase of life.

Today's dynamic world brings new challenges and stress every day so the integration of life skills using the school curriculum can enable students to deal with these challenges effective.

**NEHA SHARMA**  
**TGT(SCIENCE)**





आत्मविश्वास बच्चों के व्यक्तित्व विकास में एक महत्वपूर्ण भूमिका निभाता है। एक आत्मविश्वासी बच्चा जीवन की चुनौतियों का सामना करने में सक्षम होता है। यहां कुछ तरीके दिए गए हैं जो बच्चों में आत्मविश्वास बढ़ाने में मदद कर सकते हैं।

**1. प्रशंसा और सकारात्मक प्रतिक्रिया दें :** जब बच्चा कोई अच्छा काम करे या प्रयास करे, उसकी प्रशंसा करें। यह उन्हें यह महसूस कराएगा कि उनके प्रयासों की सराहना हो रही है।

**2. असफलता को सीखने का माध्यम बनाएं :** बच्चों को यह सिखाएं कि असफलता भी जीवन का एक हिस्सा है। असफलता से सीखाकर आगे बढ़ना आत्मविश्वास बढ़ाने में मदद करता है।

**3. उनकी राय को महत्व दें :** बच्चों की राय को महत्व दें और उन्हें निर्णय लेने का अवसर दें। यह उन्हें आत्मनिर्भर और आत्मविश्वासी बनाता है।

**4. उनकी रुचियों को प्रोत्साहित करें :** बच्चों की रुचियों को समझें और उन्हें अपने पसंदीदा कार्यों में भाग लेने के लिए प्रोत्साहित करें। इससे उन्हें अपनी क्षमताओं पर विश्वास बढ़ेगा।

**5. स्वस्थ दिनचर्या बनाएं :** नियमित दिनचर्या, खेलकूद और शारीरिक गतिविधियों से बच्चों का मानसिक और शारीरिक स्वास्थ्य बेहतर होता है, जो आत्मविश्वास को बढ़ाता है।

**6. सकारात्मक माहौल बनाएं :** घर का वातावरण हमेशा सकारात्मक रखें। बच्चों के सामने झगड़े या तनावपूर्ण बातें करने से बचें। सकारात्मक माहौल बच्चों को मानसिक शांति और आत्मविश्वास प्रदान करता है।

**7. छोटी-छोटी जिम्मेदारियां दें :** बच्चों को छोटी-छोटी जिम्मेदारियां दें, जैसे घर के कामों में मदद करना। यह उन्हें खुद पर विश्वास करना सिखाता है।

**8. सफलता का अनुभव कराएं :** ऐसे कार्य दें जिन्हें वे पूरा कर सकें। सफलता का अनुभव बच्चों में आत्मविश्वास भरता है।

**9. उदाहरण प्रस्तुत करें :** बच्चों के लिए खुद एक आदर्श बनें। यदि आप आत्मविश्वासी रहेंगे, तो बच्चे आपसे प्रेरणा लेंगे।

**10. प्रेरणादायक कहानियां सुनाएं :** ऐसी कहानियां सुनाएं जो बच्चों को प्रेरित करें और आत्मविश्वास बढ़ाने में मदद करें।

**निष्कर्ष :** बच्चों में आत्मविश्वास बढ़ाने के लिए जरूरी है कि उन्हें प्यार और समर्थन दिया जाए। उनकी गलतियों को सुधारने का मौका दें और उनकी उपलब्धियों का जश्न मनाएं। एक आत्मविश्वासी बच्चा ही भविष्य में एक सशक्त व्यक्ति बन सकता है।

Shashi Sharma  
Art & craft





# The Importance of sports

1. Sport pertains to any form of competitive physical activity or game that aims to use, maintain or improve our physical ability.
2. Everyone loves to play games.
3. It plays an important part in improving physical and mental health.
4. A good sport helps in building confidence and leadership skills.
5. There are two types of gaming activities indoor and outdoor.
6. Some sports demand high physical ability, like soccer, while some require mental agility, like chess.
7. A sport that evokes healthy competition is good for a child's overall growth.
8. Picking a sport helps a child understand what they like and dislike.
9. Games are a must for kids for their overall development.
10. Often, people who play sports end up being motivated to push ahead.

**Shiv Pratap Singh**  
(Sports Teacher)



## The Power of Sports: More Than Just a Game

Sports have always been more than just physical activity; they are a way of life. From ancient times to the modern era, sports have united people, broken barriers, and taught invaluable life lessons.

### Building Character and Discipline

Engaging in sports teaches qualities like teamwork, leadership, and perseverance. Athletes learn to face challenges, celebrate victories, and accept defeats gracefully. These traits go beyond the field and shape individuals into better versions of themselves.

### Health and Fitness

In today's sedentary lifestyle, sports play a vital role in maintaining physical and mental health. Regular participation in sports enhances cardiovascular fitness, boosts immunity, and reduces stress. Moreover, it instills the habit of staying active, a necessity in the digital age.

### Inspiration for the Youth

Young minds find role models in athletes who inspire them to dream big and work hard. From the cricket grounds of India to the basketball courts of America, sports encourage the youth to push their limits and achieve greatness.

### Conclusion

Sports are not just about competition; they are about passion, health, and connection. Whether you are a player or a spectator, sports have the power to bring joy and positivity into your life.

Sports do not build character. They reveal it." – Heywood Broun.

**RAHUL BHADORIA**  
(Sports Teacher)





## **WHAT IS DANCE**

Dance is a form of creative expression that involves moving the body in rhythm to musical accompaniment. Dancers might communicate emotion through dance or use Dance to enjoy the experience of being in a physical body. However, not all forms of movement are Dance in order to meet the Dance definition, a movement expressiveness rather than just functionality.

Dance plays an important role in cultures throughout the world. Dance movements connect to traditional cultural dance styles, for example, classical dance in India employs over 4000 gestures known as Mudras to communicate ideas to the audience through movement.

## **WHY DANCE IS IMPORTANT**

When your child says, I love Dance embrace passion and get ready to enjoy the extraordinary Journey, dancers hearts leap with joy, every time step into their Dance studio. The magic of Dance captivating, their spirit dance is more than just movement. Dance is more than a sequence of steps. Dance is there language, we are words fail allowing the expression of a dancer, deepest emotion Dance discovers the truest voice through Dance, a dancers discovers the power to communicate without limits to embrace their individuality and to tell stories, the words cannot convey throw Dance imagination is ignited building, confidence, and fueling creativity.

## **THE JOY IN THE JOURNEY**

Not every dancers will turn their love of the art form into a career, but every dancers will take with them. The lessons learned from their dance training choreography and performance opportunities to improve the quality of their life.

**Ms. Mona Verma**  
Dance Teacher



## **Life of a Science Students**

A science student Leads a life of care and worries. He cannot enjoy sound sleep because 'sound' in physics is always sounding in his ears. The force of attraction always attacks him towards the book while the force of repulsion' always repels him from reading them. The "physical balance" in physics always imbalances his mind. When he opens 'chemical equilibrium' the equilibrium of his mind is disturbed. Similarly when he opens the chapter on electricity', the current of fear flows through him. A science student has to study a number of catalysts in different chemical reaction but he does not find a catalyst to increase the rate of his studies and to decrease the rate of his worries. The most difficult job is to complete his practical notebooks so he chooses back benches for sitting in the class to complete his notes. In examination hall when he forgets any step in his calculation, his brain becomes tense due to heat of friction and everything gets evaporated and so poor fellow contracts into a sorry figure.

**Sonam Rathore**  
Computer Lab Incharge





## Melodies That Move the Soul

Music is important in our lives because it has the power to deeply affect our emotions, stimulate our brains, connect us socially, provide motivation, and even improve our wellbeing by reducing stress, enhancing mood, and aiding memory; essentially acting as a universal language that can evoke a wide range of feelings across cultures and individuals.

Key reasons why music matters:

➤ **Emotional Expression**

Music can instantly evoke feelings like happiness, sadness, excitement, nostalgia, and calm, allowing us to express and process emotions effectively.

➤ **Cognitive Benefits**

Listening to or playing music can stimulate brain activity, improving memory, focus, and cognitive function, especially in older adults.

➤ **Social Bonding** Shared musical experiences create a sense of community and connection with others, fostering social interaction and belonging.

➤ **Motivation and Energy** Upbeat music can boost energy levels and motivation, helping us stay focused during activities or exercise.

➤ **Stress Reduction**

Listening to calming music can help reduce stress, anxiety, and blood pressure, promoting relaxation and improved mental health.

➤ **Therapeutic Potential** Music therapy is used to address various health issues including pain management, depression, and communication difficulties.

**Mr. Gourav Shankhwar**  
**TGT Music Teacher**





## The Beauty and Importance of Mathematics

The Beauty and Importance of Mathematics Mathematics is often regarded as a complex and abstract subject, but it is also a beautiful and essential part of our daily lives. From the intricate patterns on a butterfly's wings to the vastness of the universe, mathematics is the language that describes the world around us.

The History of Mathematics Mathematics has a rich and fascinating history that spans thousands of years. From ancient civilizations such as the Egyptians, Greeks, and Babylonians, to modern-day mathematicians, the development of mathematics has been a gradual and ongoing process. The contributions of famous mathematicians such as Euclid, Archimedes, and Isaac Newton have shaped our understanding of the world and the universe. The Importance of Mathematics Mathematics is essential for many aspects of modern life, including:

1. Science and Technology: Mathematics is the language of science and technology. It is used to describe the laws of physics, model complex systems, and develop new technologies.
2. Finance and Economics: Mathematics is used in finance and economics to understand and manage risk, make informed investment decisions, and model economic systems.
3. Medicine and Healthcare: Mathematics is used in medicine and healthcare to understand the spread of diseases, develop new treatments, and model the behavior of complex biological systems.
4. Environmental Conservation: Mathematics is used in environmental conservation to understand and mitigate the impact of human activities on the environment.

The Beauty of Mathematics Mathematics is not just a practical tool, but also a beautiful and elegant subject. The intricate patterns and shapes that appear in mathematics have inspired artists, architects, and designers for centuries. The Fibonacci sequence, the golden ratio, and fractals are just a few examples of the beauty and complexity of mathematics.

Conclusion Mathematics is a fascinating and essential subject that has many practical applications and a deep beauty. Whether you are a scientist, engineer, artist, or simply someone who appreciates the beauty of the world around you, mathematics has something to offer. So next time you see a mathematical equation or formula, remember that it is not just a collection of numbers and symbols, but a key to understanding the world and the universe.

Krishankant Singh Jadaun  
PGT





## How to improve your memory power

The human brain is very powerful. The average adult human brain only weighs about 1.4 kg, but it can hold much more information than most computers. However, there is another difference between human brains and computers. Computers don't forget information. They are given, but human brains often do. No one remembers everything and luckily we don't usually have to. But some people have a better memory than other people or at least, some people can remember something better than some other people can. For example, Mozart, a famous musician in Europe, once listened to a piece of music for the first time and then he immediately sat down at the piano and played it perfectly from memory.

Everyone can improve their memory if they want to. Here are some tips. All of them are helpful.

1. Try to use new information immediately. For example, if you meet someone who says "Hi! I'm Keshav" don't just say "hello" repeat the person's name say "hello, Keshav".

2. If you have to remember something that's big, break it into smaller sections. For example, it's hard to remember 760234571. But if you break it into their sections- 760/234/571 it becomes easier.

Abhishek  
PGT computer



## "VALUE OF EDUCATION"

**'Education is the passport to the future, for tomorrow belongs to those who prepare for it today'**

Education is important for many reasons, including:

**Personal growth** Education helps people develop skills like reading, writing, and problem-solving, which can help them be successful in their careers and personal lives.

**Social change** Education can help people fight against injustice and make society better.

**Economic growth** Education can help people earn higher paying jobs and build wealth. Educated people can also make good investment decisions and recognize opportunities for growth.

**Poverty eradication** Education can help people from lower economic backgrounds achieve a better standard of living.

**Decision making** Education helps people make informed decisions and increase their success rate.

**Self-confidence** Education can help people become more self-confident and certain of things in life.

**Independence** Education can help people become independent and earn for themselves.

**Thinking skills** Education helps people refine their thinking skills and gain different perspectives.

**Personality development** Education can help people develop their personality and learn how to deal with others.

**Community improvement** Education can improve a person's community by helping them think, feel, and behave in a way that contributes to success.

Aditya Singh Tomar  
PGT (History)





# The Magic of Mathematics

Mathematics is often called the "language of the universe," and for a good reason. It is all around us, influencing everything from the way the planets orbit the sun to the structure of the smallest atoms. While some might see it as a subject of numbers and formulas, math is much more than that; it is a way of thinking, reasoning, and solving problems.

## The Beauty of Patterns

Mathematics is the study of patterns, whether in nature, art, or technology. Look at the petals of a flower, the spiral of a seashell, or the arrangement of honeycomb cells; each follows mathematical principles. This beauty extends to art as well, with mathematical concepts like symmetry, proportion, and the Golden Ratio influencing designs across centuries.

## A Tool for Problem Solving

At its core, mathematics equips us with the tools to solve problems. From calculating how much money you need to buy your favorite snacks to designing complex machines, math plays a role in almost every aspect of life. It teaches us to approach challenges systematically, break them down into manageable parts, and find logical solutions.

## Applications in Real Life

The importance of math stretches far beyond the classroom. Engineers use math to build bridges and skyscrapers, doctors rely on statistics to analyze medical research, and programmers use algorithms to create the apps we use daily. Even sports and music have mathematical foundations, from calculating game strategies to understanding musical rhythms.

## Making Math Fun

While some may find mathematics daunting, there are countless ways to make it engaging. Math puzzles, games, and activities like Sudoku, Rubik's cubes, or coding challenges bring out the fun side of math. Exploring real-world applications, like how math is used in video game design or space exploration, can also spark curiosity.

## Conclusion

Mathematics is not just about numbers and equations; it's a way to understand and shape the world. It sharpens our minds, develops critical thinking, and opens doors to countless opportunities. Embracing math can be the key to unlocking your potential and exploring the wonders of the universe.

So the next time you solve a math problem, remember that you're not just working with numbers; you're diving into the magical world of logic, creativity, and discovery.

Ashish singh tomar  
PGT





# IMPORTANCE OF AMBITION IN ONE'S LIFE

Ambition is something that fluctuates throughout our lives but can be an important component to move forward in life. When we are ambitious, we are moving forward towards specific goals which can be very fulfilling and satisfying.

Ambition helps us to work towards change, which can help us to feel like our life is not stagnant. When we are stagnant, life can easily turn into depression. It is important to be mindful of stagnancy to hopefully help yourself be more ambitious. For example, if you do not have ambition and spend your days doing the same thing each day, at some point that is going to feel heavy and could lead to depression.

When we are ambitious and going after certain ambitions in life it can help produce happy hormones in our body. When we are ambitious, we are going after things that are important to us and can produce some happiness in us. Getting more of a production of happy hormones helps us to have better overall life satisfaction. For example, if you have the ambition to learn a new sport, you are likely going to feel happier when playing the sport and that happiness can find its way into other parts of your life.

It is important to be realistic with your ambitions so you are not setting yourself up for failure that could add to a lack of confidence. For example, if I am wanting to learn a new language and my ambition with that is to be fluent in three months' time, that is likely unrealistic. When I do not achieve that, it will add to a lack of confidence and even a fear of future ambitions.

**Sonam Vyas**  
TGT



## World Trade Organisation

WTO (World Trade Organisation) was established in 1995 as the heir organisation to the GATT (General Agreement on Trade and Tariff). GATT was founded in 1948 with 23 nations as the global (international) trade organisation to serve all multilateral trade agreements by giving fair chances to all nations in the international exchange for trading prospects. WTO is required to build a rule-based trading government in which countries cannot place unreasonable constraints on trade.

In addition, its mission is to increase stock and trade of services, to assure maximum utilisation of world resources and to preserve the environment. The WTO deals include trade in commodities as well as services to promote international trade (bilateral and multilateral) through the elimination of the tax as well as non-tariff obstacles and implementing greater marketplace access to all member nations.

As an influential member of WTO, India is at the lead of building fair global laws, statutes and shields and supporting the concerns of the developing system. India has fulfilled its promises towards the liberalisation of trade, made in the WTO, by eliminating quantitative limitations on imports and decreasing tariff charges.

**Rajeev Sharma**  
TGT





# Facing Failure and Bouncing Back Stronger

Have you ever experienced failure in your life? Failure is something that we all have to deal with at some point in our lives, but it doesn't have to be the end of the road. In fact, setbacks and failures are often the very things that pave the way to success. In this article, we'll explore the benefits of failure, coping mechanisms, and how to bounce back stronger from setbacks.

## Understanding Failure

Failure can be defined as an inability to achieve a desired outcome. It is often associated with negative emotions such as disappointment, frustration, and sadness. However, failure is not something to be feared. It is simply a natural part of the learning process, and it is through failure that we gain the knowledge and experience necessary to achieve success.

One of the common misconceptions about failure is that it means you're not good enough. This is simply not true. Failure is not a reflection of your worth as a person, and it doesn't mean that you're not capable of success. In fact, failure is often a necessary stepping stone towards achieving your goals.

Failure can actually be quite beneficial in the long run. Here are some of the benefits of failure:

1. **Learning Experience:** Failure provides an opportunity for learning. It allows you to evaluate what went wrong and what you could have done differently. This knowledge can then be used to make better decisions in the future.
2. **Opportunity for Growth:** Failure can help you grow as a person. It challenges you to step outside of your comfort zone and try new things. This can lead to personal and professional growth.
- 3 **Building Resilience:** Failure can help build resilience. When faced with setbacks, you learn how to adapt and bounce back stronger. This resilience can be applied to other areas of your life, such as your career or relationships.
4. **Test of Determination:** Failure is a test of determination. It challenges you to persevere and keep pushing forward, even when things get tough. This determination is what ultimately leads to success.

## Coping with Failure

Dealing with failure can be difficult, but there are coping mechanisms that can help you get through it. Here are some ways to cope with failure:

1. **Acceptance of Emotions:** It's important to accept and acknowledge the emotions that come with failure. Allow yourself to feel disappointed, frustrated, or sad. This will help you move through the emotions and come out on the other side.
2. **Reflection and Self-Awareness:** Take some time to reflect on what went wrong and what you could have done differently. This self-awareness will help you avoid making the same mistakes in the future.
3. **Positive Self-Talk:** Use positive self-talk to boost your confidence and motivation. Remind yourself of your strengths and accomplishments, and don't let failure define you.
4. **Seeking Support from Others:** Don't be afraid to seek support from others. Talk to friends, family, or a therapist about what you're going through. They can provide a fresh perspective and help you work through your emotions.

## Bouncing Back Stronger

Once you've coped with failure, it's time to start bouncing back stronger. Here are some ways to do that:

1. **Importance of Setting Goals:** Setting goals is crucial to bouncing back stronger. It gives you something to work towards and helps you stay focused.
2. **Developing a Plan of Action:** Develop a plan of action to achieve your goals. Break it down into small, achievable steps, and track your progress along the way.
3. **Taking Action and Perseverance:** Take action towards your goals, even if it's just a small step at a time. Persevere through any setbacks or obstacles that may come your way, and don't give up.
4. **Embracing Change: Be open to change and embrace it.** Failure can often be an indication that something needs to change in order for you to achieve success. Don't be afraid to try new things and take risks.

## Examples of Successful Individuals Who Faced Failure

Many successful individuals have faced failure and setbacks on their way to achieving their goals. Here are just a few examples:



1. **Oprah Winfrey:** Oprah was fired from her first television job as an anchor in Baltimore, but she didn't let that stop her. She went on to become one of the most successful talk show hosts in history, as well as a media mogul and philanthropist.
2. **Walt Disney:** Walt Disney was fired from a newspaper for "lacking imagination," but he went on to create one of the most successful entertainment empires in history.
3. **J.K. Rowling:** J.K. Rowling was rejected by multiple publishers before her book, "Harry Potter and the Philosopher's Stone," was finally accepted. Today, she is one of the most successful authors in the world.
4. **Michael Jordan:** Michael Jordan was cut from his high school basketball team, but he didn't let that stop him. He went on to become one of the greatest basketball players of all time.

### **Conclusion**

Failure is not something to be feared. It is simply a part of the learning process, and it can lead to personal and professional growth. Coping with failure is important, and there are many coping mechanisms that can help you get through it. Bouncing back stronger is possible with the right mind set and tools, such as setting goals, developing a plan of action, taking action, and embracing change. Remember, many successful individuals have faced failure on their path to success, and it is through perseverance and resilience that they were able to achieve their goals.

**Vartika Tiwari**  
PGT



### **K. Laxma Goud ka Chitrakala mai yogdan**

Kalal Laxma Goud is an Indian painter, printmaker and draughtsman. Goud went on to study Mural painting under K.G. Subramanyam at the Faculty of Fine Arts, Maharaja Sayajiroa University of Baroda. He works in variety of mediums including etching, gouache, pastel, sculpture and glass painting. He is known for his powerful line drawings, etching and water colours. His main theme is interaction between man and nature. He wants to spread universal message through his creations that co-relations among all species of nature is must for our existence which is slowly being endangered by urbanization and modernity. He has developed his own distinct style which is very fine and detailed. The colour, innocence, simplicity, flora and fauna used in his work are very narrative. He has also painted and shown eroticism in nature in disciplined manner in his graphic print 'man into goat', 'goat into woman', 'human and animal' etc. His work has been exhibited at national and international level. He lives and works in Hyderabad.

**DR. Anuradha Baroliya,**  
PGT (Painting)





# Mental health impacts

Social media use may increase feelings of anxiety and depression, specifically in teens and young adults. The addictive nature of social media activates the brain's reward center by releasing dopamine. This is a "feel-good chemical" linked to pleasurable activities. When we post something, our friends and family can "like" it, giving us a boost of dopamine. However, when we don't get that boost or approval, it can impact our sense of self and adequacy.

Filters: Social media heavily focuses on

physical appearance. Many social media platforms - such as Snapchat, Instagram, and TikTok - provide users with the option to use filters on an image. Filters can be great for a laugh, but the ability to easily alter physical appearance and hide imperfections can create false illusions. Constant exposure to altered images can also lead you to feel self-conscious and dislike the way you look.

**Bhupendra Singh Bhadoriya**  
PGT (Physics )



## Ethical value

Ethical value is a subjective or personal judgment of what is important or desirable in life. It reflects one's preferences, beliefs, feelings and emotions. Example, some people may value honesty, loyalty, freedom, happiness, etc.

Ethical principle is a rule or standard that guides moral behavior and decision making. It is more objective, universal and consistent than values. It informs and influences values by providing a framework for evaluating what is good or right. For example, some ethical principles are utilitarianism, universalism, justice, rights, virtue, etc.

As per Nolan Committee Some of the Key Ethical Values and Principles are:

**Selflessness:**

Holders of public office should act solely in terms of the public interest. They should not do so in order to gain financial or other benefits for themselves, their family or their friends.

**Integrity:**

Holders of public office should not place themselves under any financial or other obligation to outside individuals or organizations that might seek to influence them in the performance of their official duties.

**Objectivity:**

In carrying out public business, including making public appointments, awarding contracts, or recommending individuals for rewards and benefits, holders of public office should make choices on objective criteria.

**Accountability:**

Holders of public office are accountable for their decisions and actions to the public and must submit themselves to whatever scrutiny is appropriate to their office.

**Openness:**

Holders of public office should be as open as possible about all the decisions and actions they take. They should give reasons for their decisions and restrict information only when the wider public interest clearly demands.

**Honesty:**

Holders of public office have a duty to declare any private interests relating to their public duties and to take steps to resolve any conflicts arising in a way that protects the public interest.

**Leadership:**

Holders of public office should promote and support these principles by leadership and example.

**Anshul Sharma**  
PGT





## TOPIC - Bridging the gap between academics and life skills

### Redefining Education: Learning Beyond the Classroom

Imagine a world where classrooms buzz with creativity, critical thinking, and the thrill of real-world problem-solving. Where every lesson connects to life, every project tackles meaningful issues, and every student leaves empowered to make a difference. This isn't a futuristic dream it's the blueprint for education's exciting transformation.

At its core, education is about preparing students to navigate the complexities of life. But today, traditional methods often fall short. To truly equip learners, we must embrace hands-on experiences, authentic mentorship, and problem-solving that resonate with the challenges of higher education, careers, and daily life.

### The Classroom Meets Reality

Education should break free from rote memorization and one-size-fits-all teaching. Instead, it must focus on the individual, nurturing their unique talents and aspirations. This means:

- **Practical Life Skills:** Teaching essentials like financial literacy, cooking, job hunting, and navigating adulthood.
- **Career Readiness:** Offering guidance on career paths, skill-building, and hands-on training to create workforce-ready graduates.
- **Social-Relational Skills:** Fostering empathy, friendship-building, and teamwork through meaningful interactions.

When students solve real-world problems, whether it's brainstorming solutions to local issues or participating in community projects, they become not just learners but changemakers.

### From the Desk to the World

Here's what an education revolution could look like:

- **Dynamic Curriculum**s that combine fun, engaging lessons with real-world applications.
- **Mentorship Programs** pairing students with professionals to inspire and guide them.
- **Authentic Audiences** where learners showcase their projects to industry experts or community leaders, gaining invaluable feedback.
- **Team-Based Learning** to mimic workplace dynamics and foster collaboration.

Picture students tackling environmental issues, designing business models, or exploring innovative technologies not as future dreams but as current projects.

### Empowering the Next Generation

This is about more than knowledge; it's about creating the next wave of entrepreneurs, nonprofit leaders, and innovators. By prioritizing hands-on learning and critical thinking, we empower students to leave an indelible mark on the world.

Education that mirrors the real world isn't just functional it's transformational. So, join the movement. Let's make learning an adventure, a challenge, and a stepping stone to a brighter, more successful future.

The time to rethink education is now. Together, let's prepare our students not just for exams but for life.

Kalpna Singh Tomar  
PGT





## STOP THE SCROLL SAVE YOUR BRAIN

'Brain rot' has been termed as Oxford Word of the Year for 2024.\* While it is not medically recognized as a disease, it is used to describe the supposed deterioration of a person's mental or intellectual state due to excessive mindless scrolling and overconsumption of low-quality online content. Have you found yourself compulsively refreshing social media without a real reason? Have you ever felt mentally foggy and struggled to focus on long-form content? If so, you might be experiencing brain rot. Consult an expert for personalized guidance.

Let's dive into how

'brain rot' affects you and what you can do to counter it!

Fast information overload can overwhelm your brain

Engaging in meaningless content without learning

anything can strain your brain. It can lead to:

**Weakened Focus:**

Mindless scrolling floods your brain with instant dopamine (feel-good hormone) hits, making real achievements feel less rewarding. Over time, this reduces your ability to focus on deep and meaningful tasks.

**-Reduced Attention Span:**

The rapid-fire nature of short videos and endless scrolling can condition your brain to seek quick entertainment.

**-Mental Health Concerns:**

Overconsumption of social media can lead to anxiety, loneliness, and depression.

Constant exposure to curated, unrealistic lifestyles may make you feel less adequate, while the fast-paced information overload can leave you mentally drained.

**-Lack of Productivity:**

Instead of using your free time for self-improvement, learning, or real-life social interactions, you may fall into the trap of mindlessly consuming content. This leads to wasted hours and compromises both your personal and professional growth.

Free yourself from mindless scrolling and nourish your brain naturally.

### **Prioritise Your Mental Health**

Break Free

From

Brain Rot

Here's how:

**Set Boundaries:** Limit screen time, especially before bed, to allow your brain to rest and recover. Use apps that track and limit your screen usage to enforce discipline.

**Challenge Your Brain:** Do activities that require you to use your brain like playing chess, reading books, or listening to full-length audio podcasts.

You can also watch intellectual or historical documentaries to retrain your attention span.

**Go On A Digital Detox, Periodically:** Take intentional breaks from social media and fast-paced content from time to time. For example, while you are vacationing with loved ones. Schedule daily screen-free time to reconnect with real-world activities like painting, cooking, or talking to your family or friends.

**Anchor Your Mind:** Try sensory grounding (like texture exploration, or mindful eating), nature walks, or silent observation to regain focus and break the cycle of digital overstimulation.

Your brain deserves more than mindless scrolling!

Feed it wisely.

Neha Prasad  
PGT





# किताबें पुकारती हैं..!

किताबें पुकारती हैं : एक मौन आमंत्रण ज्ञान और कल्पना की दुनिया में..!

है ना कितनी विचित्र बात कि हमें उनकी पुकार सुनाई ही नहीं देतीय हमें उनका आमंत्रण दिखाई ही नहीं देता और देखेंगे तो तब ना जब हमारी आंखें मोबाइल की स्क्रीन से हटेंगी। यह जानते तो हम सभी हैं पर अब मानते नहीं हैं कि किताबें हमारे जीवन में एक महत्वपूर्ण भूमिका निभाती हैं। वे हमें नई दुनिया में ले जाती हैं और हमें अपने सपनों को पूरा करने के लिए प्रेरित करती हैं। लेकिन क्या आपने कभी सोचा है कि किताबें हमें क्यों पुकारती हैं?

किताबें हमें पुकारती हैं क्योंकि वे हमें ज्ञान और समझ की दुनिया में ले जाना चाहती हैं। वे हमें इतिहास, विज्ञान, साहित्य, और अन्य विषयों के बारे में सिखाती हैं। वे हमें नई चीजें सिखाती हैं और हमें अपने दिमाग को विकसित करने में मदद करती हैं। नई-नई खोज करने में, किसी भी विषय पर शोध करने के लिए तकनीकी ज्ञान का किस तरह इस्तेमाल करना चाहिए यह हमें इनसे बेहतर कोई नहीं बता सकता। किताबें हमें रचनात्मकता की ऐसी दुनिया में ले जाना चाहती हैं। जहाँ हम अपनी कल्पना को उड़ान दे सकें। वे हमें विभिन्न कहानियों और उनके पात्रों से परिचित कराती हैं और हमें अपने सपनों को पूरा करने के लिए प्रोत्साहित करती हैं।

किताबें हमें पुकारती हैं, क्योंकि वे हमें स्वयं को खोजने में मदद करती हैं। वे हमें अपने विचारों और भावनाओं को समझने में मदद करती हैं। वे हमें अपने लक्ष्य को हासिल करने के लिए प्रेरित करती हैं।

इतना सब जानने के बाद भी वर्तमान समय में किताबों की आवाज को अनसुना किया जा रहा है हम जानते हैं कि किताबें हमारी सच्ची मित्र हैं जो हमें ज्ञान, समझ, अभिव्यक्ति और कल्पना की दुनिया में ले जाती हैं। लेकिन फिर भी, हम डिजिटल वर्ल्ड की आभासी दुनिया में मित्र तलाशते हुए भटक रहे हैं।

इसके पीछे मेरी समझ से कई कारण हो सकते हैं :

1. डिजिटल वर्ल्ड में मित्र तलाशना आसान और सुविधाजनक है। हमें बस अपने मोबाइल फोन या कंप्यूटर पर कुछ क्लिक करने होते हैं और हमें कई लोग मिलते हैं जो हमारे साथ बातचीत करने के लिए तैयार होते हैं।
2. डिजिटल वर्ल्ड में हमें तत्काल संतुष्टि मिलती है। हमें बस कुछ सेकंड में उत्तर मिलता है और हमारी बातचीत शुरू हो जाती है।
3. डिजिटल वर्ल्ड में हमें विविधता और विकल्प मिलते हैं। हमें ढेरों ऐसे लोग मिलते हैं जो हमारे साथ बातचीत करने के लिए तैयार होते हैं और उसे आकर्षण में हम जल्दी ही मित्र बना लेते हैं।
4. डिजिटल वर्ल्ड में हमें समय और स्थान की स्वतंत्रता मिलती है। हमें कभी भी और कहीं भी मित्रों से बातचीत करने का विकल्प मिलता है।

यह भी महत्वपूर्ण है कि हमें यह नहीं भूलना चाहिए कि किताबें हमारी सच्ची दोस्त हैं। अतः हमें डिजिटल वर्ल्ड की आभासी दुनिया में मित्र तलाशते हुए भी किताबों को महत्व देना चाहिए। किताबों की महत्ता को न समझने और अपने जीवन में शामिल न करने के दुष्परिणाम हो सकते हैं।

किताबें हमें भाषा की शुद्धता और स्पष्टता भी सिखाती हैं। किताबें नहीं पढ़ने से हमारी भाषा अनगढ़ हो जाएगी जिससे हमारी स्मरण शक्ति प्रभावित होगी, मानसिक तनाव बना रहेगा हमारे अंदर संवेदनशीलता, सहनशीलता और सहानुभूति की कमी भी हो सकती है।

किताबें सेतु हैं, जीवन दर्शन का।  
किताबें दर्पण हैं, हर संस्मरण का॥

श्रीमती कल्पना गुप्ता  
PGT





## "Importance of Education for Students"

Education teaches the ability to read and write. Reading and writing is the first step in Education. Education is extremely important for employment. It certainly is a great opportunity to make a decent living. This is due to the skills of a high paying job that Education provides. Uneducated people are probably at a huge disadvantage when it comes to jobs. It seems like many poor people improve their lives with the help of Education. Better Communication is yet another role in Education. Education improves and refines the speech of a person. People become more mature with the help of Education. Sophistication enters the life of educated people.

**Rajesh Atariya**  
Sr. Graphic Designer



## Child's Psychology Of Learning

Getting to know your child as a person during their formative years is one of the most rewarding role of parenting. Learning how your child views the world, teaching your child new skills, and mentoring them as they process big new feelings and changes is all part of being a parent, but it's not easy.

Child psychology is the study of subconscious and conscious childhood development. It deals not only with how children grow physically, but with their mental, emotional, and social development as well. Child psychologists observe how a child interacts with their parents, themselves, and the world, to understand their mental development.

Everyone wants their child to have healthy development, but it's not always clear if a child's behaviour is a symptom of a normal stage in development or a sign of an abnormality. Child psychologists can help you understand the difference between the normal and abnormal psychological patterns of a child. This helps parents understand how to best communicate and connect with their children, teach them coping mechanisms for managing emotions, and thrive in each new developmental stage.

Child psychologists can also identify abnormal behaviours early, help detect the root of common behavioural issues such as learning issues, hyperactivity, or anxiety, and help children work through early childhood trauma. They can also help to prevent, evaluate, and diagnose developmental delays or abnormalities such as autism.

**Rajni Suri**  
Accountant





# IMPORTANCE OF BOOK

Books play a significant role in our existence. Books are our friends in true sense. "No complaints, No Demands" as it is known by all. They also give us ample of delight and a reader might get addicted to them. We get to learn a lot from them as well. They take us to a whole different planet of imagination and visualization. Books cheer us up when we are defeated. They motivate us to work hard with optimism and courage. They eliminate our unawareness and add to our understanding and knowledge. Books augment our experience and sharpen our intellectual power. Thus a good book is indeed our true friend.

A well-read man is cherished by all. He is a power-house of information. He knows something of everything. A well read man can be very good talker as he has an ideology about the topic and would like to share it with the world. He shows his significance at a social function. Thus, we do not sense dullness and boredom around such people. Books are of diverse kinds. Some books deal with topics of general life and nature. Everybody likes to read those books as they are easy to understand and touch some light issues. Some books are printed for a particular set of readers. Good books build up in us numerous qualities. A man of broad reading is a man of traditions. Books make our life happy. Only a genuine reader of good books knows what divine satisfaction he gets from reading books. Good books develop our standard of living and improve our ideologies. They tone up our logical taste and make our point of view broad. They soothe us when we feel low and depressed.

**Neelesh Dhakad**  
Computer Operator



## Responsibility of work

Your employer should provide you with training and an induction into your new workplace. It is your responsibility to pay attention to the instructions being given to you.

Your employer will have policies and procedures in place in relation to health and safety issues which you need to read and follow.

You must take care of your own safety as well as the safety of others.

You should never be forced to do anything that is unsafe. If you become aware of an unsafe situation, stop the work and report it to your supervisor immediately.

You have a duty to:

obey all reasonable instructions given to you by your manager or supervisor

follow the safe procedures for doing your job

use any equipment (including personal protective equipment) safely and correctly

not put yourself or your co-workers at risk

report hazards, incidents or near misses

work with your employer and co-workers to improve work health and safety at your workplace.

Speak up

It is better that you ask a question or request further instruction than risk serious injury.

So if you don't know just ask.

**Nand Kishor**  
Accountant





## निवेश और बीमा वित्तीय योजना के महत्वपूर्ण घटक

निवेश और बीमा वित्तीय योजना के महत्वपूर्ण घटक हैं। निवेश के माध्यम से व्यक्ति अपनी संपत्ति को बढ़ाने के लिए धन को स्टॉक्स, बांड्स और रियल एस्टेट जैसे संपत्तियों में लगाते हैं, ताकि समय के साथ लाभ प्राप्त हो सके। इसमें जोखिम और लाभ का संतुलन बनाए रखना जरूरी होता है, और विविधीकरण एक अहम रणनीति है। बीमा अप्रत्याशित जोखिमों से सुरक्षा प्रदान करता है, जैसे बीमारी, दुर्घटनाएं या संपत्ति की हानि। प्रीमियम का भुगतान करके, व्यक्ति आपात स्थितियों में आर्थिक सुरक्षा सुनिश्चित करते हैं। जहां निवेश संपत्ति निर्माण पर ध्यान केंद्रित करता है, वहीं बीमा संभावित नुकसान से सुरक्षा प्रदान करता है। दोनों का संयोजन वित्तीय सुरक्षा और दीर्घकालिक स्थिरता प्रदान करता है। साथ में, ये व्यक्तियों को अपने लक्ष्यों को प्राप्त करने और जोखिमों को नियंत्रित करने में मदद करते हैं।

लायक सिंह



## LEADERSHIP

Leadership is a function which is important at all levels of Management. In the top level. It is important for getting cooperation in formation of plans and policies. In the middle and lower level, it is required for Interpretation and execution of plans and programmes framed by the top management. A leader is a manager and besides that he is a person who entertains and invites support and cooperation of subordinate, This can be done by his personal Intelligence, Maturity and experience which can provide him positive result, A leader must possess the three dimensional traits in him. He can be a friend by sharing the feeling, opinions and desires with the employees. He can be philosopher by utilizing his intelligence and experience and there by guiding the employees when time requires. At times he can also play the role of a counselor by counsellor and a problem Solving approach. He should listen to the problem's of the employees and try to solve the problem.

Kuldeep Verma  
Accountant





## समय का महत्व पर प्रेरणादायक शायरी

समय की एहमियत को समझो, यह जीवन का है आधार,  
सही उपयोग कर लो इसका, यही है जीवन का सार ।  
समय का पहिया चलता रहे, कभी न रुके इसका चक्र,  
जो समय की कद्र करे, वही बनता है सिकंदर ।  
वक्त का सही मोल जानो, यह देता है सबको सबक,  
समय की कद्र कर लो तुम, यही है सबसे बड़ा हक ।  
समय की रफ्तार को पहचानो, यह न आए वापस कभी,  
जो समय का मोल समझे, वही बनेगा जिंदगी में धनी ।  
समय की बर्बादी न करो, यह अनमोल खजाना है,  
सही समय पर किया गया काम ही असली बहाना है ।  
समय के साथ चलो, यह है जीवन की रीत,  
सही समय पर किया गया काम ही है सबसे बड़ी जीत ।



**नीलम भदौरिया**  
कम्प्यूटर ऑपरेटर

## "Importance of Education for Students"

Education teaches the ability to read and write. Reading and writing is the first step in Education. Education is extremely important for employment. It certainly is a great opportunity to make a decent living. This is due to the skills of a high paying job that Education provides. Uneducated people are probably at a huge disadvantage when it comes to jobs. It seems like many poor people improve their lives with the help of Education. Better Communication is yet another role in Education. Education improves and refines the speech of a person. People become more mature with the help of Education. Sophistication enters the life of educated people.

**Rajesh Atariya**  
Sr. Graphic Designer





## THE SCHOOL MAGAZINE

Teachers can discipline students in a number of ways, including:

Setting clear expectations

Teachers should explain what is and is not acceptable behavior in the classroom.

Using positive reinforcement

Teachers can encourage positive behavior through rewards and recognition. For example, a teacher can use a "caught being good" jar where students earn a marble for each act of kindness.

Using a progressive discipline model

This model can help rehabilitate students who are continually disruptive.

Making classes interactive

Teachers can keep students actively engaged in their learning process to prevent disruptive behavior.

Anticipating behavioral problems

Teachers can listen to student conversations before and after class to anticipate behavioral problems.

Using appropriate punishment

Punishment should be commensurate with the mistakes made by the students and must conform to the laws of students' physical and mental development.

Teachers should also protect students' basic rights, such as the right to privacy, the right to education, and personal rights.

Vikash Anand



### ॥ अभिवृत्ति ॥

सफल हुआ असफल हुआ तू दुःखाख न लेशमात्र कर, धरा चली, गगन चला और चल रही प्रवृत्ति है और कुछ नहीं मनुष्य यह तेरी अभिवृत्ति है।

देख लक्ष्य तेरा है पुकारता तुझे वहाँ बंद एक रास्ता तो दूसरा खुला यहाँ, चल न रुक अथक-पृथक तेरी यही शक्ति है और कुछ नहीं मनुष्य यह तेरी अभिवृत्ति है।

प्रचंड भानु घूरता तुझे न नेत्र बंद कर कर स्वकर्म धर्म से अनभिज्ञ हर प्रपंच कर, पा लिया जो रख उसे जो ना मिला निवृत्ति है और कुछ नहीं मनुष्य यह तेरी अभिवृत्ति है।

टोकते हैं, रोकते हैं जानते तुझे नहीं व्यंग्य कुछ एक तानते हैं मानते तनिक नहीं, मन हुआ क्यों क्षुब्ध क्या यही तेरी प्रति है और कुछ नहीं मनुष्य यह तेरी अभिवृत्ति है।

रंक हुए नृप यहाँ, यहीं पे रंक नृप हुए शू ही नहीं सूर्य, चन्द्र भी यहाँ ग्रसित हुए, राज काज न किसी का यह प्रभु की सृष्टि है और कुछ नहीं मनुष्य यह तेरी अभिवृत्ति है॥

मुकेश कुशवाह





सूचना प्रौद्योगिकी (IT) आधुनिक संचार, शिक्षा और व्यापार की रीढ़ है। इसमें कंप्यूटर, नेटवर्क और सॉफ्टवेयर का उपयोग करके जानकारी को संग्रहित, संसाधित और साझा किया जाता है। IT ने दुनिया भर में लोगों को जोड़ने का काम किया है, जिससे अध्ययन और सहयोग पहले से कहीं अधिक आसान हो गया है। कृत्रिम बुद्धिमत्ता (AI) के आगमन से, अब मशीनें मानव की तरह सोचने, समझने और निर्णय लेने की क्षमता रखती हैं, जिससे उत्पादकता में वृद्धि और जटिल समस्याओं का समाधान हो रहा है। AI स्वास्थ्य क्षेत्र में बीमारियों का निदान करने और शिक्षा क्षेत्र में व्यक्तिगत शिक्षा अनुभव प्रदान करने में मदद कर रहा है। हालांकि, जैसे-जैसे हम प्रौद्योगिकी में आगे बढ़ रहे हैं, यह जरूरी है कि गोपनीयता और सुरक्षा जैसे नैतिक मुद्दों का ध्यान रखा जाए। IT और AI दोनों मिलकर भविष्य को आकार दे रहे हैं और विकास के अनगिनत अवसर प्रदान कर रहे हैं। इन तकनीकों को समझना और अपनाना छात्रों को डिजिटल युग में सफल होने के लिए सशक्त बना सकता है।

अजय गोयल



## THE SCHOOL MAGAZINE

Here comes the school magazine filled with fun and energy, covering our rush in studies, making our mind very busy. Contains the glory of the school, making it look cool, looks like 2 roads diverged in woods. Making the name of the students' council arrows as they are gives a very high post. Photos of some students feel like fools as they are wearing weird costumes. Looking in its writing part led to confusion as some poems in it don't have any conclusion. The teacher's work is highly appreciated as all of them look and suffocated. The magazine is the encyclopedia of the school; who don't read it are fools.

Kaushal Dixit





# **Glimpses**

**of Co-Curricular Activities**



## NUKKAD NATAK : A POWERFUL MEALIUM FOR PUBLIC AWARENESS ON THE IMPORTANCE OF VOTING

Voting is one way to be more civically engaged with your government. It is vital to make a difference in the world by having your voice heard. If you want to create change, voting is an excellent way. Voting in election helps citizens ensure that the country is granted better rights and protection.

Voting is therefore an important civic duty that can significantly impact the future of our country.

In accordance with this spirit students of our school recently took part under the Systematic Voters' Education and Electoral Participation (SVEEP) programme organised by District Administration, Gwalior at Village Utila and inspired the people to come out and vote enthusiastically and fearlessly. This inspiration came in form of 'Nukkad Natak' where 15 students and three teachers participated.

Their participation was appreciated by respected DM of Gwalior Smt Ruchika Chauhan who was also the Chief Guest of the programme.





## International Yoga Day

### CENTRAL ACADEMY SCHOOL CELEBRATED INTERNATIONAL YOGA DAY PROGRAMME

Central academy school observed international yoga day in the August presence of Shri Manoj Jha, Centre Head of DD Nagar unit of Bhartiya Yoga Sansthan. This yoga session brought home the point of good health through integration of physical postures, breathing exercises and meditation. All students and teachers enthusiastically participated in various asanas and Pranayams. Entire atmosphere surcharged with vibes of harmony and oneness was successful enough in highlighting the path of holistic well being. The session drew wide appreciation from school management because of it's unique role in developing child's personality.



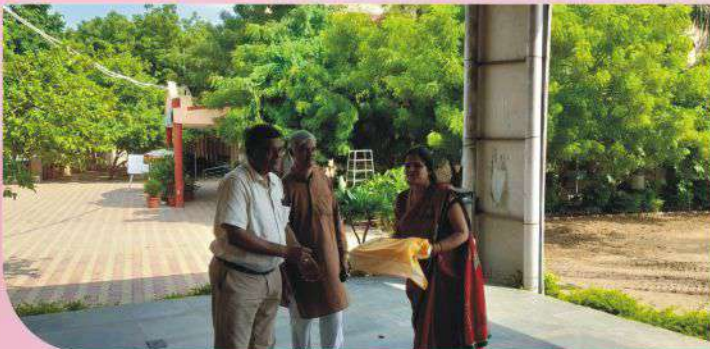




# Guru Purnima



Guru Purnima is a religious festival dedicated to offering respect to all the spiritual and academic gurus. This festival is traditionally observed to honour one's chosen spiritual teachers or leaders. It is observed on the full moon day (Purnima) in the month of Ashadha (June–July) according to the Hindu Calendar. It is also known as Vyasa Purnima, for it marks the birthday of Veda Vyasa, the sage who authored the Mahabharata and compiled the Vedas.





## Rainy Day Activity

A rainy day activity was held in the school on 26/07/24 for Nursery to UKG students, and the children enjoyed it immensely. They brought their colorful umbrellas, which added to the fun. The event included lively dance and music sessions. The students enthusiastically recited rhymes and sang songs related to rainy days. Their bright umbrellas and cheerful participation created a joyful atmosphere. The combination of music, dance, and rhymes kept the children engaged and entertained throughout the day, making the rainy day special and memorable.



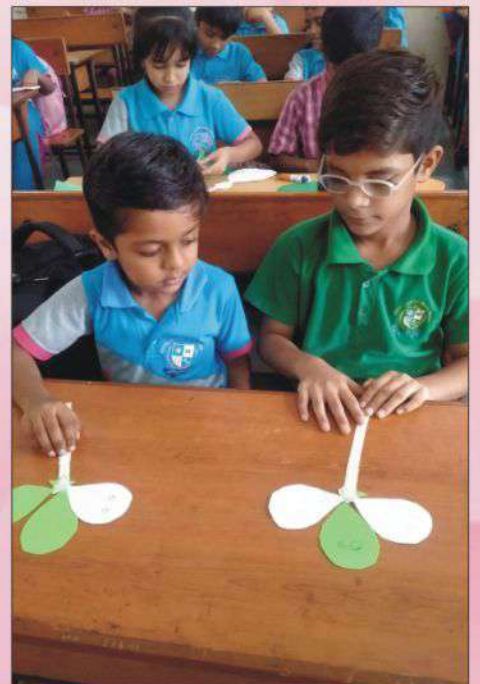


## CREATIVE INDEPENDENCE DAY CRAFTS

On the occasion of Independence Day, Central Academy School organized engaging craft activities to instill patriotism and creativity among students. The event was specially designed for specific grades, allowing students to explore their artistic talents while celebrating the spirit of freedom. Students participated enthusiastically in making tricolor flags, decorative kites, badges, and posters based on themes of independence and national unity. Younger participants crafted paper flowers and balloons in saffron, white, and green, symbolizing the colors of the national flag. The vibrant crafts created by the students were displayed across the school premises, adding to the festive ambiance. The Principal praised the students' efforts and encouraged them to reflect on the sacrifices of the freedom fighters who brought independence to the nation.









# Colors of Freedom

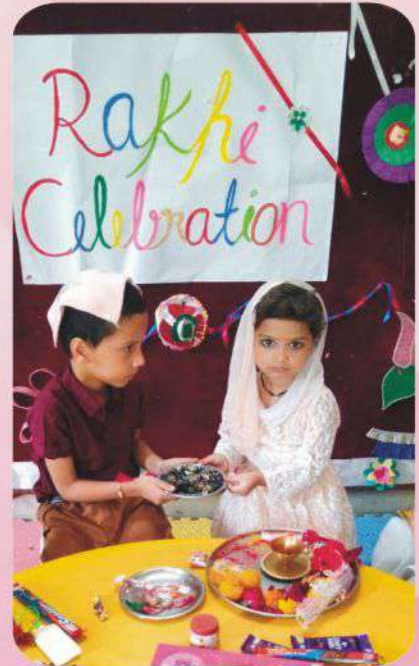
Central Academy School celebrated Independence Day on 15th August 2024 with great enthusiasm and patriotic fervor. A series of cultural activities were organized to mark the occasion, reflecting the spirit of freedom and unity. The event began with the hoisting of the national flag by the Principal, followed by the singing of the national anthem. Students participated in a variety of cultural performances, including patriotic songs, dances, and skits that highlighted the sacrifices of freedom fighters and the rich heritage of India. A special poetry recitation competition was also held, where students expressed their love for the country through heartfelt verses. The program concluded with a vibrant group dance performed by senior students, showcasing the unity in diversity of India. The Principal addressed the gathering, emphasizing the importance of Independence Day and urging students to contribute positively to the nation's progress. The celebration ended with the distribution of sweets, leaving everyone inspired by the spirit of patriotism.





## RAKHI MAKING ACTIVITY

Central Academy School organized a Rakhi Making activity on Friday, 16th August 2024, to celebrate the festival of Rakshabandhan. Students from various grades enthusiastically participated, showcasing their creativity by designing beautiful and unique rakhis. They used materials like colorful threads, beads, and decorative items, adding a touch of innovation to traditional designs. The event highlighted the cultural significance of Rakshabandhan while providing a fun and engaging platform for students.





# CELEBRATION OF SHRI KRISHNA JANMASHTAMI

Our school was alive with the spirit of Janmashtami as students and teachers came together for a memorable celebration.

The festivities began with a beautiful worship ceremony for Lord Krishna, followed by a vibrant cultural program featuring dazzling dance and song performances.

Students shone in their Radha and Krishna costumes, bringing the festival to life with their charming presentations.

Teacher Shivani Mishra shared the profound teachings of Shri Krishna, enriching our understanding of this special day.

A big thank you to School Director Mr. Vinay Jhalani Sir, Mrs. Kavita Jhalani Ma'am, and Principal Shekhar Saxena Sir for their inspiring words, and kudos to Ms. Nidhi Bhadoria for conducting a fantastic event!





# CELEBRATED TEACHERS' DAY

Central Academy School celebrated Teachers' Day on September 5th with immense enthusiasm and gratitude, paying tribute to the guiding lights who shape the future of students. The event was marked by heartfelt gestures, inspiring words, and a shared sense of respect for the teaching fraternity. The program began with a formal welcome extended to the esteemed Director Ma'am and Principal sir, followed by a traditional lighting of the lamp to invoke blessings. Both dignitaries addressed the gathering, sharing their valuable insights on the significance of teachers in molding young minds and fostering a culture of excellence. Students expressed their appreciation for their teachers through eloquent speeches, beautifully crafted cards, and personalized tokens of gratitude. The atmosphere was filled with warmth and admiration as students took this opportunity to acknowledge the unwavering dedication of their mentors. Director Ma'am and Principal Sir honored the teachers with mementos as a token of appreciation for their relentless efforts and commitment. Their encouraging words resonated deeply with everyone, instilling a renewed sense of purpose among the teaching staff. The celebration concluded with a heartfelt vote of thanks and a small tea party for the teachers, providing a moment of camaraderie and joy. The event was a testament to the strong bond between the staff and students, making Teachers' Day at Central Academy School a truly memorable occasion.





# SCIENCE EXHIBITION

Science Exhibition was held in Central Academy School, showcasing a wide array of student projects across various subjects including Commerce, Social Studies, Biology, Physics, and more. The event featured exhibits from Pre-primary students, highlighting creativity and innovation. An esteemed panel of judges, including Dr. Abhishek K Bharadwaj, Dr. Rajeev Dwivedi, and Shri D. N. Suresh, evaluated the projects with their expert insights. Chief Guest Shri Vinod Sharma, IAS, praised the students' work and emphasizing the importance of such exhibitions in fostering curiosity. The exhibition was well-supported by Director Shri Vinay Kumar Jhalani, Smt. Kavita Jhalani, and the entire faculty, who guided the students throughout the event. Principal Shri Shekhar Saxena expressed gratitude to the Chief Guest and judges for their contributions and acknowledged the efforts of students and teachers. The exhibition concluded successfully, celebrating the participants' hard work and dedication. The enthusiastic involvement of students and teachers contributed to the event's grand success. Overall, the exhibition was a vibrant display of student talent and innovation.





## Vegetable Printing

On 8th October 2024, a fun and innovative Vegetable Printing Activity was organized for students of Nursery to UKG. The children were introduced to the fascinating world of vegetable prints, where they used different vegetables like potatoes, carrots, and bell peppers to create beautiful and colorful patterns on paper. This activity not only allowed the children to explore their creativity but also helped in developing their fine motor skills, hand-eye coordination, and understanding of textures. The excitement and joy on their faces as they experimented with the vegetables were truly heartwarming. The activity was a great success, encouraging students to think outside the box and explore their artistic side while learning through hands-on experience.





## Hurdle Race Event

The pre-primary hurdle race event, was a delightful and energetic activity that brought together our youngest students for a day filled with fun and excitement. The event was designed to enhance the children's motor skills, coordination, and team spirit while ensuring their safety and enjoyment.

A hurdle race is a type of track event where participants run a set distance while jumping over barriers, called hurdles, placed at regular intervals along the track. For pre-primary kids, hurdle races can be a fun and engaging activity that promotes physical coordination, balance, and gross motor skills .





# Dental and Health Checkup

The Central Academy School conducted a comprehensive dental and health checkup on (19/10/24) for students of classes Nursery to 5th .The initiative was organized to promote awareness of dental hygiene and general health among the students and ensure early detection of potential health issues.

Overview of Dental Checkup - Conducted by a team of professional dentists.

Examination of teeth, gums, and oral hygiene.

Advice on brushing techniques, cavity prevention, and diet.

Identification of students requiring further dental treatment or orthodontic care.

Overview of Health Checkup:

General physical examination conducted by health professionals.

Assessment of height and weight.

Nutritional counseling for students who are underweight or overweight.





# Celebrates Dussehra

Celebrates Dussehra with a Grand Play and Ravana Effigy Burning Central Academy School celebrated Dussehra with great enthusiasm and cultural fervor. The school organized a spectacular play in which students performed pivotal roles from the epic Ramayana, reenacting key moments of the timeless battle between good and evil.

The play featured students in the roles of Lord Ram, Lakshman, Sita, Hanuman, and Ravana, with each character embodying the virtues and values depicted in the ancient Hindu text. The performance captivated the audience, drawing applause from teachers, parents, and fellow students.

After the dramatic portrayal of the Ramayana, the celebration culminated with the traditional burning of the Ravana effigy. This symbolic act marked the triumph of righteousness over evil and was a highlight of the event. The students and attendees cheered as the effigy went up in flames, reflecting the spirit of victory and hope that Dussehra represents.

Director Shri Vinay Kumar Jhalani & Principal Shri Shekhar Saxena congratulated the students for their outstanding performances and expressed pride in the school's cultural celebrations, emphasizing the importance of understanding our rich heritage. The event was a perfect blend of entertainment and education, leaving a lasting impact on everyone present. The Dussehra celebration at Central Academy not only entertained but also instilled the timeless values of courage, loyalty, and the victory of good over evil among the students.





## Trip to Zoo

On 21/10/24, the pre-primary students embarked on an exciting educational trip to the Gwalior Zoo. The aim of the trip was to introduce young children to various animals, foster an understanding of the animal kingdom, and create an interactive learning experience. The zoo trip was a huge success, providing the children with a hands-on experience that enhanced their knowledge of animals. The students returned to school with exciting stories to share and a greater appreciation for wildlife. This educational outing not only enriched their understanding of the natural world but also encouraged respect and empathy towards animals.





## Diya Making and Decoration

Our school had conducted a "Diya making and decoration" activity on 21 st October from class 3rd to 5th on the eve of Diwali. The aim of this competition was to promote an awareness among the students to decorate our homes with lights and diyas. According to the Hindu tradition the lighting of a Diya is an important part of prayer and it signifies purity, goodness, good luck and power. Diwali the festival of lights falls on the day of Amavasya or the new moon day. So the presence of light means the non-existence of darkness and evil forces. The festival of Diwali signifies the victory of light over darkness, good over evil, knowledge over ignorance and hope over despair. In this activity students enjoyed a lot.





## **Ensure Safety, Educate, and Empower.**

On November 7, 2024, International Day against violence and bullying, including cyber bullying, was observed in schools. The theme for this day was "Ensure Safety, Educate, and Empower."

Central Academy School actively participated in this campaign, following the guidelines provided by UNESCO. As part of the initiative, students from Class 5 and above were shown an educational movie. Students in Classes 6, 7, and 8 participated in a poster-making competition with the theme "Be a Buddy Not a Bully." Meanwhile, students in Classes 9 and 10 took part in a poster-making competition with the topic "Safe School for all- Say No to Gender-Based Violence!"





## Fireless Cooking Competition Organized on Children's Day

On 14th November 2024, Central Academy School celebrated Children's Day with a unique and exciting Fireless Cooking Competition for students of Grades 6 to 8. The competition aimed to promote creativity, teamwork, and awareness about healthy eating habits among students. Participants showcased their culinary skills by preparing delicious and innovative dishes without the use of fire. From colorful salads and sandwiches to creative desserts and refreshing drinks, the students impressed everyone with their ingenuity and presentation skills. The judges evaluated the dishes based on taste, creativity, presentation, and nutritional value. The event encouraged students to think outside the box and explore new ways to prepare food. The Principal praised the students for their enthusiasm and highlighted the importance of such activities in fostering life skills and healthy habits. The competition concluded with the announcement of winners and a round of applause for all participants.





# Fancy Dress Competition

A Fancy Dress Competition was held at Central Academy School on 22nd November for classes Nursery to 2nd. The event saw enthusiastic participation from children showcasing creativity, imagination, and skill in their choice of costumes.

Each costume was unique and reflected the imagination of the young participants, with some children even adding props and performances to make their presentation even more engaging.

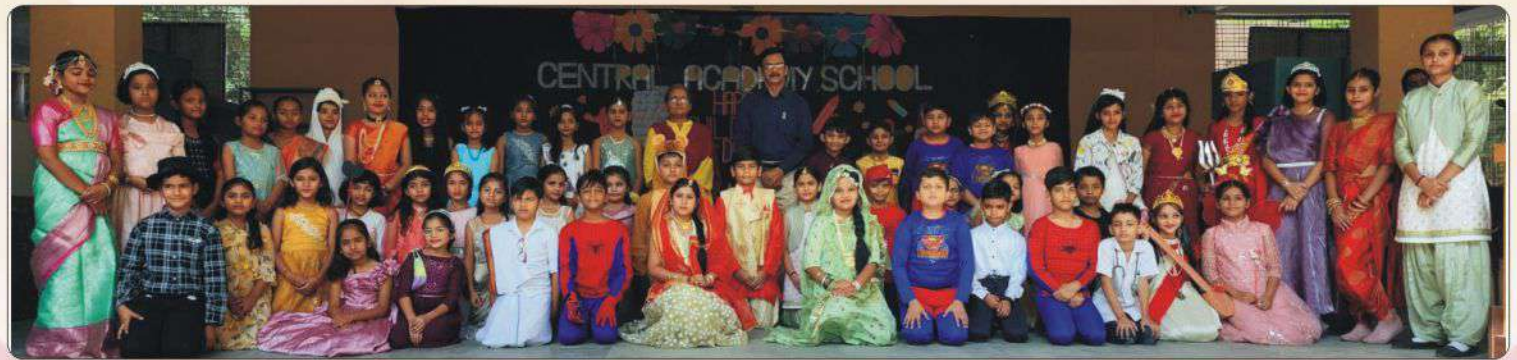
The Fancy Dress Competition was a delightful and colorful event that brought out the artistic side of all participants. It was not only an opportunity for the participants to showcase their creativity but also a fun experience for the audience, who cheered and applauded the efforts of everyone involved. The event was a great success, promoting creativity, teamwork, and confidence.





# Fancy Dress Competition Organized on Children's Day

On 14th November 2024, Central Academy School celebrated Children's Day with a vibrant Fancy Dress Competition for students of Grades 3 to 5. The event was filled with excitement and creativity as students dressed up in colorful costumes, portraying various characters and themes. The participants showcased their talent by embodying freedom fighters, historical figures, fairy tale characters, and professionals like doctors, soldiers, and teachers. Some students also chose environmental and patriotic themes, spreading meaningful messages through their costumes and presentations. The competition was judged on creativity, confidence, and relevance to the theme. The event not only entertained the audience but also helped students gain confidence and explore their creative potential. Director Ma'am and Principal Sir appreciated the students' efforts and congratulated them for their enthusiastic participation. Their words of encouragement added to the joy and excitement of the day. The event concluded on a high note, leaving everyone inspired by the young participants' energy and talent.





# Educational Tour to Vivekanand Needam

The students of class 1 and 2 visited Vivekanand Needam , serene and inspiring place dedicated to the teachings and ideals of Swami Vivekananda. The objective of the visit was to learn about Swami Vivekananda's philosophy, promote self-awareness, and develop a sense of discipline and service among students.

We learned that Vivekanand Needam is not only a place for spiritual retreat but also a hub for social service activities, yoga, and personality development workshops.

**Highlights** A staff member gave an insightful lecture on Swami Vivekananda's life, his message to the youth, and the importance of character-building in shaping the future.

We visited Community Areas where various developmental programs are conducted.

Students played many games and enjoyed a lot **Conclusion**The visit to Vivekanand Needam was a profound experience that left a lasting impact on all participants. It motivated us to strive for excellence, uphold ethical values, and contribute positively to society.

We express our heartfelt gratitude to the organizers of Vivekanand Needam and our institution for providing us with this enriching opportunity.





# Coloring Competition

To encourage creativity and artistic expression among young learners, a Coloring Competition was organized on 6th December 2024 for students from Nursery to Class 2. The event aimed to nurture the artistic talents of our little artists and enhance their motor and cognitive skills.

The event witnessed enthusiastic participation from students, with each child displaying unique ideas and vibrant color combinations. The use of crayons, colored pencils, showcased their imaginative flair. Teachers guided and encouraged the students while ensuring a cheerful and stress-free atmosphere.

The artworks were judged based on neatness , choice of color , creativity and completeness .





# Hindi Recitation Competition

The Hindi Recitation Competition for students of Classes 1 and 2 was conducted with great enthusiasm on 07/12/24. The event aimed to foster an appreciation for the Hindi language and enhance the students' confidence and oratory skills.

The young participants performed with exceptional enthusiasm and showcased their talents by reciting poems. The children impressed the audience with their clarity, pronunciation, expression, and confidence.

The competition was a wonderful opportunity for the students to connect with the richness of the Hindi language and showcase their abilities in a fun and creative environment.





# Shapes Games Activity

The shapes games activity for pre-primary students was conducted to introduce young learners to basic geometric shapes in a fun and engaging manner. This activity aimed to enhance their cognitive skills, improve shape recognition, and foster creativity through hands-on experiences.

**Learning Outcomes\*** Most children successfully identified and named basic shapes. The activity boosted their ability to distinguish between shapes of different sizes and forms. Children demonstrated improved coordination and teamwork while participating in group activities.

The creative tasks enhanced their imagination and understanding of shapes in everyday life.





# Christmas Day Celebration

Christmas day was celebrated with great enthusiasm at Central Academy School on 24 December 2024 for classes Nursery to 2nd. The school campus was filled with joy and excitement as the students of Nursery to Class 2 celebrated Christmas Day with enthusiasm and festive cheer.

The classrooms were beautifully decorated with Christmas trees, lights, stars, and handmade ornaments created by the students during art and craft sessions.

The children were encouraged to carry the spirit of Christmas in their hearts throughout the year. Conclusion It was a memorable day filled with happiness, learning, and festive cheer. The smiles on the faces of the children truly reflected the joy and magic of Christmas.





## CENTRAL ACADEMY SCHOOL HOSTS GRAND 3-DAY SPORTS MEET

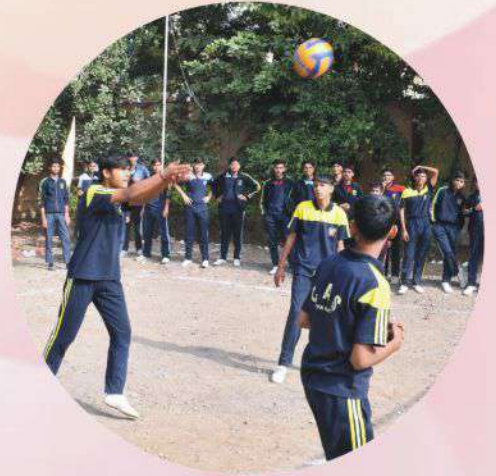
Central Academy School kicked off its highly anticipated 3-day Sports Meet on 27th December with immense enthusiasm. The event was inaugurated by Ms. Archana Nimoda, Assistant Professor at LNIPE, who inspired students with her motivational speech on sportsmanship and perseverance. Director Ma'am, Ms. Kavita Jhalani, encouraged students to excel in both sports and life, while parents added to the excitement with their overwhelming support. Engaging games for parents, including a thrilling Tug of War between parents and teachers, heightened the day's fun and energy. Principal Mr. Pankaj Saraswt concluded the day by thanking the Chief Guest and parents for making the event a grand success.





## SPORTS MEET : A MEMORABLE CELEBRATION

The two-day Sports Meet was filled with enthusiasm and excitement as children actively participated in various sports activities. The little ones enjoyed wholeheartedly, and students cheered passionately for their houses. Games like Kabaddi, Volleyball, Basketball, and Kho-Kho were showcased, with parents joining to encourage their children. Director Ma'am and Principal Sir motivated the students with warm interactions, making the event even more special. The meet was a perfect blend of fun, teamwork, and sportsmanship.





## Celebrating Excellence in Sports : A Day of Triumph and Recognition

On the third day of the annual sports meet, a grand prize distribution ceremony was held to honor the outstanding performances of students in various games and sports activities. The event was a true spectacle, showcasing a thrilling array of competitions such as the chair race, spoon race, hurdle race, kho kho, kabaddi, basketball, volleyball, dodgeball, badminton, chess, and carrom. The ceremony was graced by the esteemed Chief Guest, Dr. Yogendra Kushwah, an International Yoga Instructor, Director and Founder of Yogi Yoga Classes, and Coordinator of PFFI, Madhya Pradesh. Also present was the Guest of Honour, Mr. Rahul Kushwah, TGT (PHE) at Kendriya Vidyalaya. As a token of appreciation for their valuable presence, Director Ma'am and Principal Sir presented them with special tokens of love. The Aryabhata House emerged as the proud winner of the trophy for securing the most gold medals and delivering the best overall performance in sports. Their hard work and team spirit set a remarkable example for others to follow. The event also recognized the significant contributions of the sports teachers, Mr. Shivpratap and Mr. Rahul, whose dedication ensured the smooth execution of the sports meet. A special mention was made of the anchors, Ms. Neha and Mr. Ashish, whose excellent hosting added vibrancy and energy to the entire event. The day concluded with a strong message of sportsmanship, teamwork, and dedication, leaving everyone eagerly anticipating the next year's celebrations.





## Farewell: A Heartwarming Goodbye

Central Academy School recently hosted a memorable farewell ceremony where Class 11 students bid an emotional adieu to the outgoing Class 12 batch. The event was a perfect blend of nostalgia, joy, and celebration. The highlight of the evening was the heartfelt memories shared by the Class 12 students. They spoke of their cherished moments, lifelong friendships, and the invaluable lessons they learned during their journey at the school. Their words were a testament to the strong bond they had formed with their teachers and peers. An exciting Mr. Farewell and Ms. Farewell competition added a spark to the event. The selection process included a captivating question-answer round, where the students showcased their wit, confidence, and charm. After a thrilling session, the winners were crowned and sashed by the esteemed Principal Sir and Academic Coordinator, making the moment even more special. The entire atmosphere was filled with emotions as laughter and tears intertwined. The farewell was not just an event but a treasure trove of memories that will remain etched in the hearts of everyone present. These unforgettable moments remind us of the beautiful journey of school life and the bonds that last a lifetime. The farewell was a heartfelt goodbye, but also a celebration of new beginnings.





# Vasant Panchami Celebration

Vasant Panchami was celebrated with great enthusiasm at Central Academy School. The students presented a beautiful Saraswati Vandana, and a student from Class 8, Prachi Sharma, delivered a speech highlighting the significance of the festival. The students from Class 7A also performed the Saraswati Vandana as part of the celebration.

Our Principal, Mr. Pankaj Saraswat, initiated the celebration with lamp lighting and offered flowers to Goddess Saraswati. All coordinators, teachers, and students also offered flowers and bowed before the Goddess to seek blessings.

\*Here are some glimpses of yesterday's special moments for you!





# Women's Day Celebration

The Women's Day celebration at Central Academy School was a heartfelt tribute to the strength, resilience, and achievements of women. The event was marked with enthusiasm, honoring the contributions of women in all walks of life. The program began with an inspiring speech on the importance of gender equality and women's empowerment. Students showcased their talents through cultural performances, including songs, dance, and skits that highlighted the role of women in society. Special activities such as poetry recitations and interactive sessions added meaning to the celebration. Teachers and staff were honored for their dedication and contributions, making the occasion even more special. The event concluded with words of appreciation and gratitude, leaving everyone inspired and uplifted. The celebration truly embodied the spirit of International Women's Day, promoting respect, recognition, and empowerment for all women!





# Holi Celebration

The Holi celebration at Central Academy School was a vibrant and joyous occasion, bringing together students and teachers in the true spirit of the festival. The event was filled with enthusiasm, laughter, and a burst of colors, creating a lively and festive atmosphere on the school campus. The celebration began with an inspiring message about the significance of Holi, emphasizing the values of love, unity, and the victory of good over evil. Students actively participated in various fun-filled activities, including cultural performances, music, and creative art sessions, adding to the festive cheer. Teachers and students enjoyed playing with organic colors, ensuring an eco-friendly and safe celebration. The event concluded with warm wishes and a spirit of togetherness, making it a memorable day for all. The Holi celebration truly reflected the essence of the festival—spreading happiness, strengthening bonds, and creating beautiful memories!



## सेंट्रल एकेडमी स्कूल में अबीर और गुलाल से खेली होली

ग्याल्लिख | सेंट्रल एकेडमी स्कूल में होली महोत्सव मनाया गया, जिसमें बच्चों ने पूरे जोश और उत्साह के साथ भाग लिया। इस मौके पर बच्चों ने एक दूसरे को अबीर और गुलाल लगाकर होली खेली और उन्हें शुभकामनाएं दीं। इस मौके पर स्कूल को खास तौर से सजाया गया। कार्यक्रम में स्कूल के प्रधानाचार्य पंकज



सारस्वत ने छात्रों को होली के महत्व के बारे में बताया और उन्हें इस त्योहार को शांति और सद्भाव के साथ मनाने के लिए प्रेरित किया।





# **CBSE**

**and**

## **Other Workshops**



# PRP (Prospective Resource Persons Programme)

PRP Programme of CBSE got conducted in the campus on the theme of Art Integration. 22 Participants comprising of Principals and educators from local and outside schools participated and learnt the benefits of art integration. Two points that got especially highlighted in the training were. First, the natural qualities of the teacher are the expression of and aesthetic & inherent Sensibilities and by putting the same to good use he can present all subjects in an interesting, detailed and comprehensible manner. Second, the usefulness and relevance of experiential learning was highlighted. The participants were told how a subject can be explained to the students more simply and easily by incorporating hands on approach where all psychomotor skills are extensively used.





# Career Counselling Programme

More than 50 students from Classes 9th to 12th got an opportunity to participate in a mega career counselling programme organised by the Gwalior branch of Institute of Chartered Accountants of India (ICAI) at Atalbihari Vajpayee International Convention Centre, Jiwaji University Gwalior. The Resource persons including CA Richa Mandelia gave an elaborate introduction about the various opportunities and scope in the field of Commerce and Entrepreneurship. Various queries and doubts in the young minds were deftly handled and all students got a fair idea of how to hone up their skills so as to become a part of this rewarding and prosperous career journey.





# PROGRAM ON FINANCIAL LITERACY

Program on financial literacy Our school got an opportunity to take part in a wonderful event on financial literacy organised by Little angels high school.

Six Students from Commerce stream took part in this session . They gained some valuable insight on financial markets . Dr. Amarjeet singh khalsa explained that financial literacy is the ability to understand and effectively use various financial skills, including personal financial management, budgeting, and investing and where to invest and how to invest your valuable financial assets.





## Adolescence Counseling

Central Academy School organized an Adolescence Counseling Session on Saturday, 19 October, aimed at supporting students during their teenage years. The session began with a message from the principal about the importance of mental health. Expert counselor facilitated discussions on stress management, self-esteem, and healthy relationships. Participants engaged in breakout sessions, allowing for open dialogue and personal sharing. Attendees found the strategies and resources provided to be invaluable. Overall, the session was a success, and Central Academy is committed to hosting more events to support student well-being in the future.





## Hum Honge Kamyab

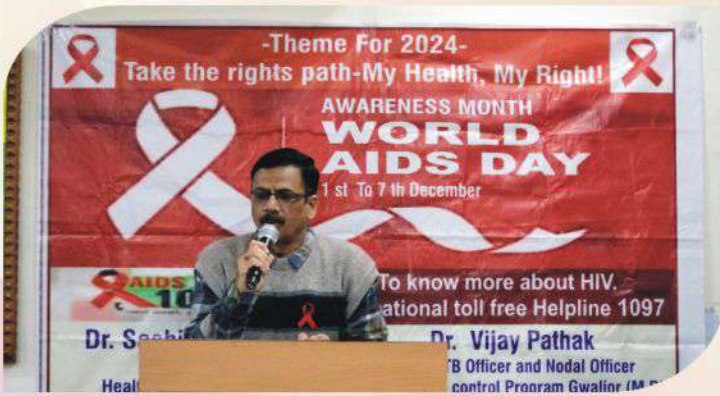
On November 28, 2024, the "Hum Honge Kamyab" program was organized at Central Academy School, Gwalior, to raise awareness against gender-based violence. Students from classes 8, 9, and 10 participated in the event. Sub-Inspector Kshama Rajoria from Thana Purani Chhawani, Sub-Inspector Ragini Parmar from Thana Hazira, and Sub-Inspector Rashmi Bhadoria from Thana Maharajpura guided the students and addressed their queries. At the end of the program, the school director, Mr. Vinay Kumar Jhalani, and the principal, Mr. Pankaj Saraswat, expressed their gratitude to the guests.





# Workshop on AIDS Awareness

Central Academy School organized an interactive workshop on AIDS Awareness, in line with the Government of India's mission to end AIDS by 2030 under the motto, "Leave No One Behind, End AIDS by 2030." The session was led by Dr. Rashmi Mishra, the In-Charge of the OST (Opioid Substitution Therapy) Center at Civil Hospital, Hajira, Gwalior, and a renowned gynecologist. Dr. Mishra shared valuable and insightful information about AIDS, engaging the students with her expertise and knowledge. In addition to the workshop, a Poster Making Competition was held to further raise awareness and encourage creativity. Students showcased their understanding of the topic through their artwork, helping them internalize the importance of the cause. The session concluded with an interactive question-and-answer segment, where students eagerly asked questions. Dr. Mishra addressed each query with detailed and informative responses, enriching the students' understanding of the topic. Principal Mr. Pankaj Saraswat expressed sincere gratitude on behalf of the school to Dr. Rashmi Mishra and her team for their invaluable contribution to the awareness campaign.





# **INTERSCHOOL COMPETITIONS**



## Patriotic Performance

### Central Academy School Students Excel at S.A.F. Ground on 15th August

The students of Central Academy School enthusiastically participated in the Independence Day celebrations held at SAF Ground. Their performances were a perfect blend of talent, discipline, and patriotism, leaving a lasting impression on the audience. Our students showcased vibrant dance performances, soulful patriotic songs, and engaging skits, reflecting India's rich cultural heritage and the spirit of unity. Their dedication, coordination, and energy made the event even more special. Each act was performed with great enthusiasm, earning appreciation from all present. The entire event was a testament to the hard work and team spirit of our students, guided by their mentors. Their participation at SAF Ground was truly commendable, highlighting the values of excellence, teamwork, and national pride that Central Academy School instills in its students. We are extremely proud of their outstanding performance and look forward to their continued success in future events!





# Interschool Competition वैविध्य

On 20th November, Central Academy School hosted the interschool competition "वैविध्य" under the aegis of the Sahodaya Complex. This event showcased three cherished and prominent expressive skills—Speaking, Drawing, and Singing. The competition witnessed enthusiastic participation from various schools across Gwalior, including:

|                        |                            |                         |
|------------------------|----------------------------|-------------------------|
| Central Academy School | Morning Star               | LAHS                    |
| The Wood Stock         | AMI Shishu Mandir          | Mount Litera Zee School |
| St. Teresa's           | Amity International School | Vidya Niket             |

All participants exhibited remarkable talent and showcased their skills with great enthusiasm.

Judges and Chief Guest

The panel of esteemed judges included:

Dr. Varuni Gaur, Professor, J.C. Mill College, who judged the Speaking Skill category

Dr. Om Prakash Mahore, Professor, Fine Arts College, Gwalior, who evaluated the Drawing category

Dr. Shyam Rastogi, Professor, Raja Mansingh University, Gwalior, who judged the Singing category.

The overall judgement and supervision were conducted by the Chief Guest, Dr. Pratibha Trivedi, Principal of Government G.H.S., School, Gwalior.

## Winners

The competition results were as follows:

First Position: Anika Tomar (Morning Star)

Second Position: Sanskriti Jain (LAHS)

Third Position: Aarvi Sharma (The Wood Stock School)

Each student delivered outstanding performances, earning accolades for their talent and hard work. The school extended its best wishes to all participants, encouraging them for a bright future ahead.

The program was graced by the presence of the Director Ma'am and Principal of Central Academy School, who enhanced the event's significance with their inspiring words. The Chief Guest, Dr. Pratibha Trivedi, also contributed to the event's grandeur by delivering a meaningful message through her singing performance.

The event concluded on a high note, leaving behind cherished memories and moments to remember. Central Academy School congratulates all the winners and participants, wishing them continued success in their future endeavors.

Below, we share some glimpses of the memorable event.





# CLASS PHOTOGRAPHS

## NURSERY TO XII



### CENTRAL ACADEMY SCHOOL

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**CLASS- NURSERY**

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**SESSION - 2024-25**



ROW 1- MITANSH SINGH GOUR, NAKUL PARASHAR, MEDHANSH ARYA, DEVANSH SINGH, ADITYA GURJAR, SHREYANSH RATHORE  
MRS. RUCHI KUSHWAH (COORDINATOR), MR. SHEKHAR SAXENA (PRINCIPAL SIR), MRS. BEENA BHADORIYA (CLASS TEACHER)  
ITIKA TOMAR, SAUMYA YADAV, POORVI, ANNAVI, ANSHIKA SENER, SAKSHI BHADORIA ,TWINKLE KANSANA

ROW 2- RIHANSH, DIVYANSH SINGH, VIDIT SINGH GOUR





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CLASS- L.K.G

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SESSION - 2024 - 25



ROW 1-KAVYA CHOUDHARY , SIYA BHADOURIYA , MONISHA SINGH , MONISHA SHARMA , ANUBHI SHARMA AANYA SHRIVASTAV , MRS REKHA TOMAR (CLASS TEACHER) , PALVIT GURJAR , VIHAAN RAJAWAT , PRABHAL PRATAP SINGH , AADVIK TIWARI , PRATHVI PRATAP SINGH , ADITYA SINGH GURJARMR SHEKHAR SAXENA (PRINCIPAL SIR), MRS RUCHI KUSHWAH (COORDINATOR) , MS PRIYANKA SHARMA (CLASS TEACHER) , ANSH SHARMA

ROW 2-AADHYA SINGH, AADHYA KATARE, RITISHA GURJAR, KOYASHA , YASHRAJ DHAKAR, HIMANSHU KUMAR JHA, SHIVPRATAP SINGH, NIKRAJ SHARMA, ANSHUMAN SENGAR

ROW 3-ANAYA SHARMA, JHALAK NAGORIYA, YASHIKA DUBEY, VINI BHADORIYA, BHAVYA GARG, PARIDHI KAURAV, VARNIKA TOMAR, VISHNUPRIYA SINGH, NIDA KHAN GURNOOR KAUR, KAVYA GHURAIYA, NITYA RAJAWAT, ROHINIVALLABH TYAGI , PRANAV SENGAR , SHREYANSH , WILLIAM DANDOTIYA, ANUBHAV SINGH BHADORIA, AYANSH SINGH RAJAWAT, AVINASH SINGH , PRATYKSH SHARMA , DHARUV SHARMA



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CLASS-U.K.G

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SESSION - 2024 - 25



ROW 1- SHORYA PRATAP SINGH , RAGHAV MAVAI , ATHARV SHARMA , SANSKAR SINGH GOUR, PRINCE SHARMA, RAJ PARIHAR , AARUSH SHARMA MRS. ANUPAM KUSHWAH (CLASS TEACHER), MRS. RUCHI KUSHWAH (COORDINATOR) , MR. SHEKHAR SAXENA (PRINCIPAL SIR), MRS. KRISHNA PAL (CLASS TEACHER) ANWITA SHARMA , HARSHITA SHARMA , TAKSHYA TOMAR , ANSHIKA BHADORIYA , HARSHITA PAWAIYA

ROW 2-LOVEKUSH , SARANSH CHOUHAN , SHIVANSH SHARMA , MANISH GURJAR, PRASHANT, KARTHIK SINGH TOMAR , ARYAN , BHUMI YADAV SHANVI BHADORIYA SHRASHTI YADAV, VANSHIKA , PRIYANSHI RAJAWAT, AAROHI SINGH

ROW 3-SHIVAY GOUR, ASHUTOSH SIKARWAR, PURU PAL, ADITYA KANSANA , ADITYA PRATAP SINGH TOMAR, SHIVANSH RAJAWAT, PRAVAL SINGH RAJAWAT, DAKSH RAJAWAT, AKSHIT KANSANA, SHIVANSH RAJAWAT, RISHABH PATHAK , ATHARV SINGH, AARADHYA SINGH, JEEVA SHARMA, JANVI RAJPOOT, MAYRA SHARMA, AVANTIKA SINGH RAJAWAT, LALITA TOMAR, DAKSHITA GOUR ,ANANYA





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**CLASS-I A**

**SESSION - 2024 - 25**



ROW 1- ABHAY PARIHAR, PRIT SINGH TOMAR, NIRBHAY PRATAP SINGH, RAGHAV BHADORIA, KARTIK SINGH SENGAR, SURYA PRATAP SINGH, MRS. RUCHI KUSHWAH (COORDINATOR), MR. SHEKHAR SAXENA (PRINCIPAL SIR), MISS. AMANDEEP KAUR RANDHAWA (CLASS TEACHER), MANVI UPADHYAY, SIDHI, PREETIKA, HARSHITA SHARMA, RANYA, RIDDHIKA SINHA

ROW 2- SARTHAK, RAJ RATAN HINDOLIYA, NAKSH SHARMA, SOM SHARMA, PIYUSH PAL, YASH PRATAP SINGH RAJAWAT, SHREYANSH KUSHWAH, ARNAV SINGH, AARAV KHAN, RISHABH SINGH TOMAR, SHORYA PATEL, ARYAN GURJAR, ADITYA GURJAR, RIDHI, NITYA SHARMA, AMBIKA BHADORIYA



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**CLASS-I B**

**SESSION - 2024 - 25**



ROW -1 NISHKARSH LAHARIYA, KHUSHANT KUCHHAVA, VANSI PRATAP, BHARAT SHARMA, PURUSHOTTAM SINGH, RUDRA DATT SHARMA, MRS RUCHI KUSHWAH (COORDINATOR), MR SHEKHAR SAXENA (PRINCIPAL SIR), MRS RINKI BHADORIYA (CLASS TEACHER), HARSHITA GURJAR, APEKSHA BANSAL, ANIKA SHARMA, ANIKA BHADORIA, TAMANNA, PRISHA DIXIT.

ROW -2 JAIRAJ SINGH, ATHARV AHMANA, ABHI GURJAR, SAMRAT JATAV, LAVYANSH SINGH SIKARWAR, PIYUSH KAURAV, VIRAT, DIVYANSH, PRATEEK RAJAWAT, SAHDEV TOMAR, ADARSH PRATAP SINGH, KIRTI BHADORIA, PAVITRA KUMARI, ERA SINGH GAUR, DHAMMIKA BAUDH, RICHKA.





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CLASS-II<sup>nd</sup> A

SESSION - 2024 - 25



ROW 1- KUNAL SINGH TOMAR, AYANSH YADAV, PARTH MISHRA, RUDRA PRATAP SINGH, OJASWI MISHRA , AGAM UPADHYAY  
MRS RUCHI KUSHWAH (COORDINATOR) , MR SHEKHAR SAXENA (PRINCIPAL SIR) , MRS. SUMAN SHEKHAWAT (CLASS TEACHER)  
MADHYANTIKA BHADORIA, PAYAL SHARMA, ANIKA BHADORIYA, AARADHYA, NAVYA GURJAR, KANIKA , ANSHU

ROW 2- SANSKAR , AARAV SHARMA, UJJWAL SHARMA , ARYAN , VANSI SHARMA, YASH YADAV (2ND) , HARSHVARDHAN SINGH, YASH YADAV (1ST)  
SURYANSH, VANSHIKA CHAURASIA, AAROHI UPADHYAY, UNNATI GURJAR , PRIYAL , PARIDHI LAHARIYA, ANANTA BHARDWAJ  
ANUSHKA SHARMA, DEVANSHI SINGH TOMAR, CHARUL, APURVA UPADHYAY



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CLASS-II<sup>nd</sup> B

SESSION - 2024 - 25



ROW 1- RUDRANSH BHADORIYA, VIKAS SINGH, PRATIK SINGH, SHAURYA PRATAP SINGH, SHIVANSH TIWARI  
YASHVARDHAN SINGH GURJAR, MRS RUCHI KUSHWAH (COORDINATOR) , MR SHEKHAR SAXENA (PRINCIPAL SIR),  
UMA SINGH RANA (CLASS TEACHER), RITIKA SHARMA, AMBIKA SHARMA, SEJAL, ANAIRA GURJAR, YASHASVI RAJPUT,  
KANIKA BHADORIA

ROW 2- YASHRAJ SINGH BHADORIYA, DAKSH RAJAWAT, RAGHAV RAJAK, ADITYA TOMAR, AARAV SHARMA  
DEVANSH TOMAR, YUK TOMAR, MANVENDRA SINGH, RUDRA PRATAP SINGH, ANMOL SINGH, SAKSHAM RAJAWAT





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CLASS- III A

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SESSION-2024-25



ROW 1- SUBHI, CHITRANGNA DWIVEDI, SHIVANYA SHARMA, PRIYAL, PAYAL SAINI, AASHI, ARADHYA GURJAR, MRS ABHILASHA YADAV (CLASS TEACHER) MR. SHEKHAR SAXENA (PRINCIPAL SIR), MRS SRITAMA CHATTERJEE (COORDINATOR), ANSHUMAN SHIVHARE, VIRAT PATHAK, DEVANSH, RAKSHIT PAL PARTH SINGH

ROW 2- AVANTIKA, LOVEDEEP TOMAR, ABHIMANYU SINGH, VEDANSH PRATAP SINGH JADON, ADITYA

ROW 3- HARSHITA SHIV, KRISHITI DHIMRONIYA, AVNI GURJAR, ANIKA PARIHAR, DISHA SAINI, AKSHITA TOMAR, RASHU SHARMA, ARADHYA MANDVI, AYUSH TOMAR, LAKSHYA ARYA, RAGHAV SINGH, SHIVAY TOMAR, PRASHANT, SINGH BINEET SINGH, SAKSHAM BHADORIYA, SHOURYA KUMAR SHARMA



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SESSION-2024-25



ROW 1- SANDHYA, TWINKLE, SNEHA SINGH, AROHI BHADAURIA, YASHI SINGH, PRADITI CHAUHAN, MRS. VIVECHNA RAIZADA (CLASS TEACHER) MR. SHEKHAR SAXENA (PRINCIPAL SIR), MRS. SRITAMA CHATTERJEE (COORDINATOR), DIVIT, DEVANSH PARIHAR, DAKSH KUSHWAH, ADITYA SINGH, SHIVAM, DHIRUV SHARMA

ROW 2- ARADHYA PANDEY, SHRISTI, AROHI RAJAWAT, MUKTESHWARI KUMARI, DIVYANSH SHARMA, ARYAN GURJAR, VEDYANSH S. TOMAR ABHISHEK SINGH, VANSH SHARMA, RUDRA PRATAP SINGH, BHANU SINGH ADITYA SINGH, SHIVANSH TOMAR, TARUN PRATAP SINGH, ADITYA ASWAR

ROW 3- YUV SHARMA, SANSKRITI SHARMA, SANKET, AYUSH TOMAR, RAJVARDHAN SINGH, SAMARTH SHARMA, ANSH SOLANKI, NAITIK





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**CLASS- IV A**

**SESSION - 2024 - 25**



ROW 1 -DARSHITA PARASHAR, AVNI GURJAR, SWASTIKA BAISHANDER, PRIYANSHI TOMAR, DHANYA BHADORIYA, JANVI BHADORIYA  
MRS. LAXMI NAMDEV(CLASS TEACHER), MR. SHEKHAR SAXENA (PRINCIPAL SIR), MRS. SRITAMA CHATTERJEE(CO-ORDINATOR)  
ARYAN, PRATHAM JADON, HARSH BHADORIYA, BIVAN SHARMA, DEVANSH BATHAM

ROW 2 -RAGINI. GURJAR , NAINSI KATARE, VAISHNAVI SHARMA, KANISHKA CHAUHAN, YAMINI TOMAR, ARADHYA SIKARWAR  
AKSHARA SIKARWAR , ABHIMAAN CHAUHAN, VEER PRATAP, VAIBHAV UPADHYAY, NIKUNJ CHAUHAN, VAIBHAV BHADORIYA,  
ADITYA KUSHWAH, SHORYA JATAV, DIVYANSH BHARDWAJ, BHAVESH VERMA

ROW 3 -DEVYANSH SHRIVASTAVA, PRASHANT BHADORIYA, YASH TOMAR, HARI OM, HARSH JADON, AKSHAT TOMAR, ADITYA BHADORIYA  
AYUSH TOMAR



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**CLASS- IV B**

**SESSION - 2024 - 25**



ROW 1 -KRATIKA GURJAR, ARPITA SINGH, KRASHIKA , JANVI UPADHYAY, DEEPTI TOMAR, TRISHA SHARMA , MRS. MEENAKSHEE SINGH (CLASS TEACHER)  
MR. SHEKHAR SAXENA (PRINCIPAL SIR), MRS. SRITAMA CHATTERJEE(COORDINATOR), ALOK SHARMA, DAKSH SHARMA, GANESH TOMAR  
ANSH SHARMA, SURYANSH, YASH PRATAP SINGH

ROW 2 - SURUCHI SHARMA, TRISHA MAVAI, SHRUTI VERMA, DIPIKA TOMAR, RAKSHITA KUSHWAHA, ANANYA SOLANKI, SIDDHI SHARMA, NAVYA PAL  
UDAYBHAN SINGH, ANSH TOMAR, ANSH SHARMA, ANKIT S. TOMAR, TANUJ SINGH, SUMIT GURJAR, DEEP GURJAR, AMIT GURJAR, RAVINDRA BANSAL

ROW 3 - SARTHAK TOMAR, KRISHNA SINGH, ARJUN PRATAP, KARTIK BHARDWAJ, AMIT GOUR





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## CLASS- V A

## SESSION - 2024 - 25



ROW 1- SEJAL, VAISHNAVI GURJAR, RISHIKA, RAMA SINGH BHADORIA, DHRUVIKA PAL, MUDDURVARAPU SAI SUHASWI, KRISHNA RAJAWAT, MRS. KANTI SIKARWAR (CLASS TEACHER), MR. SHEKHAR SAXENA (PRINCIPAL SIR) MRS. SHRITA MACHATARJEE (COORDINATOR), ANKIT SINGH CHAUHAN, KRISHNA SINGH TOMAR, POORVANSH KHARE, DAKSH RAI, SHIVANSH GUPTA

ROW 2- OM SINGH, YAGESH SHARMA, RUDRA PRATAP JADON, AYUSH SINGH BHADORIYA, RUDRA PRATAP SINGH DILSHAN SINGH, VEDANSH BHADORIA, AKSHAT SINGH RAJAWAT, GANESH SINGH JADON, MRITUNJAYA SHARMA MOKSH SINGH PARMAR, YASHPRATAP SINGH PARMAR, VANSH SINGH BHADORIYA, ADITYA CHOUDHARY



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## CLASS- V B

## SESSION - 2024 - 25



ROW 1 - PARI SINGH, AASHNA SHIVHARE, RUCHI SHARMA, BHUMI KAURAV, UNNATI SIKARWAR, VEDIKA BHADORIYA, MR. ASHUTOSH SINGH PARIHAR (CLASS TEACHER), MR. SHEKHAR SAXENA (PRINCIPAL SIR), MRS. SRITAMA CHATTERJEE (COORDINATOR), RUHI TOMAR, SNEHA SHARMA, DEVANSHI AHAMANA, RENUKA TOMAR, JOYTI KUMARI

ROW 2- AYANSH PUROHIT, RITVIK SHARMA, OM SHARMA, KSHITIJ PATHAK, ARYAMAN SHARMA, HIMANSHU PAL, HARENDRA PAL, ABHAY SHIRIVAS, SHUBRANSHU, ARYAN KUMAR, SAI SUHAAS, KRISHNA GURJAR, VEENET GURJAR, SHIVAM GURJAR, HIMANSHU GURJAR





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**CLASS- IV A**

**SESSION - 2024 - 25**



ROW 1 -DARSHITA PARASHAR, AVNI GURJAR, SWASTIKA BAISHANDER, PRIYANSHI TOMAR, DHANYA BHADORIYA, JANVI BHADORIYA  
MRS. LAXMI NAMDEV(CLASS TEACHER), MR. SHEKHAR SAXENA (PRINCIPAL SIR), MRS. SRITAMA CHATTERJEE(CO-ORDINATOR)  
ARYAN, PRATHAM JADON, HARSH BHADORIYA, BIVAN SHARMA, DEVANSH BATHAM

ROW 2 -RAGINI. GURJAR , NAINSI KATARE, VAISHNAVI SHARMA, KANISHKA CHAUHAN, YAMINI TOMAR, ARADHYA SIKARWAR  
AKSHARA SIKARWAR , ABHIMAAN CHAUHAN, VEER PRATAP, VAIBHAV UPADHYAY, NIKUNJ CHAUHAN, VAIBHAV BHADORIYA,  
ADITYA KUSHWAH, SHORYA JATAV, DIVYANSH BHARDWAJ, BHAVESH VERMA

ROW 3 -DEVYANSH SHRIVASTAVA, PRASHANT BHADORIYA, YASH TOMAR, HARI OM, HARSH JADON, AKSHAT TOMAR, ADITYA BHADORIYA  
AYUSH TOMAR



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**CLASS- IV B**

**SESSION - 2024 - 25**



ROW 1 -KRATIKA GURJAR, ARPITA SINGH, KRASHIKA , JANVI UPADHYAY, DEEPTI TOMAR, TRISHA SHARMA , MRS. MEENAKSHEE SINGH (CLASS TEACHER)  
MR. SHEKHAR SAXENA (PRINCIPAL SIR), MRS. SRITAMA CHATTERJEE(COORDINATOR), ALOK SHARMA, DAKSH SHARMA, GANESH TOMAR  
ANSH SHARMA, SURYANSH, YASH PRATAP SINGH

ROW 2 - SURUCHI SHARMA, TRISHA MAVAI, SHRUTI VERMA, DIPIKA TOMAR, RAKSHITA KUSHWAHA, ANANYA SOLANKI, SIDDHI SHARMA, NAVYA PAL  
UDAYBHAN SINGH, ANSH TOMAR, ANSH SHARMA, ANKIT S. TOMAR, TANUJ SINGH, SUMIT GURJAR, DEEP GURJAR, AMIT GURJAR, RAVINDRA BANSAL

ROW 3 - SARTHAK TOMAR, KRISHNA SINGH, ARJUN PRATAP, KARTIK BHARDWAJ, AMIT GOUR





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## CLASS- V A

## SESSION - 2024-25



ROW 1- SEJAL, VAISHNAVI GURJAR, RISHIKA, RAMA SINGH BHADORIA, DHRUVIKA PAL, MUDDURVARAPU SAI SUHASWI, KRISHNA RAJAWAT, MRS. KANTI SIKARWAR (CLASS TEACHER), MR. SHEKHAR SAXENA (PRINCIPAL SIR) MRS. SHRITA MACHATARJEE (COORDINATOR), ANKIT SINGH CHAUHAN, KRISHNA SINGH TOMAR, POORVANSH KHARE, DAKSH RAI, SHIVANSH GUPTA

ROW 2- OM SINGH, YAGESH SHARMA, RUDRA PRATAP JADON, AYUSH SINGH BHADORIYA, RUDRA PRATAP SINGH DILSHAN SINGH, VEDANSH BHADORIA, AKSHAT SINGH RAJAWAT, GANESH SINGH JADON, MRITUNJAYA SHARMA MOKSH SINGH PARMAR, YASHPRATAP SINGH PARMAR, VANSH SINGH BHADORIYA, ADITYA CHOUDHARY



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## CLASS- V B

## SESSION - 2024-25



ROW 1 - PARI SINGH, AASHNA SHIVHARE, RUCHI SHARMA, BHUMI KAURAV, UNNATI SIKARWAR, VEDIKA BHADORIYA, MR. ASHUTOSH SINGH PARIHAR (CLASS TEACHER), MR. SHEKHAR SAXENA (PRINCIPAL SIR), MRS. SRITAMA CHATTERJEE (COORDINATOR), RUHI TOMAR, SNEHA SHARMA, DEVANSHI AHAMANA, RENUKA TOMAR, JOYTI KUMARI

ROW 2- AYANSH PUROHIT, RITVIK SHARMA, OM SHARMA, KSHITIJ PATHAK, ARYAMAN SHARMA, HIMANSHU PAL, HARENDRA PAL, ABHAY SHIRIVAS, SHUBRANSHU, ARYAN KUMAR, SAI SUHAAS, KRISHNA GURJAR, VEENET GURJAR, SHIVAM GURJAR, HIMANSHU GURJAR





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**CLASS-VI A**

**SESSION: 2024-25**



ROW-1 AKSHIT S.CHAUHAN, SANDEEP SINGH, HARSH SHARMA, ABHAY PRATAP, BHAVISHAY PAL, UMANG PAL, (CLASS TEACHER) MRS. SHASHI PRABHA KUSHWAH, (PRINCIPAL SIR) MR. SHEKHAR SAXENA, (COORDINATOR), MR. GAURAV YADAV JANVI TOMAR, KAMYA TOMAR, MANVI TOMAR, ANANYA SINGH, RIDHIKA TOMAR, RAVEE  
ROW 2 - SUNIL GOUR, SUBH JARMAN, ABHIYANSH SINGH BHADORIA, PRANJAL KUSHWAH, ALOK SINGH, ARYAN TYAGI CHATRAYA PRATAP SINGH, DEV SHARMA, SAHIL KUMAR, SANSKRITI AGNIHOTRI, ALVINA KHAN, SAMRIDDHI CHAUHAN ANANYA TOMAR, TANYA, PALAK BHARDWAJ  
ROW 3- AARAV SINGH, DEV KUMAR, HIMANSHU, YASHDEEP SHARMA, MEDHANSH TIWARI, MILAN CHAUHAN, ARADHYA BAISHANDER KSHMA, NAINA SHARMA



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**CLASS-VI B**

**SESSION: 2024-25**



ROW 1 - NAV PATEL, ANCHAL, HARSH SHARMA, SHIVRAJ SINGH GURJAR, VANSI PRATAP SINGH RAJAWAT, DUSHYANT KUSHWAH , (CLASS TEACHER ) , MRS. NIDHI BHADORIA, ( PRINCIPAL SIR) MR. SHEKHAR SAXENA, (COORDINATOR) MR. GAURAV YADAV KIRTI SINGH PARIHAR, MAHI DHIMRONIYA, MEHAK, MANSI SINGH GAUR, DIVYA TOMAR  
ROW 2 - RUDRA SHARMA, AJEET, NIKUNJ PATHAK, JIGAR PATHAK, SAMAR GURJAR, ANUJ SINGH SENGAR, OMANSH YADAV SHREYAN, KINJAL BANSAL, VEMULAKONDA LAKSHMI SAHASRA, NANDINI, ANUSHKA GURJAR, ANUSHKA BHADORIYA NAVYA RAJAWAT, ADITI BHADORIYA  
ROW 3- YUVRAJ SINGH BHADORIYA, DIVYANSH SHARMA, ANSH SINGH RAJAWAT, BHAVYA DIXIT, ASHUTOSH SHRIVASTAVA PRINCE SHARMA, SACHIN





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**CLASS-VII A**

**SESSION: 2024-25**



ROW 1 - ABHIJEET PANDEY, ADITYA SINGH TOMAR, ROHAN SINGH BHADOURIYA , RAM GURJAR, NEERAJ SINGH TOMAR (CLASS TEACHER), MRS. SWEETI PARIHAR, (PRINCIPAL SIR) MR. SHEKHAR SAXENA, (COORDINATOR) GAURAV YADAV ANSHITA CHAUHAN, OJASHWI BHADORIYA ,SIDDHI SHARMA, YASHIKA YADAV, SAUMYA PATHAK

ROW 2 - ARYAN SHARMA, AVENDRA SINGH BHADORIA, ARUN GURJAR , VINAYAK SINGH, ABHAY TOMAR, SIDDHANT SINGH BHADAURIYA, MONU GURJAR, ANUVARTTA SHRIVTASTAV, CHHAVI SHARMA, NAVYA SHARMA, VAISHNAVI TOMAR PIHU SHARMA, LAVANYA, ISHA NARVARIYA

ROW -3 KARTIK BAIS, MADHAV SENGAR, UMAKANT SHUKLA, AYUSH SINGH, AADARSH SINGH BHADORIA, PRINCE PARMAR ANURANJAN SENGAR, PAWAN KAURAV, MANISHKA RATHOR, DIVYANSHI TOMAR, KHUSHI, NIDHI, UNNATI



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**CLASS-VII B**

**SESSION: 2024-25**



ROW 1- SWARAJ BHARADWAJ, AKSHIT BAGHEL, NAKUL DEV VERMA, NAITIK GOUR, AKSHA SHRIVASTAVA, (CLASS TEACHER) MR.YOGENDRA SINGH ( PRINCIPAL SIR) MR. SHEKHAR SAXENA (COORDINATOR) MR. GAURAV YADAV SIR, MANREET KAUR SAKSHI SAINI, ANUSHKA SHARMA, JAHNAVI CHAUHAN, NAINA

ROW 2- DAULAT SINGH TOMAR, GANESH TIWARI, YUVRAJ SINGH TOMAR, SAURYA RAJAWAT, VIVEK SINGH SIKARWAR SHREYANSH RATHORE, SAKSHI SHARMA, RUKSHAN, NAVYA PARMAR, MOHINI YADAV, SANREET KAUR, ASTHA TOMAR KHUSHBOO KANSANA , MANUSHKA KAURAV, NAVYA

ROW 3- ABHIJOT SINGH, DIVYANSH BHADOURIYA, ABHIRAJ BHARDWAJ, HARSH RAJAWAT, RAGHAV PARMAR, ABHINAV SONI MOHIT, ADITYA MAVAI, JATIN RAJPOOT, AARAV BATHAM, RUDRA PRATAP RAJAWAT, VINEET KANSANA, AYUSH BHADOURIYA ANUJ GURJAR, DIVYANSH GURJAR, AJEET GURJAR





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**SESSION: 2024-25**



ROW 1-ABHISHEK BHADORIYA ,ARYAN SINGH , DEVKRISHNA SHARMA, GAURAV BHATNAGAR, INDRANEEL KUMAR, HARSHIT KUCHHAVA, (CLASS TEACHER) MR. ANUP SINGH JADON ( PRINCIPAL SIR) MR. SHEKHAR SAXENA, (COORDINATOR) MR. GAURAV YADAV, TANNYA TOMAR, PRAGYA TOMAR, GAURI SHARMA, SHREYA CHAUHAN, CHANDANI TIWARI, ROW 2-RAJ PARMAR, ABHINAV BHADORIYA, HARSH SINGH, YASHPRATAP SINGH CHAUHAN, YUVRAJ BHADORIYA SHIVPRATAP CHAUHAN, SANSKAR PURI GOSWAMI, VIPUL PARMAR, ATHARV TOMAR, KRISHNA PANDEY, JEEVIKA CHAUDHARY RASHI SHARMA, VAISHNAVI SHARMA, DARSHITA RATHORE, AKANSHA BHADORIYA  
ROW 3-SAMEER SINGH, MAYANK BHADORIYA, DHURUV GURJAR, VANSI DUBEY, NITIN GURJAR, ABHIJEET SINGH CHAUHAN AMIT GURJAR, ANISHEK SINGH BAIS, ANUSHKA SHARMA, DIVYA GURJAR, ADITI JHA



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**CLASS-VIII B**

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**SESSION: 2024-25**



ROW 1- KRISHNA BHADORIYA, ANISH TOMAR, ALOK TOMAR, SURYANSH PANDE, PRIYANSHU, (CLASS TEACHER) MRS. NISHA PAL (PRINCIPAL SIR), MR. SHEKHAR SAXENA, (COORDINATOR) MR. GAURAV YADAV , GAURI SIKARWAR, AASTHA KIRTI SENGAR, ANURADHA, MEETA RATHORE  
ROW 2- DHANANJAY GURJAR, PRIYANSHU GURJAR, ABHISHEK TOMAR, ANMOL SHARMA ,RAJAN ,PRATIK JADOUN LAKSHYADEEP SINGH, SACHIN GAUR ,KIRTI GURJAR, KAVITA KUSHVAHA, ANNPURNA PARIHAR, NAVYA GURJAR, TANU BANSAL ,TANYA BHADORIYA  
ROW 3- ISHAN BHADAURIYA ,GAURAV GURJAR ,AMAN GURJAR, ADITYA SINGH, AARADHYA PUROHIT, ANMOL PARIHAR MAYANK SHARMA, ADITYA SINGH, MANVI SINGH, LAKSHMI BHADORIYA, RUCHI BHADAURIYA, PRATIGYA TIWARI, AASHI SHARMA





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**CLASS- IX A**

**SESSION: 2024-25**



ROW-1 DEV TOMAR, ANUJ SINGH , SARTHAK SINGH , KRISHNA TOMAR, MR. GIRISH UPADHYAY (COORDINATOR), MR. SHEKHAR SAXENA (PRINCIPAL), MR. RAJEEV SHARMA (CLASS TEACHER), KHUSHI SHARMA , APOORVA RAJAWAT , SAKSHI RAJAWAT, DISHA PAL ANANYA MEHRA, SUHANA SHARMA, NAMRATA SHARMA

ROW 2 - SATYAM BAGHEL, ABHINAV TOMAR, KARAN TOMAR, UPRENDRA RAJAWAT, KRISHNA PRATAP SINGH, NAITIK RAJAWAT, ADITYA GURJAR ABHISHEK SINGH, SAMIKSHA BHADORIYA , VANSHIKA SINGH, SHIKHA PATEL, JASMINE GURJAR, MANYA GOUR, NANDINI GURJAR

ROW 3- YASH SHARMA, SHIVA TOMAR, YOGESH SINGH, LOVE PARASHAR, SURYANSH PARASHAR, DEVRAJ GURJAR, ANKUSH SINGH ABHAY PRATAP, ABAKESH SINGH, ROBIN BHADORIYA, PRASHANT SINGH



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**CLASS- IX B**

**SESSION: 2024-25**



ROW 1- ANSH BHADOURIA, ARNAV SONI, DEVANSH VYAS, PRINCE DIWAKAR, HARSH SHARMA, MR. GIRISH UPADHYAY (COORDINATOR) MR. SHEKHAR SAXENA (PRINCIPAL), MS. RUCHI SHRIVASTAVA(CLASS TEACHER), MANSU RAJAK, ASHI, TANUSHKA SINGH, NANDINI YADAV KHUSHBOO KUSHWAH, ANUSHKA BHADOURIA

ROW 2-ANSH CHAUHAN, YUVRAJ THAKUR, ADITYA SHARMA, PRITHVI CHAUHAN, ANIKET BHARGWAJ, PUNEET SHARMA, BRAJ MOHAN APOORV BHADOURIA, RAJ BHADOURIA, YASH TOMAR, SARTHAK SENGAR, ANSHU RATHORE, PRACHI GOYAL, ANJALI KANSANA

ROW 3- KRIISHAN SINGH TOMAR, ASHUTOSH TOMAR, ABHINENDRA CHAUHAN,VISHAL PARIHAR, ANUJ BHADOURIA , KRISH KATROLIYA RAGHVENDRA JAMHORIA, RACHIT TRIVEDIA, BHUPENDRA BHADOURIA , PRIYANCHAL NAGARIYA





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**CLASS- X A**

**SESSION: 2024-25**



ROW 1 - DEV SINGH BHADORIA, SHIVMANGAL SINGH, LSHANT BALOONI, PRAGIL UPADHYAY, BHUPENDRA SINGH, ABHISHEK SINGH, MR. GIRISH UPADHYAY(COORDINATOR), MR. SHEKHAR SAXENA (PRINCIPAL), MRS KALPANA GUPTA (CLASS TEACHER), AAYUSHI SHRIVASTAVA, RITU TOMAR ANSHIKA JADON, ANUSHKA SHRIVASTAVA, MUSKAN SHRIVAS, BHAGYASHREE THAKRE, PALAK LAHARIYA, SHRUTI SHRIVASTAVA, KHUSHI MISHRA

ROW 2 - ASHUTOSH SINGH RISHI YADAV, SUNIL KUMAR, NAITIK SHARMA, RAMNIWAS, SANDEEP SINGH, BHANUPRATAP SINGH, HRISHABH SINGH HARSH JADON, ANSHU SUMAN, MOON SHRIVASTAVA, RAJ SOLANKI, ANSHIKA SINGH TOMAR, BHUMIKA SHARMA, ANSHI BHADAURIYA, ARYA SHARMA, GARIMA CHAUHAN, YASHIKA SHARMA, YAMINI SHARMA, SHIVANGI RATHOR, RUKMANI PARMAR, ANJALI KUMARI SONI,

ROW -3 ABHINAV JADON, SAGAR SINGH TOMAR, YOGESH SHARMA, JOGENDRA SINGH TOMAR, SAKSHAM GURJAR, HIMANSH RAJAWAT VEDANT TIWARI, ROHIT SINGH KUSHWAH, VANSK KHARE, RAGHUNANDAN SINGH, KRISHNA SHARMA, VAISHNAVI SINGH, HARSHITA TOMAR ANUSHKA, NANDINI KUMARI, NEHA GURJAR, AAKRITI BHADORIYA, SONDEEP PARIHAR, PRATIKSHA TOMA, PAKHI CHAUHAN



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**CLASS- X B**

**SESSION: 2024-25**



ROW 1- SATYAM BHADORIYA, ABHISHEK SHARMA, DEV SINGH, RAM SHARMA, RONAK RANA, JAYESH SAINI, CHIRAG MAHOR, DEV BHADOURIA, MR. GIRISH UPADHYAY (COORDINATOR), MR. SHEKHAR SAXENA (PRINCIPAL), MS. NEHA SHARMA (CLASS TEACHER), GEETIKA SINGH, MANYA TYAGI, REETU, ADITI GURJAR, DEEKSHA SINGH, RONAK RANA, DEEKSHA GURJAR, MUSKAN

ROW 2- VIKKY SINGH, DEVRAJ SINGH, PRATEEK, ABHIJEET SINGH, ADARSH BOHARE, KRISHNA BAGHEL, MOHIT NARWARIYA, AASHRIKA SHRIVASTAVA, KHUSHI KUMARI, TANU GURJAR, VANSHIKA RAJAWAT, UJJAWAL SINGH, ANUSHKA SENGAR, PARI, KHUSHI, DIVYA BHADOURIYA PRINCI VERMA, PALLAVI

ROW 3- RAHUL SINGH, KISHAN SINGH TOMAR, ASTIK SIKARWAR, JAY SINGH KAURAV, ANSH BHADOURIA, ANKIT, AYUSH MISHRA, KSHITIJ YADAV ANOOP GURJAR, VIKRAM SINGH, DHARMENDRA GURJAR, ADITYA TOMAR, SANIDHYA SHARMA, DHANENDRA PRATAP, ANSH TOMAR, AMIT ALOK GARG, NISHANT SINGH, HARSHVARDHAN, RUDRANSH KUSHWAH, VEDANT BHADOURIA, MANVENDRA PRATAP BAIS





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CLASS- XI- SCIENCE

**SESSION: 2024-25**



ROW 1-AVINASH PANDEY, SHYAM SINGH RAJAWAT , GAURAV SINGH, KAPIL SHARMA , PRAVEEN GURJAR MR. GIRISH UPADHYAY (COORDINATOR) , MR. SHEKHAR SAXENA (PRINCIPAL) MR. ASHISH SINGH TOMAR (CLASS TEACHER ) MRS. KALPNA SINGH TOMAR (CLASS TEACHER ), SHAIJAL SINGH BHADAURIA, KHUSHI SONI, PRIYANKA BHADORIYA TANYA VERMA, PALAK SHARMA

ROW 2-PARAS GURJAR, PRANJUL SINGH CHAUHAN , HARSHIT SHRIVASTAVA, MOHIT SINGH RATHORE, ABHIMANYU SINGH SHIVA PARMAR , RISHI TOMAR, VANSH PAL, SALONI GUPTA , ANNU TOMAR ,SONAL RAJAWAT, HIMANSHI SHARMA TEJASVI RAJAWAT

ROW 3-VED KUMAR SINGH, SHOURYA SIKARWAR, DEVANSH AHIRWAR, ADITYA SHARMA, MADHVENDRA SINGH, ABHAY PRATAP SINGH BHADORIYA, ABHAY PARIHAR, HARSHBARDHAN SINGH SIKARWAR, AMAN SINGH TOMAR, TARUN YADAV SEKHAR SINGH SIKARWAR



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CLASS- XI COMMERCE

**SESSION: 2024-25**



ROW 1-ABHAY SINGH, ANKUSH TYAGI , HIMANSHU SINGH TOMAR, PAVAN KUMAR, MRS. SONAM VYAS (CLASS TEACHER ) MR. SHEKHAR SAXENA (PRINCIPAL), MR. GIRISH UPADHYAY (COORDINATOR) , SANJANA, AKANSHA BHADAURIYA NANDINI SHARMA , KHUSHI BAGHEL, AKANSHA BHADORIA

ROW 2-ASHUTOSH KHANDELWAL, ADITYA TRIPATHI, DEVANSH PANDEY, RUDRAKSH SAXENA, ADITYA PRATAP SINGH OM TOMAR, HARSHITA SINGH, SWATI RAJAWAT, AYUSHI SENGAR, GARIMA RAJAWAT, SHIVANI KANSANA, ANUSHKA NIDHI YADAV





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## CLASS- XI-HUMANITIES

SESSION: 2024-25



ROW 1-DIVY BHATNAGAR, ADITYA SINGH, YASH PRATAP SINGH, ANSH SHRIWASTAVA , ANOOP SINGH, MR. GIRISH UPADHYAY (COORDINATOR), MR. SHEKHAR SAXENA (PRINCIPAL), ADITY SINGH TOMAR (CLASS TEACHER), SAKSHI TOMAR, ANUSHREE ANIL, SHALINI SHARMA, DEEKSHA SHARMA  
ROW 2-LAVANYA MALHOTRA, PRACHI PATHAK, VAISHNAWI KUMARI



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## CLASS- XII (MATH & BIO)

SESSION: 2024-25



ROW 1- SOMIL, MANAS UCHARIYA, PUSHRAJ, SAMARPAN, DIYANSH RAJAWAT, SURYANSH,MR. GIRISH UPADHYAY (COORDINATOR) MR SHEKHAR SAXENA (PRINCIPAL SIR) MR. RAJESH BHADOURIYA (CLASS TEACHER )ANISHIKA, PALAK, ANJALI BHARDWAJ RUCHI, ANJALI BAGHEL  
ROW 2- ANSH, MOHMANDARSH, RAGHAV CHAUHAN, HARSH SINGH RAJAWAT, SURYA PRATAP, SHER SINGH, ESHAN SINGH PARIHAR ARYAN PANDAY, DEVANSH BHARDWAJ, RIYA TOMAR, SAKSHI SHARMA, PRIYA GARG, TANUSHKA TOMAR, SANVI  
ROW 3- KHUSHBOO PANDAY, KHUSHBOO GURJAR, NANDINI SHARMA, RADHIKA SHARMA, OJAS TIMAR, SATISH CHOUHAN ANUJ BAGHEL, PAWAN PRATAP, SAMANT GURJAR, KRISHNA TOMAR, ISHU YADAV, SHUBH BHADOURIYA, DUSHYANT SENGAR DIYANSH BHARGAV , RAHUL CHANDIL, ARUNENDRA CHAUHAN





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**CLASS- XII (COMM & HUMM)**

**SESSION: 2024-25**



Row 1 APARNA, KUMKUM, EKTA, SNEHA, MR. RAJESH BHADOURIYA(CLASS TEACHER) , MR SHEKHAR SAXENA (PRINCIPAL )  
MR. GIRISH UPADHYAY (COORDINATOR) ABHIJEET, SANJEET, EKLAVA, ARYAN TIWARI, SAHIL, DIYANSHI, NIMMI, SAKSHI  
ANUSHKA, SHRASHTHI, HARSH RAJAWAT, ADITYA, KRISH SAVITA, SAURABH

Row 2- DIYANSHI, NIMMI, SAKSHI, ANUSHKA, SHRASHTHI, HARSH RAJAWAT, ADITYA, KRISH SAVITA, SAURABH



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**CLASS- XII COMM**

**SESSION: 2024-25**



Row -1 APARNA BHARDWAJ, KUMKUM, EKTA, SNEHA, MR. GIRISH UPADHYAY (Coordinator) , Mr Shekhar Saxena (Principal)  
MR. RAJESH BHADOURIYA (Class Teacher ) ABHIJEET, SANJEET, EKLAVYA, ARYAN TIWARI, SAHIL

Row -2 HARSH RAJAWAT, ADITYA, KRISH SAVITA





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**CLASS- XII-HUMM**

**SESSION: 2024-25**



ROW -1 MR.RAJESH BHADOURIYA (CLASS TEACHER), MR. SHEKHAR SAXENA (PRINCIPAL SIR ) MR. GIRISH UPADHYAY(COORDINATOR)

ROW -2 SHRASHTI, DIYANSHI, NIMMY, SAURABH, SAKSHI, ANUSHKA SIKARWAR







# The Backbone of our Institution







# The Administrative Pillars







# SANCHITA 2024-25



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